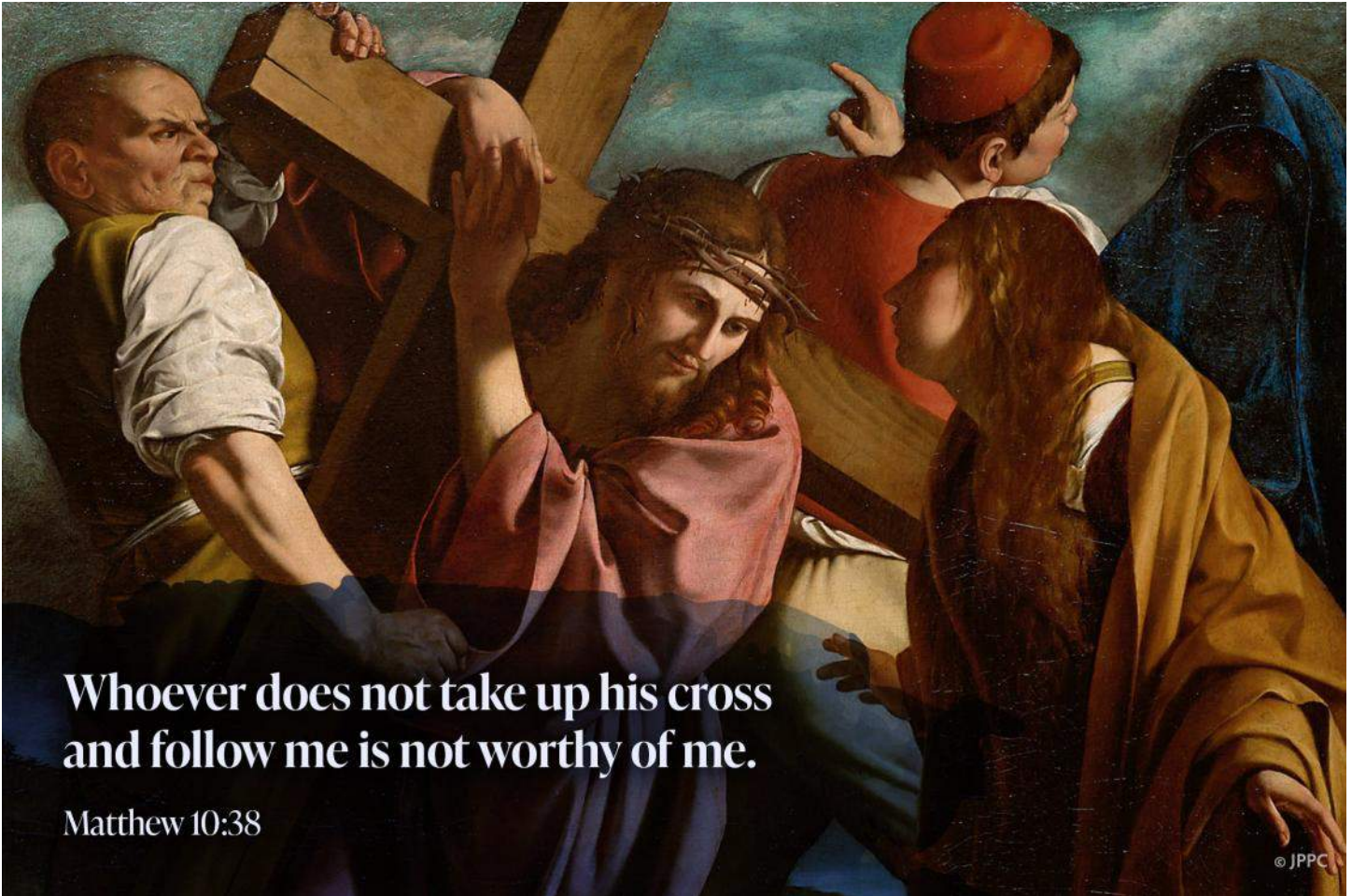




ST. ELIZABETH ANN SETON

ROMAN CATHOLIC CHURCH
LAKE RIDGE, VA

www.setonlakeridge.org



**Whoever does not take up his cross
and follow me is not worthy of me.**

Matthew 10:38

© JPPC

June 28, 2026 | THE THIRTEENTH SUNDAY IN ORDINARY TIME

PARISH OFFICE:

12807 Valleywood Drive
Lake Ridge, VA 22192

Parish Office Hours:

Mon. & Wed.: 9:00am - 8:00pm
Tuesday: 9:00am - 7:00pm
Thurs. & Fri.: 9:00am - 4:00pm
Sunday: 8:00am - 2:00pm

Phone: 703-494-4008 Fax: 703-494-1995
Email: receptionist@setonlakeridge.org
Sacramental Emergency:
571-455-0402

CONFESSION SCHEDULE:

Monday: 7:00pm - 7:45pm
Friday: 9:30am - 10:15am
Saturday: 3:30pm - 4:30pm

MASS SCHEDULE:

Daily: Monday - Saturday: 9:00am
(Rosary at 8:25am)
Saturday Vigil: 5:00pm
Sun.: 7:30am, 9:00am, 10:45am, 12:30pm
First Friday Evening Mass: 7:00pm;
(7:30pm during Lent)

EUCCHARISTIC ADORATION:

Tues/Thurs All Day Adoration:
9:30am - 8:30pm
First Friday All Night Adoration:
7:30pm - 8:30am (Sat.)

PARISH NURSERY:

Sunday: During the 9:00am and
10:45am Mass

MOTHER SETON FOOD PANTRY

Thursday 12:00pm - 2:00pm

MOTHER SETON GIFT SHOP

Sunday.....8:15am - 2:00pm
Monday.....CLOSED
Tues/Wed.....9:30am - 12:00pm
Thurs-Sat.....CLOSED

PARISH LIBRARY

Sunday.....8:15am - 2:00pm
Mon/Wed.....9:00am - 8:00pm
Tuesday.....9:00am - 7:00pm
Thurs/Fri.....9:00am - 4:00pm
Saturday.....CLOSED

WELCOME TO ST. ELIZABETH ANN SETON CATHOLIC CHURCH

PARISH MISSION AND VISION

Here at St. Elizabeth Ann Seton Catholic Church, it is our mission to grow with and accompany those within our parish boundaries, fostering a community that journeys together in the faith in a way that is prayerful, purposeful, and personal.

New to the Parish?

Welcome to Seton Lake Ridge! We are excited to connect with you! Please complete your Parish Registration Card by stopping by the Parish Office.

If you are a returning Catholic, we welcome you home. Everyone is invited to rediscover the gift of our faith and the unique role that each of us has in this family of God!

Becoming Catholic (OCIA)

If you are interested in learning more about the Catholic faith or becoming Catholic, please contact our OCIA Director, Catherine Mays at ocia@setonlakeridge.org.

Baptisms

Holy Baptism is the basis of the whole Christian life; it is the gateway to life in the Spirit and the door which gives access to the other sacraments. At our parish, Baptisms Take place every Sunday of the Month. To register for the required Baptism Workshop and schedule a date for the Baptism, please contact the Parish Office.

Matrimony – Congratulations on your engagement!

Registered Parishioners that wish to be married here or elsewhere, are asked to contact one of the Parish Clergy at least 6 months prior to their intended wedding date to begin the Pre-Cana preparation process.

Blessings

Sacramentals - 1st Saturday of the Month
After 9:00am Mass | Near Baptismal Font
Vehicles - Occurs 4 times a year on Ember Saturdays
Enrollment in the Brown Scapular - Occurs 4 times a year on Ember Fridays
Please Note: Previously blessed items are not to be blessed again.

Seeking information about the priesthood, diaconate, or consecrated religions life?

If you are seeking more information about *Holy Orders and Consecrated Life*, please contact one of the Parish Clergy or the Diocesan Office of Vocations (703-841-2514).

Pastoral Care of the Sick

If there are any parishioners who are hospitalized or homebound, please notify us so that we may best assist and accompany them. **Holy Communion**, the **Sacraments of Penance**, and **Anointing of the Sick** are arranged by the Parish Office. In a danger-of-death situation, call the parish emergency line, 571- 455-0402.

BULLETIN SUBMISSIONS

All submissions to the bulletin must be sent in using the *Communications Submission Form*. This form can be found on setonlakeridge.org/parishmedia, and must be submitted on **Monday, two weeks before the Sunday publication date**. *Note: Due to space limitations, submissions are not guaranteed a space.*

PARISH CLERGY

Reverend Brian Bashista, *Pastor*
703-494-4008
pastor@setonlakeridge.org (*Non-Confidential*)

Reverend Charles Merkle III, *Parochial Vicar*
703-494-4008
frmerkle@setonlakeridge.org

Reverend John Fimmuchime, *Parochial Vicar*
703-494-4008
frjohn@setonlakeridge.org

Reverend Mr. Rob Warner, *Deacon*
703-494-4008
dcnrob@setonlakeridge.org

MISSIONARY OUTREACH

Kris Fischer, *Director – Ext. 137*
k.fischer@setonlakeridge.org

FAITH FORMATION

Raychel Namiotka, *Director of Disciple Formation – Ext. 138*
r.namiotka@setonlakeridge.org

Casandra Arvizu, *Coor. Of Family Faith Formation – Ext. 126*
c.arvizu@setonlakeridge.org

HUMAN CONCERNS

Tris & Rich Miserendino, *Co-Coordiators of Human Concerns – Ext. 105*
humanconcerns@setonlakeridge.org

Stephanie Hanley, *Coor. of Community Assistance – Ext. 142*
assistance@setonlakeridge.org

LITURGY, SACRAMENTS, AND MUSIC

Jane Moreno, *Coordinator of Liturgy and Sacrament Preparation – Ext. 129*
j.moreno@setonlakeridge.org

Carter Stevens, *Coor. Of Music Ministry – Ext. 108*
c.stevens@setonlakeridge.org

Vacant, *Principal Organist*

PARISH OFFICE

Christine O’Hearn, *Office Mgr & Pastor’s Asst. – Ext. 127*
c.ohearn@setonlakeridge.org

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w.purdy@setonlakeridge.org

Jenny Jones and Tracy Grubbs, *Receptionist*
receptionist@setonlakeridge.org

PARISH SCHOOL

St. Thomas Aquinas Regional School
13750 Mary’s Way, Woodbridge, VA 22191
Sister Mary Sabina, O.P., *Principal*
Phone: 703-491-4447 | Fax: 703-492-8828 | www.aquinastars.org

FROM OUR PAROCHIAL VICAR



"For my flesh is true food, and my blood is true drink" (John 6:55)

Beloved in the Lord, welcome to our Faith Formation page from your brother, Fr. John. This weekend, I would like to reflect on the Holy Eucharist. As we may already know, the Eucharist is one of the seven sacraments. This therefore means, it is an outward sign of an inward grace. A common definition to all the sacraments. Although the Eucharist shares a common mark with the other sacraments as a "symbol of a sacred thing and a visible form of invisible grace," this sacrament stands above every other sacrament with its unique mark of distinction. In the Eucharist, Christ the sanctifier, is present before the sacrament is used whereas the other sacraments have the power of sanctifying only when someone makes use of them (cf. Canon IV of Session XIII of the Council of Trent).

On the Reception of the Holy Eucharist.

Since the Eucharist is Christ present in the species of bread and wine, the reception of the Eucharist by man can either bring condemnation or life to him as St. Paul says "Whoever, therefore, eats the bread or drinks the cup of the Lord in an unworthy manner will be guilty concerning the body and blood of the Lord. Let a person examine himself, then, and so eat of the bread and drink of the cup. For anyone who eats and drinks without discerning the body eats and drinks judgment on himself... That is why many of you are weak and ill, and some have died" (1 Cor. 11:27-30). As Catholic Christians we must receive the Holy Eucharist with awe, with the fear of the Lord, also known as Filial fear (This is the fear of offending someone you love. It is the fear a child has of disappointing a good father, not the fear of being punished).

On the veneration of the Holy Eucharist.

The veneration of the Holy Eucharist is not an option. Knowing fully well that the Eucharist is not just a symbol (as conveyed by the senses) but Christ in his full body, blood, soul and divinity, one who knows what God has done to him, must approach him with reverence (cf. Ex.3:5; Joshua 5:15; Lev. 10:1-3; 2 Sam. 6:6-7; etc).

On the reasons for the institution of the Holy Eucharist.

Christ did not institute the sacrament simply because of our hunger for God; God's love for humanity remains a sign that the Creator of the universe has not abandoned it to ruin as some philosophers believe. Our God is the God who cares for his people, the one who creates, conserves and redeems. All things have their being in him, thus, Jesus says "Truly, truly, I say to you, unless you eat the flesh of the Son of Man and drink his blood, you have no life in you" (Jn. 6:53). This is one of the greatest reasons why this sacrament was left in the Church, that the eternal life and union with God which He created man to enjoy, may be shared even while still on earth. The Eucharist was therefore left as food for our soul (cf. Mt 26:26), which would nourish and strengthen (Canon V of Session XIII of the Council of Trent) those who believe in him. By instituting the Eucharist, Jesus poured out, the riches of his divine love for human beings, "causing his wonderful works to be remembered" (cf. Ps 11:4), such that when we receive His Body and Blood, we may at the same time celebrate his memory (cf. Lk 22:19; 1 Cor 11:24) and proclaim his death until he comes to judge the world (cf. 1 Cor 11:26).

May the Holy Eucharist which we receive daily not bring condemnation to our soul but profit.

WEEKLY REFLECTION

Greater Signs

The Gospel tells us that Jesus cures the sick. Many may wonder why he doesn't do so today, why there are so few wonders these days. But Jesus does more and greater wonders now than when he visibly walked the earth.

When Jesus cures the blind, the deaf, and the lame it is only a humble beginning. The important healing comes later. He begins with the exterior, but little by little he makes his way deeper into the inner person.

To cure a body is a sign of something else to follow. No one grasped this better than John, the evangelist. He doesn't speak of "wonders," but about "signs." "The one who believes in me will also do the works that I do and, in fact, will do greater works than these," Jesus says (Jn 14:12). These "greater" signs are seen in the sacraments.

How can the miracle in Cana or the wonder of feeding the crowd compare with the Eucharist? What is it to be cured of paralysis when compared to being able to hear these words: "I absolve you of all your sins, in the name of the Father, and of the Son, and of the Holy Spirit"?

It is primarily the sacraments that communicate God's healing and saving power to us. To be sure, Jesus can cure bodily disease even in our day. Furthermore, the healing power of the sacraments often has a rejuvenating impact on the body. But bodily health is not the essential. The greatest cure takes place when we, in our hearts, open ourselves to God's own life.

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FEATURED EVENTS AND INITIATIVE

CELEBRATING OUR COUNTRY'S 250TH ANNIVERSARY AT JULY'S FIRST FRIDAY ENCOUNTER NIGHT

Friday, July 3 | 7:00pm – 8:30pm | Main Church



Join us for next month's First Friday on July 3, for a special evening of prayer and gratitude as we celebrate the 250th anniversary of our nation. Together, we will give thanks to God for the blessings bestowed upon our country and pray for continued unity and peace. As we honor this historic milestone, let us remember that true freedom is rooted in Christ and renew our commitment to live out our faith with hope and courage.

All are welcome to come and spend time with the Lord as we celebrate both our First Friday devotion and this significant anniversary in our nation's history.

First Friday Encounter Night will begin with Mass at 7:00pm, and be followed by a Praise and Worship (P&W) Holy Hour at 7:30pm. During this hour, the confessionals, with our three priests, will be open.

MASS FOR OUR NATION'S 250TH ANNIVERSARY OF INDEPENDENCE

Saturday, July 4 | 9:00am | Cathedral of St. Thomas More

On the occasion of our nation's 250th Anniversary of Independence on July 4, 2026, you are invited to join Bishop Burbidge for a special Mass to be held on Saturday, July 4 at the Cathedral of Saint Thomas More in Arlington.

The Mass will take place at 9:00AM at the Cathedral. Please join Bishop Burbidge for the Mass as we pray in thanksgiving for the many blessings God has bestowed on our country and for an abundance of His grace to be a nation united as one in life, liberty and the pursuit of happiness.



OUR PARISH IS COLLECTING NEW CLOTHING AND SCHOOL SUPPLIES FOR THE CHILDREN OF THE ST. MARGARET OF CORTONA TRANSITIONAL AND MATERNITY HOUSING PROGRAM!

Back2School Tag Tree | July 11-August 2

Our parish is collecting new clothing and school supplies for the children of the St. Margaret of Cortona Transitional & Maternity Housing Program in Woodbridge. **To participate**, simply take a tag from the tree and follow the instructions on the tag. Please Do NOT wrap your purchases. Just place them in a bag and attach the tag to the bag.

The St. Margaret of Cortona Transitional and Maternity Housing Program serves single mothers with wrap-around support to help them re-establish stability and independence. Participating families are provided with housing and personalized assistance while residing in the program.

CLASSIC CARS AT SETON LAKE RIDGE

Every 2nd and 4th Friday This Summer (June, July, and August) | 6:00pm – 8:00pm | Parish Grounds

This summer, show off your Classic Car and enjoy some fellowship with like-minded car enthusiasts! If you think your car is a "classic," then it is, and we'd love to see it! This fellowship will bring car enthusiasts together with families and friends, giving all a chance to build community, talk about cars and faith, and provide a place to relax at the end of the work week. So, bring your car, your family and friends, chairs, snacks, and drinks, and let's get to know each other!

The Sacred Heart Auto League promotes devotion to the Sacred Heart of Jesus by encouraging prayerful careful driving. This assists in making the ordinary routine of travel by car a holy act of love for God. Drivers will be invited to join the Sacred Heart Auto League, where they'll receive a Sacred Heart emblem, a Driver's Prayer Card, and enrollment in Daily Mass intentions and prayers for safe travel. Learn more about the Sacred Heart Auto League at www.shsm.org.





ANNUAL PARISH YARD SALE

Sat/Sun, August 1 and 2 | Upper Seton Hall
(Sat.) 7:00am – 7:00pm; (Sun.) 8:00am – 2:30pm

Hoping to find a rare antique? Looking for a gift for someone special? Perhaps a toy for a loved grandchild? Get ready for our Annual Parish Yard Sale sponsored by our Knights of Columbus! Proceeds will help fund a variety of faith-filled, family, and community offerings that the Knights sponsor/host.

DONATE ITEMS TO THE YARD SALE

Monday-Thursday | July 20-23 and July 27-30
6:00pm – 8:00pm

Donate to our Parish Yard Sale! Donations can be dropped off at Seton Hall (12809 Valleywood Drive, Woodbridge, VA 22192) during any of the listed times above. Brother Knights will be available to assist in unloading. Due to space limitations, we are unable to accept furniture of any kind or large exercise equipment. In addition, no books will be accepted for donations, we apologize if this creates any inconvenience.



Note that most of our unsold items will be donated to the House of Mercy in Manassas.

To see the FULL list of acceptable and unacceptable items, please scan the QR code.

**SAVE THE DATE: MUSIC ON THE LAWN
“MUSICAL EXTRAVAGANZA!”**

Saturday, August 29 | 7:00pm – 9:00pm
Parish Grounds

Join us for an evening of fun at our Music on the Lawn: Musical Extravaganza as we celebrate the birthday of Mother Seton and the 50th Anniversary of our parish! Bring your family, friends, and lawn chairs as we gather in gratitude for God’s faithfulness through the years.



Enjoy music, fellowship, and the season of summer as we honor the legacy of St. Elizabeth Ann Seton and the vibrant life of our parish. More details to come soon!



**YOU’RE INVITED TO THE
2026 AQUINAS GOLF
TOURNAMENT**

Friday, August 28
Old Hickory Golf Club
11321 Chanceford Dr.,
Woodbridge, VA

Ticket sales are open! For more details and information, please scan the QR code or visit aquinastars.org/golf-tournament



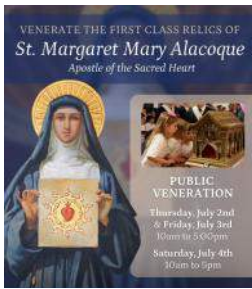
PROTECT LIFE:STAY INFORMED AND ENGAGED

This November, an extreme abortion amendment will appear on the ballot. The amendment’s language is dangerously vague and could create risky loopholes allowing unregulated abortions at any stage of pregnancy, even up until birth, by unlicensed providers, posing serious risks to both mothers and healthy babies.

As Catholics, we believe every human life is sacred from conception to natural death. Our faith also calls us to participate in civic life and form our consciences according to the teachings of the Church. As we approach this important decision, we encourage all parishioners to stay informed, pray for the protection of life, and thoughtfully exercise their civic duty in defense of the dignity of every human person.

Please join the Virginia Catholic Conference (VCC) network at vacatholic.org to receive informative emails.





PUBLIC VENERATION OF THE FIRST CLASS RELICS OF ST. MARY MARGARET ALACOQUE

Thursday-Saturday, July 2-4 | 10:00am – 5:00pm | JPII National Shrine

Following the U.S. Bishops' consecration of our nation to the Sacred Heart of Jesus, the Saint John Paul the Second Shrine in Washington, D.C. will host relics of Saint Margaret Mary Alacoque from July 2nd through the 4th. Saint Margaret Mary Alacoque, a cloistered French nun, experienced visions of Jesus from 1673, revealing his deep love for us and his great desire for devotion to his sacred heart. Learn more, visit, jp2shrine.org.

FAITH AND SCIENCE CONFERENCE: FROM WONDER TO HUMAN GENIUS

Tuesday – Thursday, August 7- 9 | Christendom College (134 Christendom Dr., Front Royal, VA, 22630)



Christendom College invites you to a weekend of intellectual renewal at this year's summer conference, "Faith and Science: From Wonder to Human Genius." Leading Catholic thinkers – including Stephen Barr, Fr. Tad Pacholczyk, David Deavel, John Cuddeback, and others – will explore the profound harmony between faith and science. Together, we'll contemplate the wonder of creation and consider how human genius, rightly ordered, can serve truth, culture, and the dignity of the human person. Enrich your mind, renew your spirit, and celebrate our Catholic Faith.

Join us for the day on August 8th or enjoy extended access with the special 3-day VIP access ticket from August 7-9th! Register and learn more at conference.christendom.edu.

REGISTER FOR FAMILY FAITH FORMATION 2026-2027

Did you hear? This year, we've made quite a few exciting changes to Family Faith Formation, one of which is our material for Seek! SEEK (*revised!*) will utilize the Rescue Project, a video series by Fr. John Riccardo of ACTS XXIX. We've also adjusted the number of At-Church Sessions, putting more emphasis on At-Home Family Meetings which will give families more flexibility with material and schedule. Upon registering, you'll have the option to select ONE module for the FALL semester and ONE module for the SPRING semester.

As we continue our partnership with Faith and Family Life Catholic Ministries using the Pathways Formation Suite, it is expected that all parishioners of St. Elizabeth Ann Seton Catholic Church with children in grades 1-8, regardless of enrollment in Catholic Private School, Homeschool, and other Private and Public Schools, are to participate.



Slots are filling up FAST! Register today to secure your preferred day and time for your family.



MASS AND ROSARY IN THANKSGIVING FOR THE GIFT OF HUMAN LIFE

Saturday, July 18 | 8:30am | St. James (Falls Church)

Everyone is invited to celebrate a Mass & Rosary in Thanksgiving for the Gift of Human Life with Bishop Burbidge on July 18th at St. James in Falls Church at 8:30am! Come to Mass, and afterwards, the Bishop will lead the recitation of the Holy Rosary at a local abortion facility. Don't miss out!

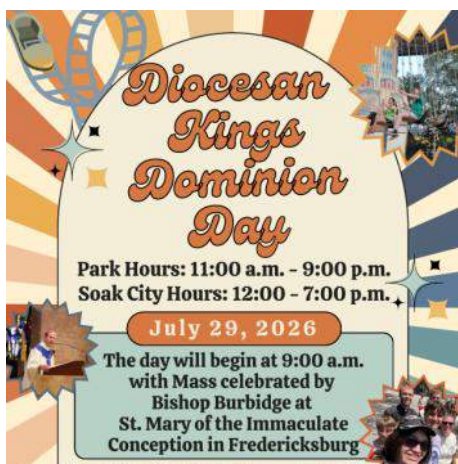
Mass is at 8:30 am and the Rosary is immediately following.

GMU: THURSDAY NIGHT GATHERINGS

Hosted by GMU Catholic Patriots

Thursday, June – July | 7:00pm – 9:00pm | St. Robert Bellarmine Chapel

The Campus Ministry at George Mason University is hosting Thursday Night Gatherings (TNG) for all local college students and graduating high school seniors every Thursday in June and July starting at 7pm at the St. Robert Bellarmine Chapel (4515 Roberts Road, Fairfax, VA). It’s a great way to meet college students from different schools! Follow us @catholic.patriot on Instagram! Find out more at www.gmuccm.org or email cdemicoli@ccmgmu.org.



DIOCESAN KINGS DOMINION DAY

Wednesday, July 29 | 9:00am – 8:00pm

Join hundreds from across the Diocese of Arlington for a day of faith and fun! After Mass, we will head to Kings Dominion and be ready to go as the gates open! *All tickets, at a reduced rate, also include Soak City.* This event is open to anyone in the Diocese of Arlington; however, we will be taking our youth and adult chaperones on the parish buses. When you register with our parish group, we will secure your tickets and your seat on the bus. **Chaperones** will be needed to accompany our youth at Kings Dominion, and you will be able to indicate this on your registration.



Deadline to register with our Parish Group: Monday, July 27 at 12:00pm
Scan the QR code to register with our Parish Group.

ASSOCIATES OF ST. JOHN BOSCO COLLEGE NIGHTS

The Associates of St. John Bosco will be hosting FREE College Nights this summer for graduated seniors heading to college! Rising college freshman and transfer students will meet other Catholic college students, hear real stories from upperclassmen, and get practical tips and resources for keeping their faith strong in college. There are small groups divided by universities, and students walk away with a free set of Catholic books called the “Bosco Bundle” to bring to college that will help them deepen their faith while away from home. The events come with free dinner too! **Registration** is limited and nights can fill up quickly, so please register here: www.asjb.org/2026-student-registration

Upcoming College Nights (Dates and Locations)

- June 30.....Holy Spirit (Annandale)
- July 9.....St. Theresa (Ashburn)
- July 14.....Basilica of St. Mary (Alexandria)
- July 28.....St. Mary of the Immaculate Conception (Fredericksburg)



ASSOCIATES of
SAINT JOHN
— BOSCO —

YM HIGH SCHOOL BIBLE STUDY

All high school youth are invited every 2nd and 4th Sunday of the month for YM Bible Study! Boys and girls meet in separate small groups, creating a comfortable space for honest conversation. Together, we explore Scripture, discover and reflect on how God works in our lives, and encourage one another to live out our faith with confidence and joy! **For more information**, please contact Fr. John at frjohn@setonlakeridge.org

When:

Every 2nd and 4th Sunday of the Month
6:30pm-8:00pm

Where:

(Girls) Bayley's Cellar;
(Boys) St. C. Acutis Youth Center

SCHOOL’S OUT! - COME AND SPEND SOME TIME WITH JESUS

Each Tuesday and Thursday, our parish offers All Day Adoration in the Chapel from 9:30am – 8:30pm. Whether you come for a few minutes or stay awhile, this is your invitation to slow down, reflect, and simply be with Jesus. Bring a friend, bring your intentions, or just bring yourself! He’s already waiting for you.

FOR MEN

FOLLOWING ST. JOSEPH TO JESUS: MEN'S SILENT RETREAT

Fri-Sun, July 10-12 | San Damiano Retreat Center,
White Post, VA

He played an essential role in the greatest event in human history; husband to Mary, adopted Father of Jesus Christ, a quiet carpenter... and a righteous man. Aside from these things we don't know much about St. Joseph -- but what we do know can help us to be better men... husbands... and fathers.

Retreat cost is \$299 (financial assistance may be available).

For more, please contact Father John Riley at: retreat@sacredheartwinchester.org or visit our website at www.arlingtondiocese.org/retreat



FOR WOMEN

FINDING JESUS WITH ST. TERESA OF AVILA

Friday-Saturday, September 18-20 | San Damiano
Retreat Center, White Post, VA

After seeking Jesus with St. Therese of Lisieux and cultivating the practice of daily quiet contemplative prayer, the next step for many who wish to walk along the Way of Perfection is to make the acquaintance of "Big" Teresa -- St. Teresa of Avila. Our objective is to help you find the courage to persist in the practice of prayer -- however challenging this may be. In this advanced "201" Retreat, Father John Riley, Spiritual Director of the Arlington Diocese's San Damiano Retreat Center will consider how to face and overcome difficulties in prayer -- with a little wisdom from St. Thérèse of Lisieux -- and with her counsel in mind we will seek to embrace and understand the writings and the wisdom of "Big Teresa".

St. Teresa of Avila started strong on the Way of Perfection, but then gave up the practice of quiet daily prayer. For twenty years she settled for mediocrity until Jesus called her back to the deeper relationship that can only be realized in "intimate sharing between friends who take time frequently to be alone with Him Who we know loves us."

Retreat Cost: \$299 (financial assistance may be available); **Email** Fr. Riley for more at retreat@sacredheartwinchester.org

A RETREAT FOR YOUNG ADULTS: FINDING JESUS WITH ST. PIER GIORGIO FRASSATI

Friday-Saturday, October 23-25 | San Damiano Retreat Center, White Post, VA

Come Climb with us! Join us at the Arlington Diocese's San Damiano Retreat Center for a weekend of spiritual adventure! Together we will scale the peaks and navigate the chasms of the spiritual life as we ascend "the Heights" to Christ with St. Pier Giorgio Frassati. Verso l'alto "on to the heights" means not only to climb the mountains before us, but also refers to scaling the peaks and navigating the troughs of the spiritual life and finding Jesus! Father John Paul Heisler will guide us to the summit, and for more adventurous souls -- come along on a hike to the summit of a Blue Ridge Peak!

Retreat Cost: \$299 (financial assistance may be available); **Email** Deacon Mark Maines at mark.maines@arlingtondiocese.org to register!

FOR COUPLES

COUPLE'S TRIVIA NIGHT POTLUCK

Friday, July 17 | 6:30pm—9:30pm | Fellowship Hall

Join us for an evening of faith, food, and fellowship at our Couples' Trivia Night Potluck! Whether you're newly married or have shared many years, all are invited into this space to relax, connect, and be refreshed! In the spirit of the Gospel, we are reminded of the Parable of the Sower (Matthew 13:3-9), where seeds scattered on good soil yield an abundant harvest. We encourage you to invite other couples you know (family, friends, or neighbors) to join us for this joyous evening! Childcare is Available; please indicate this in your registration.





MASS INTENTIONS & READINGS OF THE WEEK

Sunday, June 28th

5:00 p.m. † Joseph Horner
Vigil
 7:30 a.m. † Michael George Timko
 9:00 a.m. For the People of St. Elizabeth Ann Seton
 10:45 a.m. † Edward Okereke
 12:30 p.m. Julito and Wilhelmina Solis

Monday, June 29th

9:00 a.m. † Bob Cox

Tuesday, June 30th

9:00 a.m. † Joseph and Edith Faist

Wednesday, July 1st

9:00 a.m. St. Elizabeth Ann Seton Sacristans

Thursday, July 2nd

9:00 a.m. † Genevieve Peworchik

Friday, July 3rd

9:00 a.m. † Sun Kim
 7:00 p.m. † William Maybin

Saturday, July 4th

9:00 a.m. † Mylene Garcia
 5:00 p.m. † Ryan Heckman
Vigil

Sunday: **The Thirteenth Sunday in Ordinary Time**
 2 Kgs 4:8-11, 14-16a Ps 89:2-3, 16-17, 18-19 Rom 6:3-4, 8-11 Mt 10:37-42

Monday: **Ss. Peter and Paul (S)**
 Acts 3:1-10 Ps 19:2-3, 4-5 Gal 1:11-20 Jn 21:15-19

Tuesday: **The First Martyrs of the Holy Roman Church (m)**
 Am 3:1-8; 4:11-12 Ps 5:4b-6a, 6b-7, 8 Mt 8:23-27

Wednesday: **St. Junipero Serra (m)**
 Am 5:14-15, 21-24 Ps 50:7, 8-9, 10-11, 12-13, 16bc-17 Mt 8:28-34

Thursday: Am 7:10-17 Ps 19:8, 9, 10, 11 Mt 9:1-8

Friday: **St. Thomas (F)**
 Eph 2:19-22 Ps 117:1bc-2 Jn 20:24-29

Saturday: **Independence Day; BVM (m)**
 Am 9:11-15 Ps 85:9 and 10, 11-12, 13-14 Mt 9:14-17

Key: Memorial (M), Optional Memorial (m), Feast (F), S (Solemnity)

Dear God,
 we place our worries in your hands. We place our sick
 under your care and humbly ask that you restore your
 servants to health again. Above all, grant us the grace to
 acknowledge your will and know that whatever you do,
 you do for the love of us.
 Amen

REMEMBER IN YOUR PRAYERS

Deceased Members of our Parish Family:

John Sova

OUR NEWLY BAPTIZED

Salem Plourde

COLLECTIONS FOR MAY 2026

Collection (<i>Average Weekly</i>)	\$	35,098.21
Capital Improvements	\$	8,236.89
Poor Box	\$	1,419.00
Votives	\$	2,147.13
Flowers	\$	476.00
Holy Days and Special Collections		
Special Parish Needs	\$	19,614.00
Diocesan Retired Priests	\$	5,456.00

FROM YOUR BUSINESS MANAGER #20

As summer begins, many of us look forward to time with family, travel, and a welcome change of pace. Even in these busy months, our faith remains at the heart of all we do, and the mission of our parish continues each day through worship, ministry, outreach, and service to those in need.

Thank you for your patience and faithfulness during this year's transition from Faith Direct to ParishSOFT Giving. eGiving continues to be a simple and cost-effective way to support the parish, especially during the summer when schedules can vary. If you haven't already, please be sure to save the new ParishSOFT Giving login link. It is available on our website. Our previous Faith Direct link will be turned off soon, so be sure to replace your bookmark if it is in your favorites.

You can review your giving or make updates anytime by signing into your account, or by contacting ParishSOFT Giving at 866-930-4774 or donorsupport@parishsoft.com.

Thank you for your continued generosity. It helps us share the gifts of Christ in our community and beyond. God bless you this summer!

In Christ Our Lord,
 Lesley Ward, Business Manager (703-494-4008;
 l.ward@setonlakeridge.org)

THIS WEEK IN OUR PARISH

Daily Rosary: Mon-Sat | 8:25am—8:55am | Main Church

Daily Mass: Mon-Sat | 9:00am—9:30am | Main Church

Sat. Vigil Mass: 5:00pm | Main Church

Sun. Masses: 7:30am, 9am, 10:45am, 12:30pm | Main Church

Sunday, June 28th

7:30am—12:30pm	Music Choir Rehearsals	Music Room
10:30am—12:00pm	Nursery	Nursery
4:00pm—6:00pm	Knights of Columbus End of the Year Awards Program	Fellowship Hall
6:30pm—8:30pm	YM Boys Bible Study; YM Girls Bible Study	Lower Seton Hall, Bayley's Cellar, St. Carlo Acutis

Monday, June 29th

10:00am—12:00pm	Seton Crafters	Trinity 2 and 3
11:00am—12:00pm	Funeral Mass for George Perkins	Main Church
7:00pm—8:00pm	Al-Anon	St. Paul Room

Tuesday, June 30th

9:30am—8:30pm	All Day Adoration	Chapel
9:30am—10:30am	Blue Army Devotion	Chapel
10:00am—11:30am	Legion of Mary	Trinity 3
6:30pm—8:00pm	Missionary Disciple Training	Bayley's Cellar

Wednesday, July 1st

6:30pm—8:30pm	Alpha	Bayley's Cellar
6:30pm—8:30pm	Mother of Joy Prayer Group	St. Paul Room
7:00pm—8:30pm	Knights of Columbus Meeting	Upper Seton Hall

Thursday, July 2nd

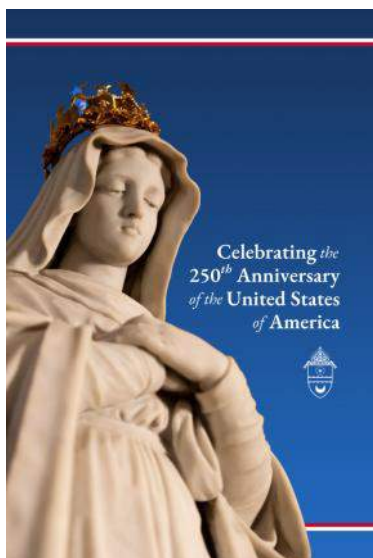
9:30am—8:30pm	All Day Adoration	Chapel
9:30am—10:45am	Divine Mercy Holy Hour	Chapel
12:00pm—2:00pm	Mother Seton Food Pantry	Fellowship Hall
6:00pm—8:30pm	Seton Jam Band	Upper Seton Hall

Friday, July 3rd

ALL DAY	Parish Office Closed NO 9:30am Confessions	
3:00pm—3:30pm	Divine Mercy Chaplet	Main Church
7:00pm—10:00pm	Heart House Practice	Seton Hall
7:00pm—8:30pm	First Friday Encounter Night (Mass, P&W Holy Hour, Confessions)	Main Church
8:30pm-8:30am	All Night Adoration	Chapel

Saturday, July 4th

9:30am—10:15am	First Saturday Devotions	Chapel
9:30am—9:45am	Blessing of Sacramentals	Main Church



PARISH OFFICE CLOSED

In observance of Independence Day, the Parish Office will be closed on Friday, July 3. There will be no 9:30am Confessions. We will resume our regular operating office hours on Sunday, July 5.

This year we are celebrating the 250th Anniversary of our nation. We invite all the faithful to set aside some time for prayer and entrust our country to the Lord. We are blessed with the opportunity to live in a nation where we can celebrate our faith and freedom. How will you celebrate faith and freedom?

Learn more at <https://www.arlingtondiocese.org/communications/campaigns/america-250/>



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