



Mother Seton Food Pantry

What We Collect:

- Flour (small bag)
- Sugar (small bag)
- Cooking Oil
- Shelf Sustainable Milk (liquid preferred)
- Oatmeal Packets (small box)
- Bath Soap (bars only)
- Black Beans (canned 14.5 oz or dried 1 lb bag)
- Peanut Butter
- Jelly (plastic bottle)
- White Rice (1 or 2 lb bag)
- Canned Potatoes
- Canned Green Beans (14.5 oz.)
- Canned Whole Corn (14.5 oz.)
- Canned Diced Tomatoes (14.5 oz.)
- Canned Fruit (14.5 oz.)
- Canned Tuna, Chicken and/or Ham
- Cereal (healthier is better)
- Pasta (1 lb box)
- Tomato Pasta Sauce (plastic jar)

(no glass items please!)