STAGES OF CONVERSION & DISCIPLESHIP

Relationship with God and His Church is a life-long journey. Hopefully, you have learned by now that God loves you totally and completely. It doesn't matter where you are on your journey, He loves you just the same. However, in order for us to live life according to the plan He has in store for us, it is important for us to take steps everyday toward holiness. Often in the spiritual life, if you are not moving forward, you are moving backward. All growth in the Christian life is done through God's grace which we accept with our free will.

Below are the different stages that you might find yourself in. Each stage builds upon the previous. It is very likely that you may not fit a description completely but find yourself in multiple stages. This is only a tool to help you determine where you are and make specific commitments to grow towards the next stage in your relationship with God. Note: Scan QR code in bottom right for a printable self-evaluation.

I MAY BE IN THIS **STAGE IF:**

Faith and spiritual growth is not a main priority in my life.

I do not incorporate Mass and other church activities or practices into my weekly schedule.

I MAY BE IN THIS **STAGE IF:**

I consistently attend Mass on Sundays, but do not have a consistent. daily prayer life.

I try to participate in other church opportunities when my schedule allows.

I MAY BE IN THIS **STAGE IF:**

I am an active participant in the Church both at Sunday Mass and other church related activities.

I have a lot of questions about the faith and I actively seek the answers. z

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I MAY BE IN THIS **STAGE IF:**

I have accepted Jesus Christ as my Savior and choose to make Him the center of my life.

I understand that I need God in my life and I am striving to avoid sin with God's grace.

I MAY BE IN THIS **STAGE IF:**

I am focused on keeping God at the center of my life by developing the habits of a disciple.

I am striving to live a moral life and regularly go to Confession to overcome sin.

I MAY BE IN THIS **STAGE IF:**

I have decided to take part in the mission of the Church by inviting others into intentional discipleship.

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I am consistent in the habits of a disciple prayer and sacraments.

I MAY BE IN THIS **STAGE IF:**

I am currently mentoring others in the habits of a disciple and teaching them to mentor others as well (spiritually multiplying).

Prayer and the mission of the Church are the biggest priorities in my life.

DETACHED

Participant

SEEKER

■ INTENTIONAL DISCIPLE

Growing DISCIPLE

MISSIONARY DISCIPLE \triangle

SPIRITUAL MULTIPLIER



WAYS TO ENCOUNTER JESUS:

If not already attending Sunday Mass, make a plan to go every week.

Find opportunities at the Church that might fit your personal interests.

If there are others in the community that you connect with, reach out and build upon that relationship.

ALPHA

WAYS TO

CULTIVATE

OPENNESS AND

SPARK CURIOSITY:

Make a list of questions

that you have about life

and faith and bring them

to someone (a priest or

fellow parishioner you

trust) who might be able

to help you seek answers.

Find a Bible study or

formational program at

the Church.

Stay connected with

others in the community

who will support you as

you grow in your faith.

WAYS TO BECOME A DISCIPLE:

Invite Jesus to be the center of your life through personal prayer.

Attend a retreat that is being provided by the parish or go on a faith related retreat elsewhere.

Join a small faith sharing community or Bible study.

Ask God for clarity in the ways that you might need to be spiritually healed.

WAYS TO GROW:

If you haven't already, join a small faith sharing community or Bible Study

Seek a spiritual mentor.

Develop the habits of a disciple – daily prayer, formation in Church teaching, Bible study, involvement in the community, and regular participation in the sacraments – Mass and Confession.

Receive sacraments of initiation – Baptism, First Communion and Confirmation.

WAYS TO GROW:

Seek accountability and guidance to stay firm in your faith and to be strengthened in the habits of a disciple.

Begin to seek opportunities for service and sharing your life and faith with others. (1 Thes. 2:8)

Consider starting your own small faith sharing community or Bible study to reach others in need of healing and those seeking formation in the faith.

WAYS TO GROW:

Make a plan for spiritual multiplication - consider those who you are accompanying that may be called to dive deeper into the mission of the Church and how you may be called to teach them to teach. (2 Tim 2:2)

Lead a small faith sharing community or Bible study to invite others that God may be calling you to personally care for.

Pray with the Holy Sprit for those that you are feeling called to personally reach out to.

WAYS TO GROW:

Stay consistent and continue growing in the habits of a disciple recognizing that your own relationship with Jesus takes priority over all things.

Continually surround yourself with the community of the Church for support and prayer against temptation.

Pray deeply for those you are mentoring.

Scan the QR code for a printable Self-Evaluation



Connect

FIRST FRIDAY



GROWTH GROUPS



REACH MORE



Equip

Revised September 4,, 2024

"A CLEAR PATH TO HEAVEN" (See Reverse)

Encounter

Form