



# ST. ELIZABETH ANN SETON

ROMAN CATHOLIC CHURCH  
LAKE RIDGE, VA

[www.setonlakeridge.org](http://www.setonlakeridge.org)

## SETON SPOTLIGHT

### MARCH 28 - APRIL 1

PARISH OFFICE CLOSED  
NO 3:30PM SAT. & 7:00PM MON.  
CONFESSIONS

### MARCH 24-31

HOLY WEEK SCHEDULE  
PAGE 5

### SUNDAY, MARCH 31

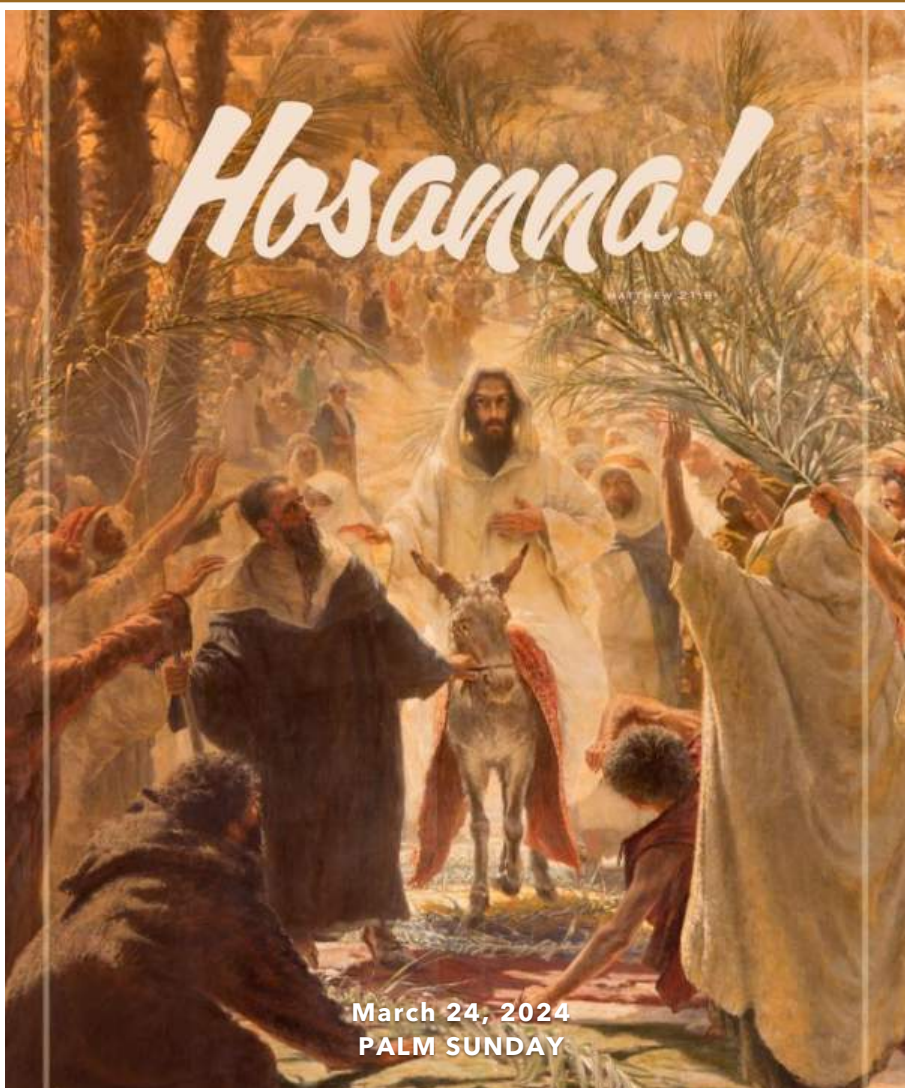
K. OF C. CHILDREN'S EASTER  
EGG HUNT (RSVP NOW!)  
PAGE 5

### SUNDAY, APRIL 7

DIVINE MERCY SUNDAY  
PAGE 5

### TUESDAY, APRIL 9

EUCCHARISTIC ENCOUNTER  
NIGHT  
PAGE 6



March 24, 2024  
PALM SUNDAY

#### PARISH OFFICE:

12807 Valleywood Drive  
Lake Ridge, VA 22192

#### Parish Office Hours:

Mon. & Wed.: 9:00am - 8:00pm  
Tues, Thurs, & Fri.: 9:00am - 4:00pm  
Sunday: 8:00am - 2:00pm

Phone: 703-494-4008 Fax: 703-494-1995

Email: [receptionist@setonlakeridge.org](mailto:receptionist@setonlakeridge.org)

Sacramental Emergency:  
571-455-0402

#### CONFESSION SCHEDULE:

Monday: 7:00pm - 7:45pm  
Friday: 9:30am - 10:00am  
Saturday: 3:30pm - 4:30pm

#### MASS SCHEDULE:

Daily: Monday - Saturday: 9:00am  
(Rosary at 8:25am)

Saturday Vigil: 5:00pm

Sun.: 7:30am, 9:00am, 10:45am, 12:30pm

\*First Friday Evening Mass: 7:00pm;  
\*7:30pm during Lent

#### EUCCHARISTIC ADORATION:

Tues/Thurs All Day Adoration:  
9:30am - 8:30pm

Tuesdays Children's Adoration  
4:00pm - 5:00pm

First Friday All Night Adoration:  
7:30pm - 8:30am (Sat.)

#### MOTHER SETON FOOD PANTRY

Thursday 12:00pm - 2:00pm

#### MOTHER SETON GIFT SHOP

Sunday.....8:15am - 2:00pm

Monday.....CLOSED

Tues-Thurs.....9:30am - 12:00pm

\*Friday.....5:00pm - 8:00pm

*\*During Lent Only, Excluding Good Friday*

Saturday.....4:00pm - 6:30pm

#### PARISH LIBRARY

Sunday.....8:15am - 2:00pm

Mon/Wed.....9:00am - 8:00pm

Tues/Thurs/Fri.....9:00am - 4:00pm

Saturday.....4:00pm - 6:30pm

### NEW PARISHIONERS:

Welcome to Seton Lake Ridge! Please complete a registration card found in the church narthex or by stopping by the parish office. Please remember to notify us if you move, or of any changes to your contact information.

### RETURNING CATHOLICS:

Everyone is invited to rediscover the gift of our faith and the unique role that each of us has in this family of God. *Welcome home!*

### RCIA:

If you are interested in becoming Catholic or learning more about the faith, please contact the parish office.

### BAPTISMS:

Occurs every 2nd and 4th Sunday. Please contact the parish office to set a date and to register for the required Baptism workshop.

### PASTORAL CARE of the SICK:

Please notify us of parishioners who are hospitalized or homebound. **Holy Communion** and the **Sacraments of Penance** and **Anointing of the Sick** are arranged by the parish office. In a danger-of-death situation, call the parish emergency line, 571- 455-0402.

### MATRIMONY:

Congratulations on your engagement! Registered parishioners wishing to be married here, or elsewhere, are asked to contact one of the parish clergy at least six months in advance of their intended wedding date to begin the Pre-Cana preparation process

### HOLY ORDERS & CONSECRATED LIFE:

Seeking information about the priesthood, diaconate, or consecrated religious life? If so, please contact one of the parish clergy or the diocesan Office of Vocations, 703-841-2514.

### FUNERAL ANNOUNCEMENTS:

You can find Parish Funeral Information on our website: [setonlakeridge.org/liturgy/funerals/upcomingfunerals](http://setonlakeridge.org/liturgy/funerals/upcomingfunerals).

### BLESSINGS:

**Sacramental Blessings:** Every 1st Saturday of the month after the 9:00am Mass, a priest will bless Sacramentals near the Baptismal Font. **Car Blessings:** Every Ember Day Saturday after the 9:00am Mass, a priest will bless your vehicles. Please park near Seton Hall for this blessing. (See Ember Days below) *Note: Previously blessed items are not to be blessed again.*

### BULLETIN SUBMISSIONS:

Must be sent in using the *Communications Submission Form* found on [setonlakeridge.org/bulletins](http://setonlakeridge.org/bulletins) on, **Monday, two weeks** before the Sunday publication date. *Note: Due to space limitations, submissions are not guaranteed a space.*

### EMBER DAYS:

Here at St. Elizabeth Ann Seton Catholic Church, we celebrate Ember Days as part of Living Liturgically in our parish. Ember Days are celebrated four times a year, following the seasons: Winter, Spring, Summer, Fall. Each season consists of three days of celebration: Reflection, Mass/Adoration/Confession, and Stewardship. More information will always be provided on pg.5 of the bulletin as we near our Ember Days each season.

**THE PARISH OFFICE PHONE NUMBER IS: 703-494-4008**

### PARISH CLERGY

**Reverend Brian Bashista, Pastor**  
703-494-4008  
[pastor@setonlakeridge.org](mailto:pastor@setonlakeridge.org) (Non-Confidential)

**Reverend Charles Merkle III, Parochial Vicar**  
703-494-4008  
[frmerkle@setonlakeridge.org](mailto:frmerkle@setonlakeridge.org)

**Reverend Mr. Rob Warner, Deacon**  
703-494-4008  
[dcnrob@setonlakeridge.org](mailto:dcnrob@setonlakeridge.org)

### DISCIPLESHIP

**Kris Fischer, Director of Disciple Formation Ext 137**  
[k.fischer@setonlakeridge.org](mailto:k.fischer@setonlakeridge.org)

### FAMILY FAITH FORMATION

**Mylene Garcia, Coordinator - Ext 126**  
[m.garcia@setonlakeridge.org](mailto:m.garcia@setonlakeridge.org)

### HUMAN CONCERNS OUTREACH

**Betty Maher, Director - Ext 105**  
[b.maher@setonlakeridge.org](mailto:b.maher@setonlakeridge.org)

### MUSIC

**Carter Stevens, Director & Organist - Ext 108**  
[c.stevens@setonlakeridge.org](mailto:c.stevens@setonlakeridge.org)

### PARISH OFFICE

**Christine O'Hearn, Office Manager & Pastor's Assistant - Ext 127**  
[c.ohearn@setonlakeridge.org](mailto:c.ohearn@setonlakeridge.org)

**Robert Yates, Business Manager - Ext 136**  
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**Violet LaVille, Database Mgr & Financial Assistant - Ext 131**  
[v.laville@setonlakeridge.org](mailto:v.laville@setonlakeridge.org)

**Katya de Leon, Communications Manager**  
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**Walter Purdy, Facilities Manager - Ext 107**  
[w.purdy@setonlakeridge.org](mailto:w.purdy@setonlakeridge.org)

**Jenny Jones, Receptionist - Ext 123**  
**Tracy Grubbs, Receptionist**  
[receptionist@setonlakeridge.org](mailto:receptionist@setonlakeridge.org)

### PARISH SCHOOL

**St. Thomas Aquinas Regional School**  
13750 Mary's Way, Woodbridge, VA 22191  
Sister Mary Sabrina, O.P., Principal  
Phone: 703-491-4447 | Fax: 703-492-8828  
[www.aquinastars.org](http://www.aquinastars.org)

## FROM OUR PAROCHIAL VICAR



Continuing my column from last month, let's hear more from the beautiful reflection on the Our Father by St. Augustine from his letter to Proba. It appears in the Liturgy of Hours, this time, on Wednesday of the 29th Week in Ordinary Time. St. Augustine would say that we will find every petition in Scriptures contained in the Lord's Prayer!

"We read, for example: *'May you receive glory among all the nations as you have among us'*, and *'May your prophets prove themselves faithful'*. What does this mean but *'Hallowed be your name'*?

"We read: *'Lord of power and might, touch our hearts and show us your face, and we shall be saved'* (Ps 80:4).

What does this mean but *'Your kingdom come'*?

"We read: *'Direct my ways by your word, and let no sin rule over me'* (Ps 119:133). What does this mean but *'Your will be done on earth as it is in heaven'*?

"We read: *'Do not give me poverty or riches'* (Prov 30:8). What does this mean but *'Give us this day our daily bread'*?

"We read: *'Lord, remember David and all his patient suffering'* (Ps 132:1) and *'Lord, if I have done this, if there is guilt on my hands, if I have repaid evil for evil...'* (Ps 7:4-5). What does this mean but *'Forgive us our trespasses as we forgive those who trespass against us'*?

"We read: *'Rescue me, God, from my enemies, deliver me from those who rise up against me'* (Ps 59:2). What does this mean but *'Deliver us from evil'*?

"If you study every word of the petitions of Scripture, you will find, I think, nothing that is not contained and included in the Lord's Prayer. When we pray, then, we may use different words to say the same things, but we may not say different things.

"We should not hesitate to make these prayers for ourselves, for our friends, for strangers, and even for enemies, though the emotions in our heart may vary with the strength or weakness of our relationship with individuals.

"You now know, I think, the attitudes you should bring to prayer, as well as the petitions you should make, and this not because of what I have taught you but thanks to the teaching of the One who has been pleased to teach us all.

"We must search out the life of happiness, we must ask for it from the Lord our God. Many have discussed at great length the meaning of happiness, but surely we do not need to go to them and their long drawn out discussions. Holy Scripture says concisely and with truth: *'Happy is the people whose God is the Lord'*. We are meant to belong to that people, and to be able to see God and live with him forever, and so *'the object of this command is love from a pure heart, from a good conscience, and a sincere faith'*.

"In these three qualities, "a good conscience" stands for "hope". Faith, hope, and love bring safely to God the person who prays, that is, the person who believes, who hopes, who desires, and who ponders what he is asking of the Lord in the Lord's Prayer.

## WEEKLY REFLECTION

### A New Heart

To receive the sacraments of reconciliation and Eucharist is like undergoing a heart transplant. Every time you receive Jesus in the sacraments, he says to you: "If you leave your old heart behind, then I shall give you my own heart."

In baptism Jesus transplanted his heart into us. But it usually takes a long time before we dare to let go of our own heart. One moment, we live in the heart of Jesus, while in the next, we live in our old heart of stone. So it is no wonder that we feel divided and torn. But Jesus asks us, tirelessly, to let go of our own heart.

It is a painful operation when our own heart has to be removed. Our resistance causes the operation to be repeated, time and again, until it — at some point — fully succeeds.

If only we weren't so forgetful that — immediately following the "operation" — we go back to living as if our old heart was still there, this process would be much shorter. Isn't it strange that we — only a few moments after having received the sacraments — act as if nothing had happened?

When the heart of Jesus beats in you, it ought to be obvious that you are living as a child of the light. If he had freed you from your own heart, you are truly a free person. In that case, you can't look at yourself as useless, and not a single moment of your life can be without meaning. The Father sees his Son's heart in you, and finds unconditional joy in you. It is imperative that you affirm your new heart.

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# MASS INTENTIONS & READINGS OF THE WEEK

## Sunday, March 24<sup>th</sup>

5:00 p.m. † Carmen L. Soto  
*Vigil*

7:30 a.m. † Jim Kuhn

9:00 a.m. † Michael Crecca

10:45 a.m. For the People of St. Elizabeth Ann Seton

12:30 p.m. Nga Kim Jenkins

## Monday, March 25<sup>th</sup>

9:00 a.m. Fr. Brian Bashista

## Tuesday, March 26<sup>th</sup>

9:00 a.m. For the Souls Dying Today

## Wednesday, March 27<sup>th</sup>

9:00 a.m. Fr. Charles Merkle III

## Thursday, March 28<sup>th</sup>

7:30 p.m. Bishop and Priests of the Arlington Diocese

## Friday, March 29<sup>th</sup>

7:30 p.m. Veneration of the Cross

## Saturday, March 30<sup>th</sup>

8:30 p.m. RCIA

## Sunday: Palm Sunday

Is 50:4-7 Ps 22:8-9, 17-18, 19-20, 23-24 Phil 2:6-11 Mk 11:1-10 or Jn 12:12-16 and Mk 14:1-15:47 or Mk 15:1-39

## Monday: Monday of Holy Week

Is 42:1-7 Ps 27:1, 2, 3, 13-14 Jn 12:1-11

## Tuesday: Tuesday of Holy Week

Is 49:1-6 Ps 71:1-2, 3-4a, 5ab-6ab, 15 and 17 Jn 13:21-33, 36-38

## Wednesday: Wednesday of Holy Week

Is 50:4-9a Ps 69:8-10, 21-22, 31 and 33-34 Mt 26:14-25

## Thursday: Holy Thursday of the Lord's Supper

Is 61:1-3a, 6a, 8b-9 Ps 89:21-22, 25 and 27 Rv 1:5-8 Lk 4:16-21

## Friday: Friday Passion of the Lord

Is 52:13-53:12 Ps 31:2, 6, 12-13, 15-16, 17, 25 Heb 4:14-16; 5:7-9 Jn 18:1-19:42

## Saturday: Holy Saturday

Gn 1:1-2:2 or 1:1, 26-31a Ps 104:1-2, 5-6, 10, 12, 13-14, 24, 35 Gn 22:1-18 or 22:1-2, 9a, 10-13, 15-18; Ex 14:15-15:1; Is 54:5-14; Is 55:1-11; Bar 3:9-15, 32-4:4; Ez 36:16-17a, 18-28; Rom 6:3-11; Mk 16:1-7

*Key: Memorial (M), Optional Memorial (m), Feast (F), S (Solemnity)*

## REMEMBER IN YOUR PRAYERS

**The sick of our parish family:** Joe Dicorpo, Ernest Tabor, Joni Relyea, Alice Orlich, Marie Pelletier, George Connaughton

**The deceased of our parish family:** Joanna Peverrett, James A. Patrick, Sr. Aninna Scharper, Richard Dyson, Nicholas James Chura, Sibyl Waterman, Will Halyak, Mary Kiely, Adrian Aguero

*Dear God,*

*We place our worries in Your hands. We place our sick under Your care and humbly ask that you restore your servants to health again. Above all, grant us the grace to acknowledge your will and know that whatever You do, you do for the love of us.*

*Amen*

## COLLECTIONS FOR FEBRUARY 2024

Collection ( <i>Average Weekly</i> )	\$ 31,138.25
Capital Improvements	\$ 6,315.00
Poor Box	\$ 850.00
Votives	\$ 1,988.96
Flowers	\$ 245.00

### Special Collections

Arlington Catholic Herald	\$ 3,713.00
Central/Eastern Europe	\$ 3,519.00
Black & Indian Missions	\$ 3,088.00

**Thank you for your generous donations!**



## CAPITAL CAMPAIGN 2021

### Capital Campaign 2021 (CC2021) Extension.

The Parish reached a total Extended Campaign pledge amount of \$1,172,298. The combined pledge amount for the 'original' Capital Campaign and Extended Campaign is \$4,644, 406. Thank you to all for your generous contributions! For questions on the status of our Capital Campaign, Legacy of Faith, please contact our Business Manager, Robert Yates at [r.yates@setonlakeridge.org](mailto:r.yates@setonlakeridge.org) or by phone at 703-494-4008.



# FEATURED EVENTS AND INITIATIVES



## OLD PALM BRANCH COLLECTION

Bring your previously blessed palm branches to Mass the weekend of March 23/24 (Palm Sunday Weekend) to be used in the bonfire at the Easter Vigil Mass.

We will be collecting the branches through March 28 (Holy Thursday). Please place them in the marked bin found in the Narthex.

## FEAST OF THE ANNUNCIATION & INTERNATIONAL DAY OF THE UNBORN CHILD

Mon., March 25 | After 9:00am Mass | Fellowship Hall

The Respect Life Committee would like to invite all parishioners to be a part of the worldwide celebration of the International Day of the Unborn Child established by Pope John Paul II to coincide with the Feast of the Annunciation. Join us in the Chapel after the 9:00am Mass to pray the Rosary followed by light refreshments in Fellowship Hall.

Parents are encouraged to bring their children to Mass with them that day and have them join in the recitation of the Rosary.

### Triduum

#### HOLY THURSDAY Thursday, March 28th

(No 9:00am Mass)

Mass of the Lord's Supper  
7:30pm

Reposed Adoration | Seton Hall  
8:30pm—12am midnight  
(No All Day Adoration)

#### THE PASSION OF THE LORD Friday, March 29th

(No 9:00am Mass)

Confessions.....9am -11am  
Stations of the Cross.....3pm—3:30pm  
Divine Mercy Novena.....3:45pm—4pm  
Veneration of the Cross &  
Communion Service.....7:30pm

#### HOLY SATURDAY Saturday, March 30th

(No 9:00am Mass)

Blessing of the Easter Baskets  
9:00am—9:15am | Main Church  
Divine Mercy Novena  
3:00pm | Main Church  
(No 3:30pm Confessions)

### Easter

#### EASTER VIGIL MASS

Saturday, March 30th

8:30pm  
(No Vigil Mass at 5:00pm)

#### EASTER SUNDAY MASS

Sunday, March 31st

7:30am, 9:00am, 10:45am,  
and 12:30pm



## EASTER EGG HUNT

Sunday, March 31 | 1:45pm | Seton Hall

Join us in continuing the Easter Sunday celebration after the 12:30pm Mass for our annual Easter Egg Hunt. All are invited to join us and if you would like your child(ren) to participate in the Easter Egg Hunt, *please RSVP for all children and adults* who will be in attendance. The **Easter Egg Hunt will be released in groups: ages 1-3, 4-6, & 7 - 10.**



Scan to  
RSVP!



## DIVINE MERCY SUNDAY FEAST DAY

Sunday, April 7 | 3:00pm | Main Church

The Divine Mercy Chaplet is a powerful intercessory prayer given to St Faustina by Jesus. He told her: "Encourage souls to say the Chaplet which I have given you (Diary 1541)...Through the Chaplet you will obtain everything if what you ask for is compatible with My will (Diary 1731)." He also told her to recite the Chaplet as a Novena for the nine days before the Feast of Mercy (Second Sunday of Easter) and promised "By this novena I will grant every possible grace to souls. (Diary 796)."

The Divine Mercy Chaplet and Novena will be prayed on Good Friday, March 29th, immediately following Stations of the Cross (scheduled to begin at 3:00pm - the "Hour of Great Mercy") in the main church. The Chaplet and Novena will also be prayed at 3:00pm for the following eight days.

In addition the Chaplet and Novena will be prayed after daily Mass starting Monday, April 1st and continuing through Saturday, April 6th.

Information and pamphlets about Divine Mercy, the Novena and Chaplet and Divine Mercy Sunday (Feast of Mercy) are available in the Narthex.



### **EUCCHARISTIC ENCOUNTER NIGHT**

Tuesdays beginning April 9 | 6:00pm – 7:30pm | Fellowship Hall

Strengthen your understanding and encounter with the Eucharist at our Eucharistic Encounter Nights. With the mission to create a space for people to deepen their relationships with Christ and learn more about the True Presence of Our Lord in the Eucharist, each session will consist of a light meal, video, and small group discussion, followed by Adoration in the Chapel at 7:30pm.

Encountering the Eucharist is a deep and personal experience unique to every individual, and whether you regularly spend time with Our Lord in Adoration or seek to, we encourage all to *come as you are*.

**RSVP is required for meal planning purposes.**

Scan the QR code above to register!

### **AMERICAN HERITAGE GIRLS BAKE SALE**

After Masses on April 6 and 7 | Fellowship Hall

Celebrate the Easter season with delicious baked goods from our American Heritage Girls.

The bake sale will take place in the Fellowship Hall after all Masses on the weekend of April 6th and 7th. Thank you for supporting our troop!

### **CATHOLIC POLITICAL THOUGHT**

Sunday, April 14 | 1:45pm – 3:30pm | Trinity 1



Seton Lake Ridge Advocacy Committee is hosting a video program entitled “Catholic Political Thought 101.” On Sunday, 14 May (1:45-3:30 pm, Trinity I room) we will look at Pope St. Gregory the Great and his mission to the Anglo-Saxons. Learn how this reformer solidified the role of the papacy as a guarantor of unity and order among the nations. Please join us.

# LITURGICAL LIVING

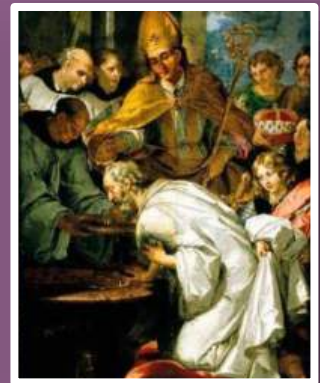
## March

**DEVOTION:  
ST. JOSEPH (LENT)**

**VIRTUE:  
RESPECT**

### CELEBRATING THE SAINTS

St. Rupert  
March 24



St. Gladys  
March 29



# LITURGICAL LIVING

## Palm Sunday

Follow the instructions below to create your palm crosses!



<p><b>1</b></p> <p>Holding a palm strip with the curled edge toward you, fold up the widest end in a loop about 2" long.</p>	<p><b>2</b></p> <p>Then fold the top piece downward until it covers the top of the previous fold and forms a loop about 2". Place a staple at the intersection.</p>
<p><b>3</b></p> <p>Bend the thin end of the palm to the right, creasing on a diagonal line.</p>	<p><b>4</b></p> <p>Fold the palm behind the cross, forming a loop about 1 1/2" on the left. Secure in the center with another staple.</p>
<p><b>5</b></p> <p>Continue the fold toward the front of the cross forming a loop 1 1/2" on the left. Secure it with another staple.</p>	<p><b>6</b></p> <p>Wrap the remainder of the palm over the top-right angle of the cross, bringing it straight across the back and over the top-left angle to the front. Cross it diagonally to the bottom-right corner . . .</p>
<p><b>7</b></p> <p>. . . straight across the back and bring it to the front from the bottom-left corner. Bring it from the bottom-left corner to the top-right corner and to the back again.</p>	<p><b>8</b></p> <p>Weave the small remaining piece in the back under loops and tie it off. If needed, you can use another staple or a drop of glue.</p>
<p><b>9</b></p> <p>Add dried flowers or a tiny bow.</p>	

## VOLUNTEERS NEEDED TO PREPARE AND DROP OFF FOOD FOR HOMELESS SHELTER FAMILIES

April 14 – 20

As a member church of the PWC Cooperative Council of Ministries (CCoM), our parish is obligated to provide nutritious, balanced dinners for the families residing at the Hilda Barg Homeless Prevention Center in Woodbridge two weeks each year. This year our first week is scheduled for April 14-20.

As of this writing, the shelter is housing 10 adults and 16 children, ranging in age from one infant to two teens. You may cook at home or in the Parish Kitchen. Meals should consist of an entree and two side dishes. Food should be dropped off at the shelter, hot and ready to serve, by 6:15-6:30 p.m.

This is a wonderful opportunity to teach children compassion for the needy while earning Confirmation or community service hours by shopping for ingredients, helping with food prep, and cleaning up!

Contact Betty Maher, Director of Human Concerns Outreach, at [b.maher@setonlakeridge.org](mailto:b.maher@setonlakeridge.org)/703.494.4008, ext. 105 to schedule a date for your family/group/ministry!



## SAVE THE DATE: SPRING BLOCK PARTY

Saturday, May 18 | 1:00pm – 9:00pm | Parish Grounds

Mark your calendars and save the date for our Spring Block Party! From good food, friendly competition, and more, we'll have something for everyone in the family to enjoy. All are invited to come and encouraged to bring family and friends along!

### Preview of what to expect:

- Food trucks
- Outdoor Games and Activities
- BBQ Cook Off
- Live Music and Entertainment
- International Tasting

### Want to get involved?

If you are interested in volunteering for our Spring Block Party or representing your home country in our international food tasting, please contact [t.caldaro@setonlakeridge.org](mailto:t.caldaro@setonlakeridge.org)



## ALL SAINTS 2024 CAR RAFFLE

Thanks to all who have contributed to the success of the car raffle. If you haven't gotten around to it, we need your help! If you are not able to participate, you can help by returning the tickets that you received in the mail. If you are purchasing your tickets, but haven't yet, please do it soon.

**The final deadline for ticket return is April 25<sup>th</sup>.**

Please note that raffle tickets must be returned to All Saints and can be mailed directly to All Saints in the envelope provided.  
*Checks payable to All Saints.*

For more, visit: <https://allsaintsva.org/giving/car-affle/>



## FOR CHILDREN

### SMALL GROUP ANNOUNCEMENTS

Group A Sessions meet today at 8:45 am and at 10:30 am; Group B will meet on April 7th at 10:30 am  
*There will be No Sessions on March 31st. Have a Blessed and Happy Easter!*

For Grades 1-8, assigned homework/chapters must be completed using My Catholic Faith Delivered (MCFD) by Wednesday of each week.

### CONFIRMATION CANDIDATES

Please turn in your Service Hours Form if you have not done so already.

A Mandatory Confirmation Meeting #4 will be on April 14th from 4:00 pm to 5:00 pm at Fellowship Hall. Items due that day are the Sponsor Certificate and Letter to Pastor. Instructions regarding the Letter to Pastor will be discussed at the Sessions **and** can also be found on our Sacrament Preparation page under Family Faith Formation on the website.

### ATTENTION PARENTS OF RISING PREK STUDENTS, AQUINAS IS OPENING AN ADDITIONAL 4-YEAR OLD PREK CLASSROOM FOR THE 2024-25 SCHOOL YEAR!

If interested, apply as soon as possible as the spaces will fill quickly! There are limited openings in Kindergarten through 5th grade and there is also a waiting pool availability for 6th through 8th grade.

For more information, contact the school office below!  
 13750 Mary's Way, Woodbridge, VA | Phone: 703-491-4447 | [www.aquinastars.org](http://www.aquinastars.org)



## FOR WOMEN

### SETON SENTINELS MONTHLY GATHERING

Monday, April 8 | 7:00pm – 8:30pm | Fellowship Hall

Ask anyone about what forgiveness means and you will get a different answer each time.

What does forgiveness really mean? How can you learn and practice forgiveness as God has forgiven you? As a Catholic, what are your avenues to forgive and move forward? Come join us for a talk on Forgiveness with Deacon Rob.

Each monthly meeting begins with a fun ice breaker, followed by an activity and finishes with a prayer. All women are invited!

### WEEKEND DISCERNMENT RETREAT

June 14-16 | Register by June 3

Has God made your heart for religious life? Take a step to find out. The annual diocesan discernment retreat for single women who feel called to a religious vocation is June 14-16.

Space is limited; deadline to register is Mon. June 3.

The Carmelite Sisters of the Most Sacred Heart of Los Angeles will lead the retreat this year. It will also include tools to aid your prayer and discernment, as well as opportunities for prayer, confession, spiritual direction, and Q&A with the sisters.

Cost is \$150 (financial assistance is available).

For more or to register, contact Fr. Michael Isenberg at [vocations@arlingtondiocese.org](mailto:vocations@arlingtondiocese.org).



## WOMEN'S SILENT RETREAT:

### THE BLESSED SACRAMENT & OUR BLESSED LADY WOMEN'S RETREAT

Friday – Saturday, April 5-7

This year we commemorate the Eucharistic Revival that is currently observed throughout our country and the Golden Jubilee of the Diocese of Arlington. Come to the Arlington Diocese's San Damiano Retreat Center and join Msgr. Mangan, from Mount St. Mary's Seminary, during the Octave of Easter and on Divine Mercy Sunday to ponder the awesome mystery of the Most Holy Eucharist and Mary's love for Holy Communion.

This silent retreat for women begins at 5:00pm on Friday, April 5, and ends at 1:00pm on Sunday, April 7!

Retreat cost is \$285 and financial assistance may be available. For further information or to register for this retreat, please contact Deacon Mark Maines at [mark.maines@arlingtondiocese.org](mailto:mark.maines@arlingtondiocese.org).

## FOR MEN

### THE RESURRECTION NARRATIVES MEN'S AND WOMEN'S RETREAT

Friday – Saturday, April 12-14 | San Damiano Retreat Center

The Four Gospels give us clear accounts of Jesus' resurrection. Come to the Arlington Diocese's San Damiano Retreat Center in White Post, VA and join Fr. Riley for a unique retreat. Together, we will treasure and ponder the great events of Resurrection Day and the weeks that follow as they are described in the four Gospels--comparing, contrasting, and harmonizing apparent "contradictions" between the accounts. The retreat is open to men and women. It begins at 5 p.m. on Friday, April 12, and ends at 1 p.m. on Sunday, April 14.

Retreat cost is \$285, and financial assistance may be available.

For further information or to register for this retreat, please contact Deacon Mark Maines at [mark.maines@arlingtondiocese.org](mailto:mark.maines@arlingtondiocese.org).

## FOR COUPLES



### SACRAMENTAL ADVENTURES IN MARRIAGE

Friday- Sunday, April 26 – 28 | St. Elizabeth Ann Seton, Seton Hall

Take your love to new heights and rediscover the sacrament of Marriage with your spouse! Designed to reach couples across the spectrum - from happy and highly motivated to struggling and highly stressed, the Adventures in Marriage retreat aims to help couples better understand themselves and each other!

This retreat is open to couples of all ages and stages, so wherever you are in your marriage, come as you are.

#### SPACE IS LIMITED!

To learn more or register, please visit: [livethelife.org/aim-virginia](http://livethelife.org/aim-virginia)

### A SPIRITUAL DATE NIGHT

Saturday, April 13

7:30pm – 9:00pm | \$20/couple



Looking to strengthen your marriage and your relationship with Christ?

Come join other Catholic couples for dessert, fellowship, spiritual talk, and reflection!

There will also be the opportunity for Confession. The event will be held at Divine Mercy University, 45154 Underwood Drive, Sterling.

For more info or to register, Scan the QR code or contact Charlie and Leslie McCullough at [cwmccfamily@gmail.com](mailto:cwmccfamily@gmail.com)

## THIS WEEK IN OUR PARISH

**Daily Rosary:** Mon-Sat | 8:25am – 8:55am | Main Church

**Daily Mass:** Mon-Sat | 9:00am – 9:30am | Main Church

**Sat. Vigil Mass:** 5:00pm | Main Church

**Sun. Masses:** 7:30am, 9am, 10:45am, 12:30pm | Main Church

### Sunday, March 24<sup>TH</sup> – Palm Sunday

8:00am – 9:00am	Praise and Worship Choir	Music Room
8:45am – 10:15am	Family Faith Formation Group A	
8:45am – 10:15am	Adult Formation	Fellowship Hall
9:00am – 11:30am	RCIA	Seton Hall
10:30am – 12:00pm	Family Faith Formation Group A	
10:30am – 12:00pm	Adult Formation	Fellowship Hall
3:00pm – 4:00pm	Pilgrimage to Italy Information Meeting	Fellowship Hall
5:00pm – 9:00pm	Traditional Choir Rehearsal	Main Church

### Monday, March 25<sup>TH</sup> - Monday of Holy Week

9:30am	Rosary for International Day of the Unborn Child	Chapel
9:45am – 11:00am	Eucharistic Revival Meeting	St. Mary Room
10:00am – 11:00am	Reception for International Day of the Unborn Child	Fellowship Hall
10:00am – 12:00pm	Seton Crafters	Trinity 2,3
7:00pm – 8:00pm	Al-Anon	St. Paul Room

### Tuesday, March 26<sup>TH</sup> - Tuesday of Holy Week

9:30am – 8:30pm	All Day Adoration	Chapel
9:30am - 10:30am	Blue Army Devotion	Chapel
10:00am – 11:30am	Legion of Mary	Trinity 3
4:00pm - 5:00pm	Children's Eucharistic Holy Hour	Chapel
7:30pm – 9:00pm	Finance Meeting	Office Conference

### Wednesday, March 27<sup>TH</sup> – Wednesday of Holy Week

9:30am – 11:30am	Divine Mercy Cenacle	St. Mary Room
1:30pm – 3:30pm	Lumen Christi Drama Club	Upper Seton Hall
6:30pm – 8:00pm	The Light is On for You Confessions	Main Church
6:30pm – 8:30pm	Mother of Joy Prayer Group	St. Paul Room

### Thursday, March 28<sup>TH</sup> – Holy Thursday of the Lord's Supper

3:00pm – 4:00pm	Altar Server Holy Thursday Practice	Main Church
7:30pm – 8:30pm	Mass of the Lord's Supper	Main Church
8:30pm – 12:00am	Reposed Adoration	Upper Seton Hall

### Friday, March 29<sup>TH</sup> – Friday Passion of the Lord

9:00am – 11:00am	Confessions	Main Church
3:00pm – 4:00pm	Stations of the Cross	Main Church
3:45pm	Divine Mercy Novena	Chapel
6:30pm – 7:15pm	Altar Server Good Friday Practice	Main Church
7:30pm – 8:30pm	Veneration of the Cross and the Lord's Passion	Main Church

### Saturday, March 30<sup>TH</sup> – Holy Saturday

9:00am	Blessing of Easter Baskets	Main Church
10:00am – 11:30am	RCIA Easter Vigil Practice	Main Church
12:00pm – 1:30pm	Women's Book Study	Bayley's Cellar
1:00pm – 2:30pm	Altar Server Easter Vigil Practice	Main Church
3:00pm	Divine Mercy Novena	Main Church
8:30pm – 11:00pm	Easter Vigil Mass	Main Church
11:00pm – 12:00am	RCIA Reception	Fellowship Hall

### PARISH OFFICE CLOSED

Thursday, March 28 – Monday, April 1

In observance of Holy Week and Easter, our Parish Office will be closed on Holy Thursday, March 28 through Easter Monday, April 1. There will be **NO Confessions** on Saturday (3:30pm) and Monday (7:00pm).

Regular operating hours will resume on Tuesday, April 2.

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