



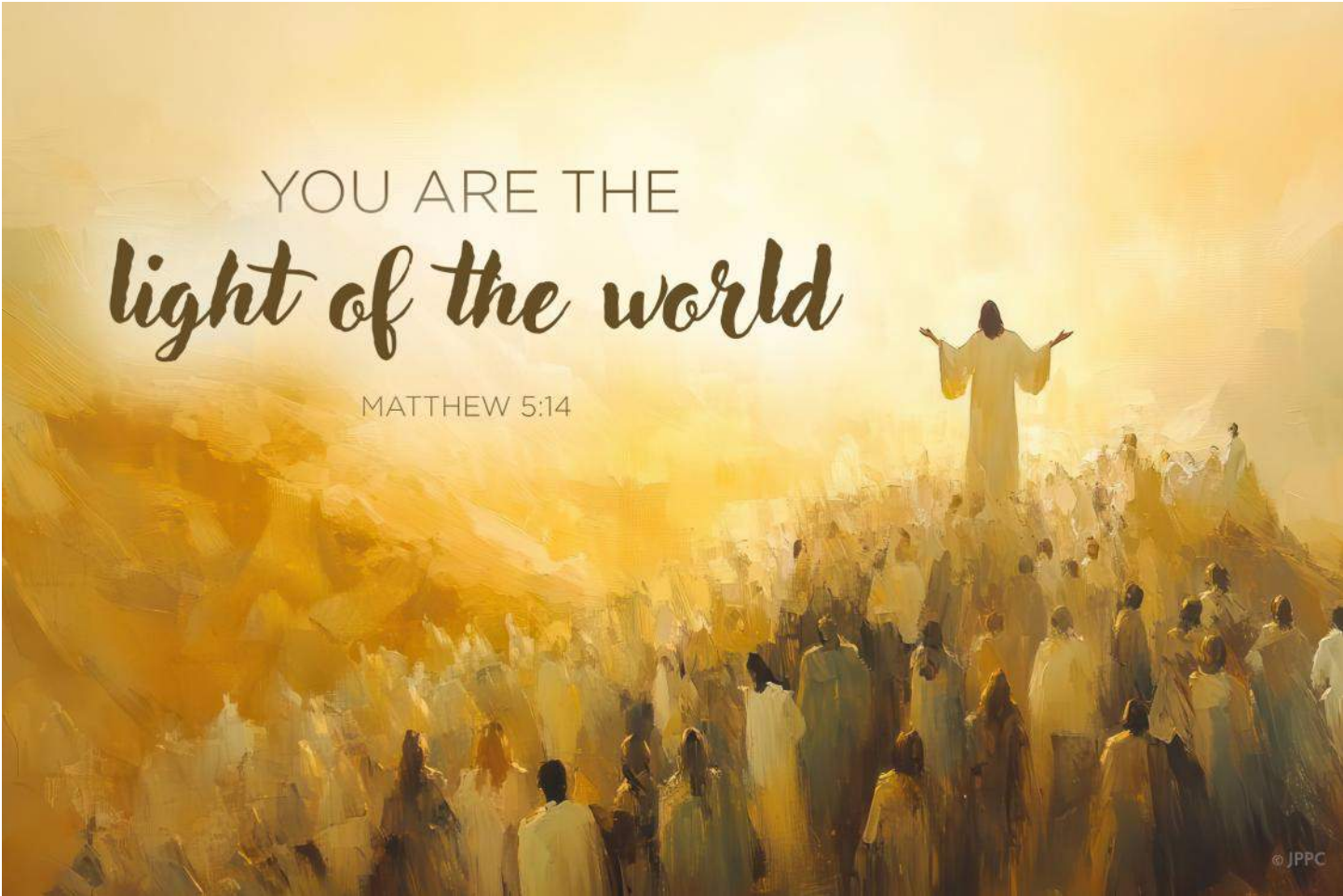
# ST. ELIZABETH ANN SETON

ROMAN CATHOLIC CHURCH  
LAKE RIDGE, VA

[www.setonlakeridge.org](http://www.setonlakeridge.org)

YOU ARE THE  
*light of the world*

MATTHEW 5:14



© JPPC

**February 8, 2026 | FIFTH SUNDAY IN ORDINARY TIME**

**PARISH OFFICE:**

12807 Valleywood Drive  
Lake Ridge, VA 22192

**Parish Office Hours:**

Mon. & Wed.: 9:00am - 8:00pm  
Tuesday: 9:00am - 7:00pm  
Thurs. & Fri.: 9:00am - 4:00pm  
Sunday: 8:00am - 2:00pm

Phone: 703-494-4008 Fax: 703-494-1995  
Email: [receptionist@setonlakeridge.org](mailto:receptionist@setonlakeridge.org)  
Sacramental Emergency:  
571-455-0402

**CONFESSION SCHEDULE:**

Monday: 7:00pm - 7:45pm  
Friday: 9:30am - 10:00am  
Saturday: 3:30pm - 4:30pm

**MASS SCHEDULE:**

Daily: Monday - Saturday: 9:00am  
(Rosary at 8:25am)

Saturday Vigil: 5:00pm

Sun.: 7:30am, 9:00am, 10:45am, 12:30pm

First Friday Evening Mass: 7:00pm;  
(7:30pm during Lent)

**EUCCHARISTIC ADORATION:**

Tues/Thurs All Day Adoration:  
9:30am - 8:30pm

First Friday All Night Adoration:  
7:30pm - 8:30am (Sat.)

**PARISH NURSERY:**

Sunday: During the 9:00am and  
10:45am Mass

**MOTHER SETON FOOD PANTRY**

Thursday 12:00pm - 2:00pm

**MOTHER SETON GIFT SHOP**

Sunday.....8:15am - 2:00pm  
Monday.....CLOSED  
Tues/Wed/Thurs.....9:30am - 12:00pm  
Friday.....CLOSED  
Saturday.....4:00pm - 6:30pm

**PARISH LIBRARY**

Sunday.....8:15am - 2:00pm  
Mon/Wed.....9:00am - 8:00pm  
Tuesday.....9:00am - 7:00pm  
Thurs/Fri.....9:00am - 4:00pm  
Saturday.....CLOSED

# WELCOME TO ST. ELIZABETH ANN SETON CATHOLIC CHURCH

## PARISH MISSION AND VISION

Here at St. Elizabeth Ann Seton Catholic Church, it is our mission to grow with and accompany those within our parish boundaries, fostering a community that journeys together in the faith in a way that is prayerful, purposeful, and personal.

### New to the Parish?

Welcome to Seton Lake Ridge! We are excited to connect with you! Please complete your Parish Registration Card by stopping by the Parish Office.

If you are a returning Catholic, we welcome you home. Everyone is invited to rediscover the gift of our faith and the unique role that each of us has in this family of God!

### Becoming Catholic (OCIA)

If you are interested in learning more about the Catholic faith or becoming Catholic, please contact our OCIA Director, Catherine Mays at [ocia@setonlakeridge.org](mailto:ocia@setonlakeridge.org).

### Baptisms

Holy Baptism is the basis of the whole Christian life; it is the gateway to life in the Spirit and the door which gives access to the other sacraments. At our parish, Baptisms Take place every Sunday of the Month. To register for the required Baptism Workshop and schedule a date for the Baptism, please contact the Parish Office.

### Matrimony – Congratulations on your engagement!

Registered Parishioners that wish to be married here or elsewhere, are asked to contact one of the Parish Clergy at least 6 months prior to their intended wedding date to begin the Pre-Cana preparation process.

### Blessings

Sacramentals - 1st Saturday of the Month  
After 9:00am Mass | Near Baptismal Font  
Vehicles - Occurs 4 times a year on Ember Saturdays  
Enrollment in the Brown Scapular - Occurs 4 times a year on Ember Fridays  
*Please Note: Previously blessed items are not to be blessed again.*

### Seeking information about the priesthood, diaconate, or consecrated religions life?

If you are seeking more information about *Holy Orders and Consecrated Life*, please contact one of the Parish Clergy or the Diocesan Office of Vocations (703-841-2514).

### Pastoral Care of the Sick

If there are any parishioners who are hospitalized or homebound, please notify us so that we may best assist and accompany them. **Holy Communion**, the **Sacraments of Penance**, and **Anointing of the Sick** are arranged by the Parish Office. In a danger-of-death situation, call the parish emergency line, 571- 455-0402.

### BULLETIN SUBMISSIONS

All submissions to the bulletin must be sent in using the *Communications Submission Form*. This form can be found on [setonlakeridge.org/bulletins](http://setonlakeridge.org/bulletins), and must be submitted on **Monday, two weeks before the Sunday publication date**. *Note: Due to space limitations, submissions are not guaranteed a space.*

## PARISH CLERGY

**Reverend Brian Bashista, Pastor**  
703-494-4008  
[pastor@setonlakeridge.org](mailto:pastor@setonlakeridge.org) (Non-Confidential)

**Reverend Charles Merkle III, Parochial Vicar**  
703-494-4008  
[frmerkle@setonlakeridge.org](mailto:frmerkle@setonlakeridge.org)

**Reverend John Fimmuchime, Parochial Vicar**  
703-494-4008  
[frjohn@setonlakeridge.org](mailto:frjohn@setonlakeridge.org)

**Reverend Mr. Rob Warner, Deacon**  
703-494-4008  
[dcnrob@setonlakeridge.org](mailto:dcnrob@setonlakeridge.org)

## DISCIPLESHIP

**Kris Fischer, Director of Missionary Outreach – Ext. 137**  
[k.fischer@setonlakeridge.org](mailto:k.fischer@setonlakeridge.org)

**Raychel Namiotka, Director of Disciple Formation – Ext. 138**  
[r.namiotka@setonlakeridge.org](mailto:r.namiotka@setonlakeridge.org)

## FAMILY FAITH FORMATION

Vacant, Coordinator

## HUMAN CONCERNS

**Tris & Rich Miserendino, Co-Coordinators of Human Concerns – Ext. 105**  
[humanconcerns@setonlakeridge.org](mailto:humanconcerns@setonlakeridge.org)

## LITURGY, SACRAMENTS, AND MUSIC

**Jane Moreno, Coordinator of Liturgy and Sacrament Preparation – Ext. 129**  
[j.moreno@setonlakeridge.org](mailto:j.moreno@setonlakeridge.org)

**Carter Stevens, Coor. Of Music Ministry – Ext. 108**  
[c.stevens@setonlakeridge.org](mailto:c.stevens@setonlakeridge.org)

Vacant, Principal Organist

## PARISH OFFICE

**Christine O’Hearn, Office Mgr & Pastor’s Asst. – Ext. 127**  
[c.ohearn@setonlakeridge.org](mailto:c.ohearn@setonlakeridge.org)

**Robert Yates, Business Manager – Ext. 136**  
[r.yates@setonlakeridge.org](mailto:r.yates@setonlakeridge.org)

**Violet LaVille, Database Mgr & Financial Assistant – Ext. 131**  
[v.laville@setonlakeridge.org](mailto:v.laville@setonlakeridge.org)

**Katya de Leon, Communications Manager – Ext. 139**  
[k.deleon@setonlakeridge.org](mailto:k.deleon@setonlakeridge.org)

**Walter Purdy, Facilities Manager – Ext. 107**  
[w.purdy@setonlakeridge.org](mailto:w.purdy@setonlakeridge.org)

**Jenny Jones, Receptionist**  
**Tracy Grubbs, Receptionist**  
[receptionist@setonlakeridge.org](mailto:receptionist@setonlakeridge.org)

## PARISH SCHOOL

**St. Thomas Aquinas Regional School**  
13750 Mary’s Way, Woodbridge, VA 22191  
**Sister Mary Sabina, O.P., Principal**  
Phone: 703-491-4447 | Fax: 703-492-8828

## FROM OUR PAROCHIAL VICAR



Here is a prayer from the letter to the Corinthians by St. Clement I (also known as “Pope Clement I”). He was Bishop of Rome in the late 1st Century and is considered the first of the “Apostolic Fathers” of the Church.

For his chosen ones scattered throughout the world, we shall make our constant prayer to the Creator of the universe. May he allow none of them to fall away, but preserve them all through his beloved Son, Jesus Christ, through whom he called us out of darkness into light, out of ignorance to the knowledge of his glorious name.

Give us grace, Lord, to hope in your Name, to which all creatures owe their being. Open the eyes of our heart to know you alone, the Most High in the highest heavens, the holy One, whose dwelling is in the holy. You abase the arrogance of the proud, frustrate the designs of the godless, exalt the lowly and humble the lofty. You give men wealth and take it away; you slay them, save them and give them new life (Is 57:15). Alone the Benefactor of spirits and God of all flesh, your gaze penetrates the depths (Prov 20:27), you observe the doings of men. Helper of those in peril, Savior of those in despair, you created and still keep watch over all that draws breath. You cause the peoples on the earth to multiply, and from them all choose those who love you through Jesus Christ, your beloved Son. Through him you have instructed us, sanctified us, honored us.

Lord, we entreat you to help us. Come to the aid of the afflicted, pity the lowly, raise up the fallen, show your face to the needy, heal the sick, convert the wayward, feed the hungry, deliver the captives, support the weak, encourage the fainthearted. Let all nations know that you alone are God; Jesus Christ is your Son, and we are your people and the sheep of your pasture (Ps 79:13).

Lord, you created the world according to the eternal decree now revealed in your works. Faithful throughout all generations, you are just in judgment, wonderful in power and majesty. You formed your creation with wisdom, established it with prudence. Every-thing we see proclaims your goodness. You are kind and compassionate, and never fail those who put their trust in you. Forgive us for our failings and for our sins.

Do not hold all the transgressions of your servants against them, but purify us by your truth, and so guide our footsteps that by walking in holiness and justice and simplicity of heart we may do what is good and pleasing in your sight and in the sight of our leaders (cf. Prov 3:5-6).

Lord, let the light of your face shine upon us, so that we may enjoy your blessings in peace (cf. Num 6:24-26), protected by your strong hand, and freed from all sin by your outstretched arm; and deliver us from those who hate us unjustly.

Give peace and concord to us and to all mankind, even as you gave it to our ancestors when they devoutly called upon you in faith and truth (Eph 4:1). Lord, you alone are able to bestow these and even greater benefits upon us. We praise you through Jesus Christ, our high priest and the champion of our souls. Through him be glory and majesty to you now and throughout all generations, for ever and ever. Amen.

## WEEKLY REFLECTION

### Empty Your Pockets

Many of us have an erroneous notion of what an authentic Christian life is, of what it means to grow in grace and holiness. We imagine that the one who grows ever stronger and taller in faith is the one closest to God.

In reality, the journey toward God is much more like a continuous descent into one’s own worthlessness. Those who daily realize their weakness become more aware of the limits of their own strength; they are the ones most ready to receive the Lord.

It may happen that God leaves you with your own insufficiency, so that you can become conscious of what you are in yourself. This is a way to protect you from the temptation to think that you can manage by yourself. The great danger for Christians who want to pursue the way of holiness is to begin to think that they have safely secured certain virtues “in their pockets,” when the way of holiness, actually, is all about a daily emptying of these “pockets.”

You can block God’s life in you if you continually try to love, be good and truthful, out of your own strength and discipline. It is only God’s life in you that can make you a genuinely Christian human being.

“Well, then it’s rather easy: This is all I have to do. God is in no need of my strength; I can take it easy and just wait for him to step in.” No. That is not the way it works. Only when you have truly “given it your all” can you present your poverty for what it is: the fruit of your failed attempts.

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## FEATURED EVENTS AND INITIATIVE

### SUPER BOWL SUNDAY HOAGIE AND CHARITY BAKE GOOD SALE

*From the Knights of Columbus and Human Concerns Ministry*

Saturday and Sunday, February 7 and 8 | After Mass | Fellowship Hall

**Hoagie Sale:** Can't make it to Santa Clara for Super Bowl LX? No problem – our Knights of Columbus chefs are cookin' up a storm. Enjoy one of our famous hoagies while watching the big game from the comfort of your home. Football fans can gather with friends and family to watch the game and satisfy the grumblings of their stomachs while feasting on hoagies from the Knights of Columbus. Buy one (or more) hoagies before the big game. Be sure that you have enough energy to cheer it through to the end.



**Bake Sale:** Share your cakes, cupcakes, cookies, brownies, pies, or any sweet treat and be part of this fun parish tradition. All proceeds from the bake sale go to the Catholic Charities Mobile Response Center!

### LIVING THE CATHOLIC FAITH: ANSWERING THE CALL THROUGH CAREERS & VOCATIONS

Saturday, February 15 | 3:00pm – 4:30pm | Fellowship Hall



Our parish is honored to welcome Sister Deirdre “Dede” Byrne, a Little Worker of the Sacred Hearts, as a guest speaker for an inspiring talk on living the Catholic faith and discerning God’s call through career and vocation.



Sr. Dede is a missionary sister, double board-certified surgeon, and retired U.S. Army colonel who has spent her life in service to God and others. Her remarkable journey includes medical missions around the world, military service, including deployment to Afghanistan, and ongoing care for the poor and uninsured through her community’s pro-bono clinics in Washington, D.C. She has also ministered in times of crisis, including after 9/11 and during natural disasters abroad. With clarity, courage, and deep faith, Sr. Dede offers a compelling witness to how professional life, service, and religious vocation can be beautifully united in Christ.

age, and deep faith, Sr. Dede offers a compelling witness to how professional life, service, and religious vocation can be beautifully united in Christ.

This talk is especially meaningful for those discerning vocation, career paths, or seeking to live their faith more boldly in daily life. All are invited to attend! Please scan the QR code to register.

### MARDI GRAS DINNER CELEBRATION

Tuesday, February 17 | 6:00pm – 7:30pm | Fellowship Hall

Hosted by our Knights of Columbus, all are invited to celebrate Mardi Gras with a dinner celebration as we prepare for the beginning of Lent on Ash Wednesday. Dine on gumbo, jambalaya, and red beans and rice, followed by king cake for dessert. King cakes, a New Orleans tradition, are decorated in the classic Mardi Gras colors and contain a small trinket hidden inside. Tradition holds that whoever finds the trinket in their slice will have luck and prosperity in the coming year. Following this celebration, the Knights will also begin hosting our Lenten Soup Suppers each Friday during Lent!





## ASH WEDNESDAY

Wed., February 18 | 6:30am, 9:00am, 6:00pm, 7:30pm

Ash Wednesday marks the beginning of Lent, a sacred season of prayer, fasting, and almsgiving as we prepare our hearts for Easter. On this day, we receive ashes as a sign of our mortality and our need for repentance, hearing the call: *“Repent, and believe in the Gospel.”* Ash Wednesday invites us to turn back to God, deepen our relationship with Him, and walk more intentionally with Christ over the next forty days.

## FRIDAYS DURING LENT

### Lenten Soup Supper:

5:00pm – 7:00pm | Fellowship Hall

All are invited to join us each Friday during Lent. The K. of C. will be serving soup and grilled cheese sandwiches. Please bring homemade soup or a meatless dish to share!

### Stations of the Cross (Main Church):

*Children’s Stations* | 5:00pm – 5:30pm

*Regular Stations* | 7:00pm – 7:30pm

## CONFESSIONS DURING LENT

Mondays.....7:00pm – 7:45pm

Fridays.....9:30am – 10:15am

\*Wednesdays.....6:30pm – 8:00pm

Saturdays.....3:30pm – 4:30pm

### **\*The Light is On For You Confessions**

As part of our Lenten journey, we are offering “The Light Is On for You,” a special additional confession time to our regular schedule. Whether it has been weeks, months, or years, all are welcome. Come as you are and let Christ’s light meet you with forgiveness, healing, and peace during this holy season of Lent.

## EMBER DAYS: BROWN SCAPULAR ENROLLMENT, MASS, ADORATION, AND CONFESSIONS

Friday, February 27 | 6:30pm – 9:00pm | Chapel/Main Church

The **Brown Scapular of Our Lady of Mount Carmel** is a beloved Catholic sacramental, rich in meaning and history. Enrollment in the Brown Scapular is a simple, one-time ceremony in which a priest formally places you under the mantle of Our Lady’s care. Through this enrollment, you become part of the spiritual family of the Carmelite Order and share in the prayers and merits of the worldwide Carmelite community. It’s more than just wearing a piece of cloth, it’s a sign of trust in Mary’s intercession, a call to live a holy life, and a daily reminder of God’s love. Rooted in the Carmelite tradition, the scapular symbolizes Mary’s promise of spiritual protection and her guidance toward a deeper relationship with Christ.

Following the Brown Scapular Enrollment, Mass, along with Adoration and Confessions will follow in the Main Church.



## PARISH PASTA DINNER-FUNDRAISER FOR WOKRCAMP

Sat., February 28 | 6:00pm – 8:00pm | Fellowship Hall | \$10pp

Come together for a night of delicious food, fellowship, and fun as we support our Youth Ministry for WorkCamp 2026! Enjoy a hearty spaghetti dinner with all the fixings all while helping our teens grow in faith and service. Every plate you enjoy brings us closer to giving our youth an unforgettable experience of faith, community, and hands-on service this summer. Bring your friends, family, and appetite for a great cause!



Arlington Diocese WorkCamp is an annual youth ministry program culminating in a week-long overnight camp providing the teens of the Diocese with an opportunity to encounter Christ through service, faith, and fellowship. If you are interested in attending or helping out, please visit <https://tinyurl.com/3p4y9s9c> to sign-up!



## ARE YOU A FULLY INITIATED CATHOLIC?

The Church welcomes us into the fullness of Christian life through the Sacraments of Initiation (Baptism, Eucharist, and Confirmation). Many adults were baptized Catholic and may have also received the Eucharist for the first time, but, for various reasons, were not able to complete Confirmation. If this is you, know that you are not alone, and it is never too late to take the next step.

**Why this is important:** Being fully initiated allows you to participate more fully in the life of the Church. It is also required if you wish to:

- Serve as a godparent for Baptism
- Serve as a Confirmation sponsor

If you are a baptized Catholic who has received First Communion, BUT has not yet been Confirmed, the Church welcomes you to take part in this grace-filled sacrament. Our parish will be offering seven Adult Confirmation Preparation Sessions on Wednesday evenings. For more information or to register, we encourage you to connect with our Director of Mission Outreach, Kris Fisher, at [k.fischer@setonlakeridg.org](mailto:k.fischer@setonlakeridg.org).

## THE RESCUE PROJECT – REGISTER TODAY!!!

Wednesdays Beginning March 4 | 6:30pm – 8:30pm | Fellowship Hall

The Rescue Project is a powerful and inspiring series created by Fr. John Riccardo, designed to help you rediscover the profound story of salvation and God's incredible plan for your life! In this series, Fr. Riccardo dives deep into the "why" behind Christianity. Together, we'll walk through the core questions: **Why is there something rather than nothing? What is our purpose? What went wrong in the world? And most importantly, what has God done about it?**

### **A STEP IN OUR PARISH'S CLEAR PATH**

Falling under the Connect/Encounter Step in our Parish's Clear Path, the Rescue Project is designed to reignite or deepen your relationship with Jesus Christ. *Seton Lake Ridge Clear Path Displayed in Narthex.* Whether you're taking your first steps in faith or are looking to reconnect, this is the perfect opportunity to encounter God's love and mercy.



## FOR CHILDREN

### **FAMILY FAITH FORMATION REMINDERS**

**Sunday Track I:** At-Church Meetings for WONDER will be with small groups and begin the week of March 8th. This week – WONDER Parent Guide & Family Meeting 1 (At-Home).

**Sunday Track II:** The next At-Church Meeting is February 22nd.

This week – ZEAL Parent Guide & Family Meeting 1 (At-Home). This month have a Family VISIT with your Leadership Team member. The Confirmation Retreat is March 7th.

**Sunday Track III:** The next At-Church Meeting is March 8th. This week – WONDER Family Meeting 7 (At-Home).

**Sunday Track IV:** The next At-Church Meeting is March 8th. This week – ZEAL Sponsor Meeting. This month have a Family VISIT with your Leadership Team member. The Confirmation Retreat is March 7th.

**Tuesday Track I:** At-Church Meetings for WONDER will be with small groups and begin the week of March 8th. This week – WONDER Parent Guide & Family Meeting 1 (At-Home).

**Tuesday Track II:** The next At-Church Meeting is February 24th. This week – ZEAL Parent Guide & Family Meeting 1 (At-Home). This month have a Family VISIT with your Leadership Team member. The Confirmation Retreat is March 7th.



### QUO VADIS CAMP 2026

July 12-16 | Mount St. Mary's Seminary | Registration Lottery: Feb. 2-28

Quo Vadis is a 5-day 4-night camp at Mount St. Mary's Seminary for boys in High School (currently in grade 9-12 and who won't be 19 by the time of camp). Led and staffed by diocesan seminarians and priests, this week is for those who wish to gain tools for living and praying to lay a solid foundation for their future. Mornings at camp focus on the spiritual, including Mass and talks, and afternoons are all about sports and games; evening events are a mix.

Registration is \$350 which will include a **private room, hall bath, all meals, and activities.** Payment plans and financial aid will also be available. If you are interested, we encourage you to join the Quo Vadis mailing list for notification about the lottery registration or check [www.arlingtondiocese.org/quovadis/](http://www.arlingtondiocese.org/quovadis/).



### FIAT CAMP 2026

July 19-23 | Mount St. Mary's Seminary  
Registration Lottery: Feb. 2-28

Similar to Quo Vadis, Fiat is also 5 days and 4 nights at Mount St. Mary's Seminary, for high school girls who want to gain tools for living and praying to lay a solid foundation for their future. Mornings at camp focus on the spiritual, including Mass and talks, and afternoons are all about sports, games and crafts; evening events are a mix. One day there's a pilgrimage to the Grotto of Our Lady of Lourdes.

Registration is \$350 which will include a **private room, hall bath, all meals, and activities.** Payment plans and financial aid will also be available.

More information and the lottery sign-up will be posted here and emailed to those on the FIAT list. To be added to our email list and receive information about the lottery and camp, please email [vocations@arlingtondiocese.org](mailto:vocations@arlingtondiocese.org)



### DIOCESE OF ARLINGTON MEN'S CONFERENCE 2026

Sat., March 7 | 8:00am – 2:00pm | St. Joseph Catholic Church | \$65

All men of the Diocese are invited to a day of fellowship, prayer and learning at the 2026 Men's Conference! This day will include keynote speaker, Matthew Bunson, Mass with Bishop Burbidge, vendors, and a Q&A with the Bishop and Mr. Bunson. Matthew Bunson is vice president and editorial director of EWTN News. For the past 20 years, he has been active in the area of Catholic social communications and education, including writing, editing, and teaching on a variety of topics related to Church history, the papacy, the saints, and Catholic culture. Learn More about the conference at [www.arlingtondiocese.org/event/men/](http://www.arlingtondiocese.org/event/men/) or register using the QR code on the right.

In partnership with Catholic Charities St. Lucy Project, we are inviting you to also join us in a food drive at the event to support St. Lucy Project in their work of feeding the hungry in our area. Scan the QR code to see what items they need, especially the following: Canned chicken, canned tuna, baked beans, pasta sauce, Spaghetti O's, and Mac and Cheese.



# She Shall Be Called Woman

## RESTORED TO RADIANCE: SHE SHALL BE CALLED WOMAN (SHE)

Saturdays Beginning Jan. 31 – April 18 | 9:45am – 11:30am | Fellowship Hall

We are excited to welcome back She Shall Be Called Woman (SHE) to our parish this spring! As part of our parish's Clear Path, Connect, Encounter, Grow, and Accompany, SHE is a key opportunity in the Encounter/Grow step. SHE is a transformative journey designed to meet the deepest longings of the feminine heart. This parish offering is a sanctuary for women seeking to be truly seen, known, and loved, as they grow in their relationship with the Lord. Through vibrant conversations, authentic speakers, and enriching prayer experiences, we equip you with the tools to embark on a profound spiritual journey. Join us for food, fellowship, and faith for the next season, "Restored to Radiance".



All women are welcome! Whether you're single, married, young, seasoned, raising little ones, or walking through a new chapter of life, there's a place for you here. Come and be refreshed, challenged, and known! Scan to register!

## DIOCESE OF ARLINGTON: WOMEN'S CONFERENCE

Sat., March 14 | 8:00am – 2:00pm | St. Joseph Catholic Church

This year's Conference, featuring keynotes by Helen Alvaré and Mary Stanford, will highlight the accomplishments and gifts of Catholic women past and present who have formed our great nation since its founding 250 years ago. The day will include these keynotes, Mass celebrated by our bishop the Most Rev. Michael F. Burbidge, lunch, and a Q&A with the Bishop and our two speakers. Vendors will also be present selling all kinds of gifts for yourself and your family.



To register, scan the QR code!

**Keynote Speakers:** **Helen Alvaré** is the Robert A. Levy Endowed Chair in Law and Liberty at Antonin Scalia Law School, George Mason University, where she teaches Family Law, Law and Religion, and Property Law. She publishes on matters concerning marriage, parenting, and the First Amendment religion clauses.

**Mary Stanford**, author of *The Obedience Paradox: Finding True Freedom in Marriage*, is a speaker, teacher, and writer on Catholic marriage and family life. She is an adjunct professor at Christendom College and holds degrees from the University of Dallas and the Pontifical John Paul II Institute for Studies on Marriage and Family. She and her husband Trey are the parents of seven children.



## ADVENTURES IN MARRIAGE—REGISTER TODAY!

4 Fridays in March Beginning on the 6th | 7:00pm-9:00pm  
Join us for Lenten Soup Suppers at 6pm; AIM doors open at 6:30pm

Your love story isn't finished yet, it's just getting started! Whether you've been married for years or are newly navigating life together, **Adventures in Marriage (AIM)** is a transformative experience designed to take your relationship to new heights. This interactive, faith-filled program combines Christian principles with the latest relationship research to help couples grow stronger together. Over the course of this engaging journey, you'll discover how to better meet each other's



needs, communicate clearly and lovingly, resolve conflict in healthy ways, and deepen your emotional connection. ***Childcare will be available upon registration!***

**Please note: ONLY ONE PERSON in the couple needs to register.**



# MASS INTENTIONS & READINGS OF THE WEEK

## Sunday, February 8<sup>th</sup>

5:00 p.m. Raney Family  
*Vigil*  
 7:30 a.m. † Mary Timko  
 9:00 a.m. Michael O'Brien  
 10:45 a.m. For the People of St. Elizabeth Ann Seton  
 12:30 p.m. † Jann Swedock

## Monday, February 9<sup>th</sup>

9:00 a.m. † John Garner

## Tuesday, February 10<sup>th</sup>

9:00 a.m. † Michael Muench

## Wednesday, February 11<sup>th</sup>

9:00 a.m. † Max Gonzales

## Thursday, February 12<sup>th</sup>

9:00 a.m. † Gloria Vitkowski

## Friday, February 13<sup>th</sup>

9:00 a.m. † Jennifer Waters

## Saturday, February 14<sup>th</sup>

9:00 a.m. † Ed Warzywak  
 5:00 p.m. † Sofia E. Gonzales  
*Vigil*

## Sunday: 5th Sunday in Ordinary Time

Is 58:7-10 Ps 112:4-5, 6-7, 8-9 1 Cor 2:1-5 Mt 5:13-16

**Monday:** 1 Kgs 8:1-7, 9-13 Ps 132:6-7, 8-10 Mk 6:53-56

**Tuesday:** **St. Scholastica (M)**  
 1 Kgs 8:22-23, 27-30 Ps 84:3, 4, 5 and 10, 11 Mk 7:1-13

**Wednesday:** **Our Lady of Lourdes (m)**  
 1 Kgs 10:1-10 Ps 37:5-6, 30-31, 39-40 Mk 7:14-23

**Thursday:** 1 Kgs 11:4-13 Ps 106:3-4, 35-36, 37 and 40 Mk 7:24-30

**Friday:** 1 Kgs 11:29-32; 12:19 Ps 81:10-11ab, 12-13, 14-15 Mk 7:31-37

**Saturday:** **Ss. Cyril, Monk, and Methodius (M)**  
 1 Kgs 12:26-32; 13:33-34 Ps 106:6-7ab, 19-20, 21-22 Mk 8:1-10

*Key: Memorial (M), Optional Memorial (m), Feast (F), S (Solemnity)*

## REMEMBER IN YOUR PRAYERS

**The sick of our parish family:** Ronald Mandapat

**The deceased members of our parish family:**

Anselmo Moreno, Marla Bird

## OUR NEWLY BAPTIZED

Adrian Alexandre Espinosa  
 Cecilia Marie Willson  
 Thomas Parker Larnerd  
 Maria Joyce Trebing  
 Brycen James Jardel

## COLLECTIONS FOR JANUARY 2026

Collection ( <i>Average Weekly</i> )	\$	45,692.21
Capital Improvements	\$	13,101.45
Poor Box	\$	992.00
Votives	\$	1,601.00
Flowers	\$	498.00

## Holy Days and Special Collections

Latin America	\$	4,284.17
Solemnity of the BVM	\$	8,275.00

*Thank You!*

## FROM YOUR BUSINESS MANAGER #17

**Dear Parishioners:** I dedicate this edition of FYBM to one message: transition from our electronic giving platform, Faith Direct (FD) to ParishSoft Giving (PSG). The upgrade took place November 12<sup>th</sup>, and *overall*, I'd say so far so good because all accounts seem to have successfully migrated. While I have been working on some migration glitches with a few of you (and I thank those affected in this way for your patience and apologize for the inconvenience) the transition has gone smoothly overall. I will now provide you with a quick checklist on how to access your PSG account (Use this link to log into your PSG account: <https://giving.parishsoft.com/app/giving/setonlakeridge>). Once you have access to this page, 1) select "Sign In" at the top of the page and enter your email and password (NOTES: A) Use the email and password you established for your FD account to log into your new PSG account; and B) This will place you on the opening 'PSG dashboard' page); 2) Now review your recurring gifts by selecting "scheduled" at the top of the page; 3) Review your past gifts by selecting 'history;' and 4) If you want to sign up for a new gift, select 'give now;' and 5) If you don't currently have a PSG account but would like to open one, access the link provided above, select "Create One" at the bottom of the page, enter your information to create an account and then follow step '4' above.

In closing, a quick reminder that our Gift Shop is stocked to the hilt (!) with truly awesome 50<sup>th</sup> Anniversary items, so do yourself a favor and stop by to check it out!

God Bless, Robert Yates, Business Manager (703-494-4008; [r.yates@setonlakeridge.org](mailto:r.yates@setonlakeridge.org))

## THIS WEEK IN OUR PARISH

**Daily Rosary:** Mon-Sat | 8:25am – 8:55am | Main Church  
**Daily Mass:** Mon-Sat | 9:00am – 9:30am | Main Church

**Sat. Vigil Mass:** 5:00pm | Main Church  
**Sun. Masses:** 7:30am, 9am, 10:45am, 12:30pm | Main Church

### Sunday, February 8<sup>th</sup>

7:30am – 12:30pm	Music Choir Rehearsals	Music Room
8:15am – 2:00pm	Super Bowl Sunday Hoagie and Charity Bake Sale	Fellowship Hall
8:45am – 10:00am	Nursery	Nursery
9:30am – 11:30am	OCIA	Upper Seton Hall
10:30am – 12:00pm	Family Faith Formation Track IV	Fellowship Hall
10:30am – 12:00pm	Nursery	Nursery
6:30pm – 8:00pm	Youth Ministry Boys and Girls Bible Study	Lower Seton Hall

### Monday, February 9<sup>th</sup>

10:00am – 12:00pm	Seton Crafters	Trinity 2 and 3
7:00pm – 8:00pm	AI-Anon	St. Paul Room
7:00pm – 8:45pm	OCIA Team Meeting	Trinity 1

### Tuesday, February 10<sup>th</sup>

9:30am – 8:30pm	All Day Adoration	Chapel
9:30am – 10:30am	Blue Army Devotion	Chapel
6:30pm – 8:30pm	Upper Room	Fellowship Hall

### Wednesday, February 11<sup>th</sup>

9:30am – 11:30am	Divine Mercy Cenacle	St. Mary Room
9:45am – 11:45am	Wednesday Bible Study	Ss. Peter and Paul Rooms
10:00am – 11:00am	Phase III Construction Meeting	Office Conference
1:30pm – 3:30pm	Lumen Christi Drama	Seton Hall
6:30pm – 8:30pm	Mother of Joy Prayer Group	St. Paul Room
7:00pm – 8:30pm	WorkCamp 2026 Meeting	Lower Seton Hall

### Thursday, February 12<sup>th</sup>

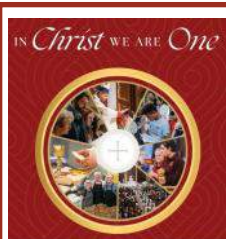
9:30am – 8:30pm	All Day Adoration	Chapel
9:30am – 10:45am	Divine Mercy Holy Hour	Chapel
12:00pm – 2:00pm	Mother Seton Food Pantry	Fellowship Hall
6:00pm – 7:30pm	American Heritage Girls	Lower Seton Hall
6:00pm – 7:30pm	Trail Life USA	Upper Seton Hall
6:00pm – 7:00pm	Jam Band Rehearsals	Music Room
7:00pm – 8:30pm	Thursday Bible Study	St. Mary Room
7:15pm – 9:00pm	Traditional Choir Rehearsal	Music Room

### Friday, February 13<sup>th</sup>

9:30am – 12:00pm	Mom's Group	Nursery
9:45am – 12:30pm	Friday Morning Faith Sharing	Ss. Peter and Paul Rooms
10:00am – 11:30am	Legion of Mary	Trinity 3
10:00am – 12:00pm	Lumen Christi Club Day	Lower Seton Hall
3:00pm – 3:30pm	Divine Mercy Chaplet	Main Church
6:30pm – 9:00pm	Alpha Marriage	Seton Hall

### Saturday, February 14<sup>th</sup>

9:30am – 10:00am	Rosary at the Unborn Child (Knights of Columbus and Legion of Mary)	Parish Grounds
9:45am – 11:30am	She Shall Be Called Woman (SHE)	Fellowship Hall



### BISHOP'S LENTEN APPEAL

**From the Bishop:** This year's theme for the BLA is "In Christ We Are One", which reminds us that we are never alone on our journey of faith. In Baptism, the Lord gathers us into one Body and calls us to share his love with all we meet. Each day across our diocese, your generosity makes this unity visible and tangible. Through the BLA, you stand with our seminarians preparing for priestly service, support our parishes and missions, accompany families through Catholic Charities, and help form disciples among children, youth, young adults, and the elderly. You bring Christ's light to those who are suffering, searching, or feel far from the Church.



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