



# ST. ELIZABETH ANN SETON

ROMAN CATHOLIC CHURCH  
LAKE RIDGE, VA

[www.setonlakeridge.org](http://www.setonlakeridge.org)

## SETON SPOTLIGHT

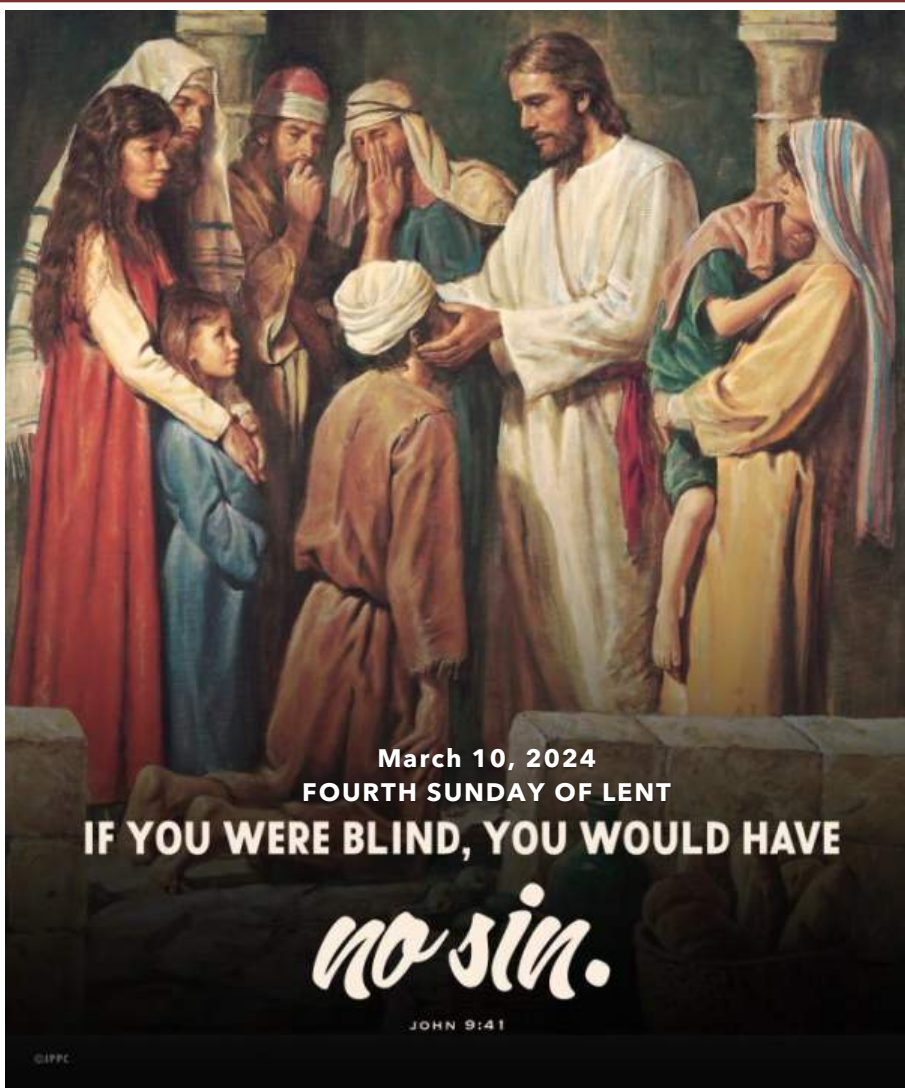
**TODAY**  
CATHOLIC POLITICAL  
THOUGHT  
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**FRIDAY, MARCH 15**  
ST. PATRICK'S DAY  
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**TUESDAY, MARCH 19**  
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CELEBRATION  
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**SUNDAY, MARCH 31**  
K. OF C. CHILDREN'S EASTER  
EGG HUNT (RSVP NOW!)  
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**APRIL 26-28**  
SACRAMENTAL ADVENTURES  
IN MARRIAGE (COUPLES  
RETREAT)  
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March 10, 2024  
FOURTH SUNDAY OF LENT  
**IF YOU WERE BLIND, YOU WOULD HAVE**  
*no sin.*

JOHN 9:41

**PARISH OFFICE:**  
12807 Valleywood Drive  
Lake Ridge, VA 22192

**Parish Office Hours:**  
Mon. & Wed.: 9:00am - 8:00pm  
Tues, Thurs, & Fri.: 9:00am - 4:00pm  
Sunday: 8:00am - 2:00pm

**Phone:** 703-494-4008 **Fax:** 703-494-1995  
**Email:** [receptionist@setonlakeridge.org](mailto:receptionist@setonlakeridge.org)  
**Sacramental Emergency:**  
571-455-0402

**CONFESSION SCHEDULE:**  
**Monday:** 7:00pm - 7:45pm  
**Friday:** 9:30am - 10:00am  
**Saturday:** 3:30pm - 4:30pm

**MASS SCHEDULE:**  
**Daily:** Monday - Saturday: 9:00am  
(Rosary at 8:25am)

**Saturday Vigil:** 5:00pm  
**Sun.:** 7:30am, 9:00am, 10:45am, 12:30pm  
**\*First Friday Evening Mass:** 7:00pm;  
*\*7:30pm during Lent*

**EUCCHARISTIC ADORATION:**  
**Tues/Thurs All Day Adoration:**  
9:30am - 8:30pm

**Tuesdays Children's Adoration**  
4:00pm - 5:00pm  
**First Friday All Night Adoration:**  
7:30pm - 8:30am (Sat.)

**MOTHER SETON FOOD PANTRY**  
Thursday 12:00pm - 2:00pm

**MOTHER SETON GIFT SHOP**  
Sunday.....8:15am - 2:00pm  
Monday.....**CLOSED**  
Tues-Thurs.....9:30am - 12:00pm  
\*Friday.....5:00pm - 8:00pm  
*\*During Lent Only, Excluding Good Friday*  
Saturday.....4:00pm - 6:30pm

**PARISH LIBRARY**  
Sunday.....8:15am - 2:00pm  
Mon/Wed.....9:00am - 8:00pm  
Tues/Thurs/Fri.....9:00am - 4:00pm  
Saturday.....4:00pm - 6:30pm

### NEW PARISHIONERS:

Welcome to Seton Lake Ridge! Please complete a registration card found in the church narthex or by stopping by the parish office. Please remember to notify us if you move, or of any changes to your contact information.

### RETURNING CATHOLICS:

Everyone is invited to rediscover the gift of our faith and the unique role that each of us has in this family of God. *Welcome home!*

### RCIA:

If you are interested in becoming Catholic or learning more about the faith, please contact the parish office.

### BAPTISMS:

Occurs every 2nd and 4th Sunday. Please contact the parish office to set a date and to register for the required Baptism workshop.

### PASTORAL CARE of the SICK:

Please notify us of parishioners who are hospitalized or homebound. **Holy Communion** and the **Sacraments of Penance** and **Anointing of the Sick** are arranged by the parish office. In a danger-of-death situation, call the parish emergency line, 571- 455-0402.

### MATRIMONY:

Congratulations on your engagement! Registered parishioners wishing to be married here, or elsewhere, are asked to contact one of the parish clergy at least six months in advance of their intended wedding date to begin the Pre-Cana preparation process

### HOLY ORDERS & CONSECRATED LIFE:

Seeking information about the priesthood, diaconate, or consecrated religious life? If so, please contact one of the parish clergy or the diocesan Office of Vocations, 703-841-2514.

### FUNERAL ANNOUNCEMENTS:

You can find Parish Funeral Information on our website: [setonlakeridge.org/liturgy/funerals/upcomingfunerals](http://setonlakeridge.org/liturgy/funerals/upcomingfunerals).

### BLESSINGS:

**Sacramental Blessings:** Every 1st Saturday of the month after the 9:00am Mass, a priest will bless Sacramentals near the Baptismal Font. **Car Blessings:** Every Ember Day Saturday after the 9:00am Mass, a priest will bless your vehicles. Please park near Seton Hall for this blessing. (See Ember Days below) *Note: Previously blessed items are not to be blessed again.*

### BULLETIN SUBMISSIONS:

Must be sent in using the *Communications Submission Form* found on [setonlakeridge.org/bulletins](http://setonlakeridge.org/bulletins) on, **Monday, two weeks** before the Sunday publication date. *Note: Due to space limitations, submissions are not guaranteed a space.*

### EMBER DAYS:

Here at St. Elizabeth Ann Seton Catholic Church, we celebrate Ember Days as part of Living Liturgically in our parish. Ember Days are celebrated four times a year, following the seasons: Winter, Spring, Summer, Fall. Each season consists of three days of celebration: Reflection, Mass/Adoration/Confession, and Stewardship. More information will always be provided on pg.5 of the bulletin as we near our Ember Days each season.

**THE PARISH OFFICE PHONE NUMBER IS: 703-494-4008**

### PARISH CLERGY

**Reverend Brian Bashista, Pastor**  
703-494-4008  
[pastor@setonlakeridge.org](mailto:pastor@setonlakeridge.org) (Non-Confidential)

**Reverend Charles Merkle III, Parochial Vicar**  
703-494-4008  
[frmerkle@setonlakeridge.org](mailto:frmerkle@setonlakeridge.org)

**Reverend Mr. Rob Warner, Deacon**  
703-494-4008  
[dcnrob@setonlakeridge.org](mailto:dcnrob@setonlakeridge.org)

### DISCIPLESHIP

**Kris Fischer, Director of Disciple Formation Ext 137**  
[k.fischer@setonlakeridge.org](mailto:k.fischer@setonlakeridge.org)

### FAMILY FAITH FORMATION

**Mylene Garcia, Coordinator - Ext 126**  
[m.garcia@setonlakeridge.org](mailto:m.garcia@setonlakeridge.org)

### HUMAN CONCERNS OUTREACH

**Betty Maher, Director - Ext 105**  
[b.maher@setonlakeridge.org](mailto:b.maher@setonlakeridge.org)

### MUSIC

**Carter Stevens, Director & Organist - Ext 108**  
[c.stevens@setonlakeridge.org](mailto:c.stevens@setonlakeridge.org)

### PARISH OFFICE

**Christine O'Hearn, Office Manager & Pastor's Assistant - Ext 127**  
[c.ohearn@setonlakeridge.org](mailto:c.ohearn@setonlakeridge.org)

**Robert Yates, Business Manager - Ext 136**  
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**Violet LaVille, Database Mgr & Financial Assistant - Ext 131**  
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**Walter Purdy, Facilities Manager - Ext 107**  
[w.purdy@setonlakeridge.org](mailto:w.purdy@setonlakeridge.org)

**Jenny Jones, Receptionist - Ext 123**  
**Tracy Grubbs, Receptionist**  
[receptionist@setonlakeridge.org](mailto:receptionist@setonlakeridge.org)

### PARISH SCHOOL

**St. Thomas Aquinas Regional School**  
13750 Mary's Way, Woodbridge, VA 22191  
Sister Mary Sabrina, O.P., Principal  
Phone: 703-491-4447 | Fax: 703-492-8828  
[www.aquinastars.org](http://www.aquinastars.org)

## FROM OUR DEACON



The Stations of the Cross are a communal prayer where we make a spiritual pilgrimage to the sights of Jesus' last few hours of his life. They allow us to participate in his passion and death through meditation, contemplation, and prayers.

The early Christians suffered persecution from the Roman Empire and were not able to make pilgrimages to the Holy Land. When the emperor Constantine ended persecution and legalized Christianity in 313, this opened the way for Christians to visit the Holy Land and the places of Jesus' last few hours. However, not everyone could visit the Holy Land; it was expensive and often dangerous. So, in the fifth century, an interest developed to "reproduce" the holy places of Jesus' passion in other areas, so that many could make a spiritual pilgrimage.

This spiritual pilgrimage is called the Stations (or Way) of the Cross. During this spiritual pilgrimage there are various stops (or "stations") along the way depicting various scenes of Jesus' passion and death (such as Jesus is condemned to death, Jesus carries his cross, and the final one, Jesus is laid in the tomb). Each station usually has pictures or images portraying each event.

A plenary indulgence can be obtained by those who prayerfully exercise the Stations of the Cross. Even though all of our sins may have been forgiven during our lifetime, the consequences of those sins still remain, requiring that our souls be purified before we can enter heaven. Temporal punishment, either here on earth or in purgatory, purifies our soul. A plenary indulgence removes all temporal punishment that is required.

The Manual of Indulgences states, "According to common custom, the pious exercise consists of 14 devotional readings, to which some vocal prayers are added. To make the Way of the Cross, however, it is sufficient to meditate devoutly on the Lord's Passion and death, and therefore reflection on the particular mysteries of the individual stations is not necessary."

The Manual goes on to state, "Progression from one station to the next is required. If the pious exercise is made publicly, and moving from station to station by all participants is not possible without inconvenience, it is sufficient that at least the one conducting the Way of the Cross progress from station to station, while the others remain in their place. Those legitimately impeded can acquire the same indulgence, if they spend some time, e.g., at least a quarter of an hour, in reading and meditating on the Passion and death of our Lord Jesus Christ."

To obtain the plenary indulgence one must also have a complete detachment from sin (including venial sins) and fulfill the following three conditions: sacramentally confess your sins, receive Holy Communion, and pray for the intentions of the pope. These three conditions may be fulfilled either several days before or after attending the Stations of the Cross. However, it is suggested that Communion be received and the prayer for the Holy Father be completed on the same day that you attend the Stations.

The Stations of the Cross usually last about 30 minutes. What a beautiful gift Jesus has given us through the intervention of our Church, the ability to wipe out all temporal punishment needed to obtain heaven. This indulgence can be applied either to ourselves or to one who has passed away. Think about it; if you offer this indulgence for a deceased loved one for only 30 minutes, you may be the one to get them into heaven.

## WEEKLY REFLECTION

### God's Openness

If everything we intellectually know about God had been allowed to sink into – and come alive in – our hearts, we would have become saints long ago. It is the Holy Spirit who transforms our intellectual knowledge to a knowledge of the heart. It is the Spirit who makes our dead knowledge come alive. What books and teachers have taught "from without" the Spirit will teach "from within." The Spirit not only bestows God's life on us, he teaches us to value it, confirm it, live from it. The Spirit is a wise teacher who shows how we are to learn from him, and how we are to interiorize his inspirations and impulses.

If you are willing to receive and let him in, you will receive some of his openness. You will leave your stuffiness behind and start sharing what is the very best in you.

The receptivity of the disciples that first day of Pentecost was so complete that they no longer spoke only their own mother tongue but also the unknown languages of the people gathered around them.

If you are among those who have discovered that the doors to God's own being are open wide to you, then you are also called to share your discovery with others.

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# MASS INTENTIONS & READINGS OF THE WEEK

## Sunday, March 10<sup>th</sup>

5:00 p.m. † Ronald Huff  
*Vigil*  
 7:30 a.m. Donna Dansey  
 9:00 a.m. † Beth Coyle  
 10:45 a.m. For the Souls Dying Today  
 12:30 p.m. For the People of St. Elizabeth Ann Seton

## Monday, March 11<sup>th</sup>

9:00 a.m. Kevin Smith

## Tuesday, March 12<sup>th</sup>

9:00 a.m. † Filomena Onate

## Wednesday, March 13<sup>th</sup>

9:00 a.m. † John Sheeran

## Thursday, March 14<sup>th</sup>

9:00 a.m. † Tite Rivera

## Friday, March 15<sup>th</sup>

9:00 a.m. † Walter Katakinski St.

## Saturday, March 16<sup>th</sup>

9:00 a.m. Lucia Bich Fudge  
 5:00 p.m. Carolyn Kim  
*Vigil*

**Sunday:** Ex 20:1-17 or Ex 20:1-3, 7-8, 12-17 Ps 19:8, 9, 10, 11 1 Cor 1:22-25 Jn 2:13-25

**Monday:** 2 Kgs 5:1-15ab Ps 42:2, 3; 43:3, 4 Lk 4:24-30

**Tuesday:** Dn 3:25, 34-43 Ps 25:4-5ab, 6 and 7bc, 8-9 Mt 18:21-35

**Wednesday:** Dt 4:1, 5-9 Ps 147:12-13, 15-16, 19-20 Mt 5:17-19

**Thursday:** Jer 7:23-28 Ps 95:1-2, 6-7, 8-9 Lk 11:14-23

**Friday:** Hos 14:2-10 Ps 81:6c-8a, 8bc-9, 10-11ab, 14 and 17 Mk 12:28-34

**Saturday:** Hos 6:1-6 Ps 51:3-4, 18-19, 20-21ab Lk 18:9-14

*Key: Memorial (M), Optional Memorial (m), Feast (F), S (Solemnity)*

## COLLECTIONS FOR FEBRUARY 2024

Collection ( <i>Average Weekly</i> )	\$ 31,138.25
Capital Improvements	\$ 6,315.00
Poor Box	\$ 850.00
Votives	\$ 1,988.96
Flowers	\$ 245.00

### Special Collections

Arlington Catholic Herald	\$ 3,713.00
Central/Eastern Europe	\$ 3,519.00
Black & Indian Missions	\$ 3,088.00

**Thank you for your generous donations!**



## CAPITAL CAMPAIGN 2021

### Capital Campaign 2021 (CC2021) Extension.

The Parish reached a total Extended Campaign pledge amount of \$1,172,298. The combined pledge amount for the 'original' Capital Campaign and Extended Campaign is \$4,644, 406. Thank you to all for your generous contributions!

If you have questions on the status of our Capital Campaign, Legacy of Faith, please contact me at your convenience via e-mail at [r.yates@setonlakeridge.org](mailto:r.yates@setonlakeridge.org) or phone at 703-494-4008.

God bless!

Robert Yates, Business Manager

## REMEMBER IN YOUR PRAYERS

**The sick of our parish family:** John Sullivan, Joe Dicorpo, Ernest Tabor

**The deceased of our parish family:** Ellie Pekala, Joyce Donohue, Carla Mejia, Joanna Peverrett, James A. Patrick, Sr. Aninna Scharper

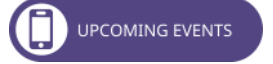
*Dear God,*

*We place our worries in Your hands. We place our sick under Your care and humbly ask that you restore your servants to health again. Above all, grant us the grace to acknowledge your will and know that whatever You do, you do for the love of us.*

*Amen*



## FEATURED EVENTS AND INITIATIVES



### Lenten Soup Supper:

Friday, March 15 | 5:00pm – 7:00pm | Fellowship Hall

Share a meal with family and friends! The Knights of Columbus will provide soup and grilled cheese; bring a soup or meatless dish to share.

### Stations of the Cross:

Fridays, March 15 | Main Church

*Children's Stations:* 5:00pm – 5:30pm

*Regular Stations:* 7:00pm – 7:30pm

### The Light Is On For You (Wednesday Confessions)

Wed., March 13 | 6:30pm – 8:00pm | Main Church

In addition to our regular Monday, Friday, and Saturday Confession times, we will also be including Wednesdays for Lent only.

### ST. PATRICK'S DAY STORYTIME

March 15 | 6:15pm – 7:00pm  
Parish Library

Come for the children's Stations of the Cross and the soup supper and stay for story time! All grade school children are invited to celebrate St. Patrick's Day with a read-aloud of the book "Patrick: Patron Saint of Ireland" by Tomie dePaola. Storytime will take place in the parish library on Friday, March 15 and will include snacks and an activity.

Parents are requested to remain with their children for the duration of story time (it is not a drop-off). Please RSVP using the QR code to ensure adequate supplies!

*Last-minute walk-ins are welcome, but we cannot guarantee supplies for your children.*



### ST. JOSEPH'S FEAST DAY

March 19 | After 9:00am Mass | Fellowship Hall

Join us in celebration of the Feast Day of St. Joseph! Following the 9:00am Mass on Tuesday, March 19, join us in Fellowship Hall for some cake and fun activities!

Birdhouses will be available for building, and the St. Joseph's Workshop will also be open during this time! Scan the QR code above for more information.



### K. OF C. BLOOD DRIVE

Saturday, March 23 | 7:00am – 11:30am | Seton Hall

Knights of Columbus will be hosting a blood drive in Seton Hall with INOVA Blood Donor Services on Saturday March 23 from 7:00am to 11:30am. Please help save a life and donate blood if you are eligible. You can sign up using [bit.ly\SEAS0318](https://bit.ly/SEAS0318), the Upcoming Events QR Code, or by contacting Kevin Tamai at [tamaikevin@gmail.com](mailto:tamaikevin@gmail.com) or 703-622-6861.

### SPRING CONTACTLESS PAPER SHREDDING

Sat., March 30 | 10:00am – 12:00pm  
Parish Grounds

Family, friends, parishioners and neighbors! If you know anyone who has been house cleaning during the last several months now is the time to get rid of all those old papers, tax records, business files, bills, and old personal paper items, share the word! This is a free shred, and we are only asking for donations!

Scan the Upcoming Events QR Code above to

### EASTER EGG HUNT

Sunday, March 31 | 1:45pm | Seton Hall

Join us in continuing the Easter Sunday celebration after the 12:30pm Mass for our annual Easter Egg Hunt. All are invited for this afternoon of fun and fellowship!

If you would like your child(ren) to participate in the Easter Egg Hunt, *please RSVP for all children and adults* who will be in attendance. **Hunt will be released in groups: ages 1-3, ages 4-6, and ages 7 - 10.**

Scan the Upcoming Events QR Code above to Register!



## VOLUNTEERS NEEDED TO PREPARE AND DROP OFF FOOD FOR HOMELESS SHELTER FAMILIES

April 14 – 20

As a member church of the PWC Cooperative Council of Ministries (CCoM), our parish is obligated to provide nutritious balanced dinners for the families residing at the Hilda Barg Homeless Prevention Center in Woodbridge two weeks each year. This year our first week is scheduled for April 14-20.

As of this writing, the shelter is housing 10 adults and 16 children, ranging in age from one infant to two teens. You may cook at home or in the Parish Kitchen. Meals should consist of an entree and two side dishes. Food should be dropped off at the shelter, hot and ready to serve, by 6:15-6:30 p.m.

This is a wonderful opportunity to teach children compassion for the needy while earning Confirmation or community service hours shopping for ingredients, helping with food prep, and cleanup!

Contact Betty Maher, Director of Human Concerns Outreach, at [b.maher@setonlakeridge.org](mailto:b.maher@setonlakeridge.org)/703.494.4008, ext. 105 to schedule a date for your family/group/ministry!



The poster features a background image of people in a church setting. A large 'EM' logo is overlaid on the image. In the top right corner, a black box contains the text 'MAY 3-4'. The main text reads 'SCHOOL OF HEALING' in large, bold, black letters, followed by '2-DAY WEEKEND SCHOOL' in smaller black letters. At the bottom, the location is listed: 'ST. ELIZABETH ANN SETON FELLOWSHIP HALL, 12807 VALLEYWOOD DRIVE, LAKE RIDGE, VA 22192'. A QR code is located in the bottom right corner of the poster.

### ENCOUNTER MINISTRIES: SCHOOL OF HEALING

Friday – Saturday, May 3-4 | Fellowship Hall

Jesus promised "These signs will accompany those who believe... They will lay hands on the sick and they will recover." (Mark 16:17) Jesus has called us to do what He did, and that includes healing the sick. This event is a two-day conference to teach, impart, and activate Christians to be more effective ministers of Jesus' healing in the world. **Are you going to give Him the chance?** Scan the QR code to learn more about the School of Healing, the conference schedule, or to register!

### ALL SAINTS CAR RAFFLE—UPDATE

Thank you to all those who have returned their car raffle tickets! A special thank you goes out to those who have also requested extra tickets to sell to their relatives, friends, co-workers, and more! Sales are off to a great start, and we are excited to be participating in the All Saints Church Multi Car Raffle again this year! Prizes include four 2024 vehicles from Ourisman Ford of Manassas: Ford Escape, Mustang, Ranger Truck and Bronco Sport.

The raffle continues to benefit our parish and many other charitable causes throughout the diocese, as it has in the past. We hope that you will support our efforts by buying or selling your tickets. Please make your checks payable to All Saints!

# LITURGICAL LIVING

## March

DEVOTION:  
ST. JOSEPH (LENT)

VIRTUE:  
RESPECT

CELEBRATING THE  
SAINTS

St. Finian Lobhar  
March 16



Photo from [anastpaul.com](http://anastpaul.com)

### About St. Finian Lobhar...

Irish abbot, a disciple of St. Columba. He was born in Bregia, Leinster, Ireland. Tradition credits him with founding a church at Innisfallen and a monastery there as well. After a stay in Clonmore, Finian Lobhar became abbot of Swords Abbey near Dublin. He may have returned to Clonmore in his later years and was called Lobhar, "the Leper," but apparently did not have that disease. He acquired the name when he contracted leprosy from a young boy whom he cured of the disease

(catholic.org)

# LITURGICAL LIVING

## Stewardship Reflection: Fourth Sunday of Lent

For God so loved the world that  
he gave his only Son..."  
(John 3:16)



Of all the wonderful gifts that God has given to us, the gift of His own Son is truly the greatest. How can we ever thank God for a gift like that? God does not ask us to sacrifice our own precious firstborn, but He does ask that we are grateful and generous with our God-given gifts. That we nurture and develop our gifts, and in gratitude, generously give back with increase our time in prayer, our talent in charitable works and our treasure to support the mission and ministry of our parish and greater Church.

([arlingtondiocese.org](http://arlingtondiocese.org))



### SAVE THE DATE: SPRING BLOCK PARTY

Saturday, May 18 | 1:00pm – 9:00pm | Parish Grounds

Mark your calendars for our Spring Block Party! Bring your family and friends and join us for an evening of music, food, games, and some friendly competition!

### Join the Spring Block Party Service Team!

Do you have a knack for planning and organizing? Do you know or have you suspected your charisms may be in the areas of Administration, Service, Helps, Creativity or Hospitality? The Holy Spirit may be tugging at you to use your charisms in service to St. Elizabeth Ann Seton! Our parish is looking for individuals to help organize and execute our next major outreach event for the Spring Block Party, and we need many hands. *Don't bury your talent! You were born for this!*

Please contact Teresa Caldaro at [t.caldaro@setonlakeridge.org](mailto:t.caldaro@setonlakeridge.org) for more information and other inquires.

### DIOCESAN JUBILEE FESTIVAL

Saturday, June 8 | 3:45pm – 9:30pm | **FREE FOR ALL AGES!**

Warren County Fairgrounds Front Royal, VA

Bishop Burbidge invites you to the Diocesan Jubilee Fest at Warren County Fairgrounds in Front Royal, Virginia on Saturday, June 8, 2024! Celebrate the 50th anniversary of the Diocese of Arlington with your parish family and thousands of faithful from across northern Virginia. Kick off the festival by giving thanks to God with the celebration of the Holy Sacrifice of the Mass, celebrated by Bishop Burbidge, and following Mass, enjoy live music by headliner Celtic rock band, Scythian!

#### Preview of what to expect:

- A variety of on-site food and beverages available-including hot dogs & hamburgers, pupusas, tacos, ice cream, dessert trucks, wine and more!
- Amusement rides, inflatables, games
- Multicultural music and performances including a Trio, Salvadorian and Vietnamese dancing and Korean drumming
- Shop and mingle with local Catholic vendors and more!

To see the full preview of the schedule or to register, please visit [arlingtondiocese.org/jubilee-fest/](http://arlingtondiocese.org/jubilee-fest/) OR scan the QR code!

*Please note: Registration is required to receive complimentary food.*





## FOR CHILDREN

### SMALL GROUP ANNOUNCEMENTS:

Group A sessions meet today at 8:45 am and at 10:30 am.  
Group B will meet next Sunday, March 17th at 10:30 am.

*For Grades 1-8, assigned homework/chapters must be completed using My Catholic Faith Delivered (MCFD) by Wednesday of each week.*

### CONFIRMATION CANDIDATES:

#### Service Hours Form

Please submit your Service Hour Form, if you have not done so already, NLT March 16. The following are due within the next few weeks: Sponsor Form; Sponsor Certificate; and Letter to the Pastor. Refer to the Confirmation Guidelines on our website for detailed instructions on the letter to the Pastor.

### ST. THOMAS AQUINAS REGIONAL SCHOOL: NOW ACCEPTING APPLICATIONS FOR THE 2024-25 SCHOOL YEAR



PreK through 8th Grade | Tuition Assistance Available  
Call now to schedule for PreK and K Screenings!

- Administered by the Dominican Sisters of St. Cecilia
- Advanced courses in Math and Language Arts
- Diverse Student Body
- Interactive boards in every classroom

*Aquinas is happy to be the Catholic School for St. Elizabeth Ann Seton!*

13750 Mary's Way, Woodbridge, VA | Phone: 703-491-4447 | [www.aquinastars.org](http://www.aquinastars.org)



## FOR YOUTH

### SAVE THE DATE: QUO VADIS 2024 SUMMER CAMP

Sunday – Thursday, July 7-11



The Quo Vadis group of the Diocese of Arlington offers fun and formative events for young men currently in grades 9-12. These events aim to help young men grow in their relationship with Christ, interact with seminarians and priests, and learn more about vocations.

This summer the prospective camp date is July 7-11! While there are still some finalizations happening, Quo Vadis is planning to open the lottery in March, so stay tuned to [ArlingtonDiocese.com/QuoVadis](http://ArlingtonDiocese.com/QuoVadis)!

### SAVE THE DATE: FIAT 2024 CAMP

Sunday – Thursday, July 14-18



Similarly to the young men's Quo Vadis Group, the FIAT group offers fun and formative events throughout the year for young women currently in grades 9-12. One of FIAT's major events of the year is their annual Summer Camp which is a wonderful opportunity for young women to grow in their relationship with Christ, interact with religious sisters, and fellowship with other young women of faith! Lottery for camp is projected to open in March, so stay tuned to [ArlingtonDiocese.org/FIAT](http://ArlingtonDiocese.org/FIAT) for updates and details!



## YOUTH MINISTRY MONTHLY GATHERING

Every 3rd Sunday of the Month; March 17 | 6:30pm – 8:30pm | Lower Seton Hall

All current 6th-12th grade teens in public, private, or home school are invited to join us for our March YM Monthly Gathering! We will meet in Lower Seton Hall and begin with snacks and socializing. You can expect to meet new friends, get to know your adult youth ministers, play games, and hear a brief talk on the month's theme and announcements for upcoming youth ministry opportunities.

For any questions or inquiries, please email [youthministry@setonlakeridge.org](mailto:youthministry@setonlakeridge.org)

## FOR WOMEN

### WOMEN'S SILENT RETREAT: THE BLESSED SACRAMENT & OUR BLESSED LADY WOMEN'S RETREAT

Friday – Saturday, April 5-7 | San Damiano Retreat Center, White Post, VA

This year we commemorate the Eucharistic Revival that is currently observed throughout our country and the Golden Jubilee of the Diocese of Arlington. Come to the Arlington Diocese's San Damiano Retreat Center and join Msgr. Mangan, from Mount St. Mary's Seminary, during the Octave of Easter and on Divine Mercy Sunday to ponder the awesome mystery of the Most Holy Eucharist and Mary's love for Holy Communion.

This silent retreat for women begins at 5:00pm on Friday, April 5, and ends at 1:00pm on Sunday, April 7! Retreat cost is \$285 and financial assistance may be available. For further information or to register for this retreat, please contact Deacon Mark Maines at [mark.maines@arlingtondiocese.org](mailto:mark.maines@arlingtondiocese.org).

## FOR MEN

### MEN'S LENTEN EVENING OF REFLECTION

Wednesday, March 20 | 7:00pm – 9:00pm Divine Mercy University, Sterling, VA

*Looking to grow in your relationship with Christ?*

Alongside Catholic formation through spiritual talks, reflection, prayer, and fellowship, this Lenten series also provides a space for men to come together and deepen their relationship with God.

Mass and opportunities for confession are also offered.

The sessions are Wednesday, February 21, and Wednesday, March 20, from 7-9 p.m. at Divine Mercy University, 45154 Underwood Drive, Sterling.

#### Schedule:

7:00pm – Mass  
7:30pm – Dinner  
8:00pm – Spiritual Talk  
8:30pm – Reflection  
8:45pm – Practical Talk/Small Group

**Directions:** From 66: Exit 53 and merge onto VA-28 N. Take VA-606 W/Old Ox Rd exit toward US-50 W. Turn right onto State Rte 866. Turn right into parking lot. Building located on right.

**For More Information or to Register:** Contact Charlie McCullough at [mccullough.charlie@gmail.com](mailto:mccullough.charlie@gmail.com) or 703-969-2930.

## FOR COUPLES



### SACRAMENTAL ADVENTURES IN MARRIAGE

Friday– Sunday, April 26 – 28 | St. Elizabeth Ann Seton

Take your love to new heights and rediscover the sacrament of Marriage with your spouse! Designed to reach couples across the spectrum – from happy and highly motivated to struggling and highly stressed, the Adventures in Marriage retreat aims to help couples better understand themselves and each other! This retreat is open to couples of all ages and stages, so wherever you are in your marriage, come as you are. **SPACE IS LIMITED!** To learn more or register, please visit: [livethelife.org/aim-virginia](http://livethelife.org/aim-virginia)

## THIS WEEK IN OUR PARISH

**Daily Rosary:** Mon-Sat | 8:25am – 8:55am | Main Church

**Sat. Vigil Mass:** 5:00pm | Main Church

**Daily Mass:** Mon-Sat | 9:00am – 9:30am | Main Church

**Sun. Masses:** 7:30am, 9am, 10:45am, 12:30pm | Main Church

### Sunday, March 10<sup>TH</sup>

8:00am – 9:00am	Praise and Worship Choir	Music Room
8:45am – 10:15am	Family Faith Formation Group A	
10:30am – 12:00pm	Adult Formation	Fellowship Hall
9:00am – 11:30am	RCIA	Seton Hall
10:30am – 12:00pm	Family Faith Formation Group A	
10:30am – 12:00pm	Adult Formation	Fellowship Hall
12:15pm – 1:15pm	Logistics Meeting	St. Mary Room
1:45pm – 3:15pm	Catholic Political Thought	Trinity 1
3:00pm – 5:00pm	Core Team Lenten Workshop	Fellowship Hall
6:30pm – 8:00pm	Youth Ministry Boys Small Group	Lower Seton Hall

### Monday, March 11<sup>TH</sup>

9:45am – 11:00am	Eucharistic Revival Meeting	St. Mary Room
10:00am – 12:00pm	Seton Crafters	Trinity 2,3
7:00pm – 8:00pm	Al-Anon	St. Paul Room
7:00pm – 9:00pm	Hope and Healing Workshop	Bayley's Cellar

### Tuesday, March 12<sup>TH</sup> - St. Gregory of Narek (m)

9:30am – 8:30pm	All Day Adoration	Chapel
9:30am – 10:30am	Blue Army Devotion	Chapel
4:00pm – 5:00pm	Children's Eucharistic Holy Hour	Chapel
7:00pm – 8:00pm	WorkCamp 2024	Bl. C. Acutis Youth Center

### Wednesday, March 13<sup>TH</sup>

9:30am – 11:30am	Divine Mercy Cenacle	St. Mary Room
9:45am – 10:30am	Wednesday Bible Study	St. Peter Room
1:30pm – 3:30pm	Lumen Christi Drama Club	Upper Seton Hall
6:30pm – 8:00pm	The Light is On for You Confessions	Main Church
6:30pm – 8:30pm	Mother of Joy Prayer Group	St. Paul Room
7:00pm – 8:30pm	Task Force Meeting	Office Conference

### Thursday, March 14<sup>TH</sup>

9:30am – 8:30pm	All Day Adoration	Chapel
9:30am – 10:30am	Divine Mercy Cenacle	Chapel
12:00pm – 2:00pm	Mother Seton Food Pantry	Fellowship Hall
1:00pm – 4:00pm	Silver Foxes Bunco	Upper Seton Hall
5:00pm – 6:00pm	Children's Choir Rehearsal	Music Room
6:00pm – 7:30pm	American Heritage Girls Troop Meeting	Lower Seton Hall
6:00pm – 8:00pm	Trail Life USA	Upper Seton Hall
7:00pm – 8:30pm	Thursday Bible Study	St. Mary Room
7:00pm – 9:00pm	Traditional Choir Rehearsal	Music Room

### Friday, March 15<sup>TH</sup>

9:30am – 12:00pm	Moms Group	Nursery
9:45am – 11:30am	Friday Morning Faith Sharing	Sts. Peter and Paul Rooms
10:00am – 11:30am	Legion of Mary	Trinity 3
4:00pm – 5:00pm	Moms Group	Nursery
5:00pm – 5:30pm	Children's Stations of the Cross	Main Church
5:00pm – 7:00pm	Lenten Soup Supper	Fellowship Hall
7:00pm	Stations of the Cross	Main Church

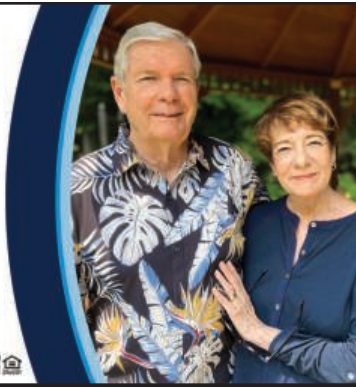
### Saturday, March 16<sup>TH</sup>

7:00am – 9:00am	That Man Is You! (TMIY!)	Fellowship Hall
8:25am	Daily Rosary	Main Church
9:30am – 11:00am	Women's Book Study	Bayley's Cellar

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