



# ST. ELIZABETH ANN SETON

ROMAN CATHOLIC CHURCH  
LAKE RIDGE, VA

[www.setonlakeridge.org](http://www.setonlakeridge.org)

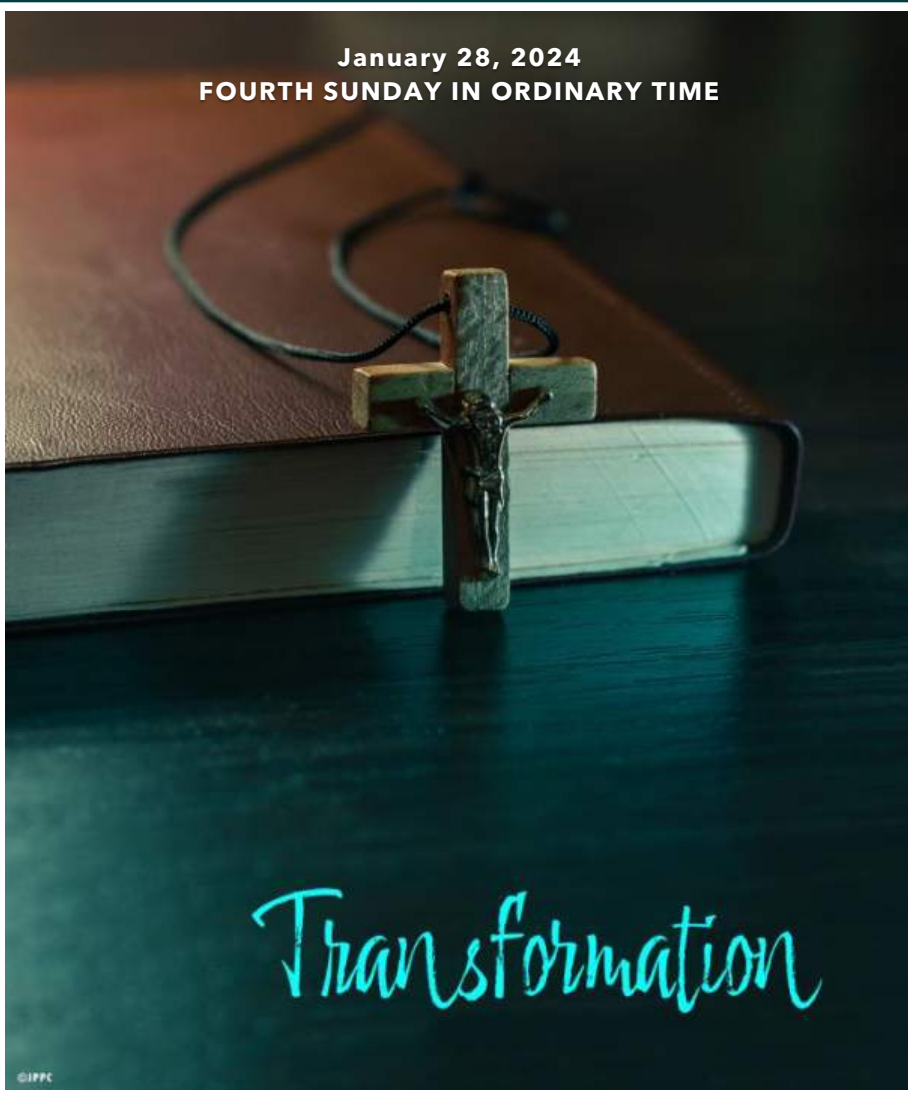
## SETON SPOTLIGHT

**FRIDAY, FEBRUARY 2**  
CANDLEMAS CANDLE  
BLESSINGS  
*PAGE 5*

**SATURDAY, FEBRUARY 3**  
BLESSING OF THE THROATS  
(9:00AM MASS ONLY)  
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**FRIDAY, FEBRUARY 3/4**  
TICKET SALES FOR MARDI  
GRAS DINNER CELEBRATION  
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**SATURDAY, FEBRUARY 7**  
DEADLINE TO REGISTER FOR  
THE VA MARCH FOR LIFE  
*PAGE 5*



January 28, 2024  
FOURTH SUNDAY IN ORDINARY TIME

Transformation

©1998

**PARISH OFFICE:**  
12807 Valleywood Drive  
Lake Ridge, VA 22192

**Parish Office Hours:**  
Mon. & Wed.: 9:00am - 8:00pm  
Tues, Thurs, & Fri.: 9:00am - 4:00pm  
Sunday: 8:00am - 2:00pm

**Phone:** 703-494-4008 **Fax:** 703-494-1995  
**Email:** [receptionist@setonlakeridge.org](mailto:receptionist@setonlakeridge.org)  
**Sacramental Emergency:**  
571-455-0402

**CONFESSION SCHEDULE:**  
**Monday:** 7:00pm - 7:45pm  
**Friday:** 9:30am - 10:00am  
**Saturday:** 3:30pm - 4:30pm

**MASS SCHEDULE:**  
**Daily:** Monday - Saturday: 9:00am  
(Rosary at 8:25am)

**Saturday Vigil:** 5:00pm  
**Sun.:** 7:30am, 9:00am, 10:45am, 12:30pm  
**First Friday Evening Mass:** 7:00pm;  
(7:30pm during Lent)

**EUCCHARISTIC ADORATION:**  
**Tues/Thurs All Day Adoration:**  
9:30am - 8:30pm

**Tuesdays Children's Adoration**  
4:00pm - 5:00pm  
**First Friday All Night Adoration:**  
7:30pm - 8:30am (Sat.)

**MOTHER SETON FOOD PANTRY**  
Thursday 12:00pm - 2:00pm

**MOTHER SETON GIFT SHOP**  
Sunday.....8:15am - 2:00pm  
Monday.....**CLOSED**  
Tues-Thurs.....9:30am - 12:00pm  
\*Friday.....**CLOSED**  
\*Lenten Hours.....5:00pm - 8:00pm  
Saturday.....4:00pm - 6:30pm

**PARISH LIBRARY**  
Sunday.....8:15am - 2:00pm  
Mon/Wed.....9:00am - 8:00pm  
Tues/Thurs/Fri.....9:00am - 4:00pm  
Saturday.....3:30pm - 5:15pm

### NEW PARISHIONERS:

Welcome to Seton Lake Ridge! Please complete a registration card found in the church narthex or by stopping by the parish office. Please remember to notify us if you move, or of any changes to your contact information.

### RETURNING CATHOLICS:

Everyone is invited to rediscover the gift of our faith and the unique role that each of us has in this family of God. *Welcome home!*

### RCIA:

If you are interested in becoming Catholic or learning more about the faith, please contact the parish office.

### BAPTISMS:

Occurs every 2nd and 4th Sunday. Please contact the parish office to set a date and to register for the required Baptism workshop.

### PASTORAL CARE of the SICK:

Please notify us of parishioners who are hospitalized or homebound. **Holy Communion** and the **Sacraments of Penance** and **Anointing of the Sick** are arranged by the parish office. In a danger-of-death situation, call the parish emergency line, 571- 455-0402.

### MATRIMONY:

Congratulations on your engagement! Registered parishioners wishing to be married here, or elsewhere, are asked to contact one of the parish clergy at least six months in advance of their intended wedding date to begin the Pre-Cana preparation process

### HOLY ORDERS & CONSECRATED LIFE:

Seeking information about the priesthood, diaconate, or consecrated religious life? If so, please contact one of the parish clergy or the diocesan Office of Vocations, 703-841-2514.

### FUNERAL ANNOUNCEMENTS:

You can find Parish Funeral Information on our website: [setonlakeridge.org/liturgy/funerals/upcomingfunerals](http://setonlakeridge.org/liturgy/funerals/upcomingfunerals).

### BLESSINGS:

**Sacramental Blessings:** Every 1st Saturday of the month after the 9:00am Mass, a priest will bless Sacramentals near the Baptismal Font. **Car Blessings:** Every Ember Day Saturday after the 9:00am Mass, a priest will bless your vehicles. Please park near Seton Hall for this blessing. (See Ember Days below) *Note: Previously blessed items are not to be blessed again.*

### BULLETIN SUBMISSIONS:

Must be sent in using the *Communications Submission Form* found on [setonlakeridge.org/bulletins](http://setonlakeridge.org/bulletins) on, **Monday, two weeks** before the Sunday publication date. *Note: Due to space limitations, submissions are not guaranteed a space.*

### EMBER DAYS:

Here at St. Elizabeth Ann Seton Catholic Church, we celebrate Ember Days as part of Living Liturgically in our parish. Ember Days are celebrated four times a year, following the seasons: Winter, Spring, Summer, Fall. Each season consists of three days of celebration: Reflection, Mass/ Adoration/Confession, and Stewardship. More information will always be provided on pg.5 of the bulletin as we near our Ember Days each season.

**THE PARISH OFFICE PHONE NUMBER IS: 703-494-4008**

### PARISH CLERGY

**Reverend Brian Bashista, Pastor**  
703-494-4008  
[pastor@setonlakeridge.org](mailto:pastor@setonlakeridge.org) (Non-Confidential)

**Reverend Charles Merkle III, Parochial Vicar**  
703-494-4008  
[frmerkle@setonlakeridge.org](mailto:frmerkle@setonlakeridge.org)

**Reverend Mr. Rob Warner, Deacon**  
703-494-4008  
[dcnrob@setonlakeridge.org](mailto:dcnrob@setonlakeridge.org)

### DISCIPLESHIP

**Kris Fischer, Director of Disciple Formation Ext 137**  
[k.fischer@setonlakeridge.org](mailto:k.fischer@setonlakeridge.org)

### FAMILY FAITH FORMATION

**Mylene Garcia, Coordinator - Ext 126**  
[m.garcia@setonlakeridge.org](mailto:m.garcia@setonlakeridge.org)

**Dori Cook, Coordinator of Sacrament Preparation- Ext 129**  
[d.cook@setonlakeridge.org](mailto:d.cook@setonlakeridge.org)

### HUMAN CONCERNS OUTREACH

**Betty Maher, Director - Ext 105**  
[b.maher@setonlakeridge.org](mailto:b.maher@setonlakeridge.org)

### MUSIC

**Carter Stevens, Director & Organist - Ext 108**  
[c.stevens@setonlakeridge.org](mailto:c.stevens@setonlakeridge.org)

### PARISH OFFICE

**Christine O'Hearn, Office Manager & Pastor's Assistant - Ext 127**  
[c.ohearn@setonlakeridge.org](mailto:c.ohearn@setonlakeridge.org)

**Robert Yates, Business Manager - Ext 136**  
[r.yates@setonlakeridge.org](mailto:r.yates@setonlakeridge.org)

**Violet LaVille, Database Mgr & Financial Assistant - Ext 131**  
[v.laville@setonlakeridge.org](mailto:v.laville@setonlakeridge.org)

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[bulletin@setonlakeridge.org](mailto:bulletin@setonlakeridge.org) - Ext 138  
[k.deleon@setonlakeridge.org](mailto:k.deleon@setonlakeridge.org)

**Walter Purdy, Facilities Manager - Ext 107**  
[w.purdy@setonlakeridge.org](mailto:w.purdy@setonlakeridge.org)

**Jenny Jones, Receptionist - Ext 123**  
**Tracy Grubbs, Receptionist**  
[receptionist@setonlakeridge.org](mailto:receptionist@setonlakeridge.org)

### PARISH SCHOOL

**St. Thomas Aquinas Regional School**  
13750 Mary's Way, Woodbridge, VA 22191  
**Sister Mary Sabrina, O.P., Principal**  
Phone: 703-491-4447 | Fax: 703-492-8828  
[www.aquinastars.org](http://www.aquinastars.org)

## FROM OUR PAROCHIAL VICAR



Here, now, is a further aid for praying the Our Father. When you take the time to reflect on each petition of the Lord's Prayer, you can deepen your understanding of them by prayerfully reading a matching psalm!

### The Lord's Prayer and The 150 Psalms

Adapted from "Sing to the Lord a New Song: Praying the Psalms in the Light of the Lord's Prayer" (page 4).  
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Copied with permission from Fr. Tom Murphy, OFM.  
(St. Anthony Friary, 357 Second Street North, St. Petersburg, Florida 33701).

Day	The Lord's Prayer	Literary Type of Psalm	150	Psalm Numbers
SUN	Our Father, who art in heaven,	<i>Confidence Psalms</i>	12	3, 4, 11, 16, 23, 27, 62, 115, 121, 125, 129, 131.
MON	Hallowed be thy name.	<i>Hymns:</i> Hymns of Praise (19)  Thanksgiving Psalms (15)	34	8, 19, 29, 33, 100, 103, 104, 111, 113, 114, 117, 135, 136, 145, 146, 147, 148, 149, 150.  9, 30, 34, 40, 41, 65, 66, 67, 68, 92, 107, 116, 118, 124, 138.
TUE	Thy kingdom come.	<i>Royal Psalms:</i> Messianic Psalms (11)  Canticles of Zion (6)  Hymns of Yahweh's Kingship (6)	23	2, 18, 20, 21, 45, 72, 89, 101, 110, 132, 144.  46, 48, 76, 84, 87, 122.  47, 93, 96, 97, 98, 99.
WED	Thy will be done on earth as it is in heaven.	<i>Wisdom Psalms:</i> Wisdom Psalms Proper(11)  Liturgical Psalms (3)  Prophetic Exhortations (6)  Historic Psalms (2)	22	1, 37, 49, 73, 91, 112, 119, 127, 128, 133, 139.  15, 24, 134.  14, 52, 53, 75, 81, 95.  78, 105.
THU	Give us this day our daily bread	<i>Supplication Psalms</i>	10	5, 28, 36, 42, 43, 54, 61, 63, 86, 123.
FRI	And forgive us our trespasses as we forgive those who trespass against us.	<i>Penitential Psalms</i>	10	6, 25, 32, 38, 50, 51, 102, 106, 130, 143.
SAT	And lead us not into temptation but deliver us from evil. Amen.	<i>Deliverance Psalms</i>	39	7, 10, 12, 13, 17, 22, 26, 31, 35, 39, 44, 55, 56, 57, 58, 59, 60, 64, 69, 70, 71, 74, 77, 79, 80, 82, 83, 85, 88, 90, 94, 108, 109, 120, 126, 137, 140, 141, 142.

## WEEKLY REFLECTION

### Love Chooses a "You"

Love, true love, is always directed at concrete people. Love is never anonymous. Love chooses; love doesn't love an unknown mass.

God also chooses people onto whom he focuses his love. God wills that all people will be saved, but he doesn't begin with all. He chooses one man, Abraham. And Abraham becomes a people, Israel. Israel becomes the Church, the people of God, and the Church shines throughout the world.

To choose and be chosen is a characteristic throughout the Bible. God chooses someone from among the anonymous multitude and pours his love and gifts of grace over this person. From this person, love will in turn stream out to others.

If you want to live in love, you can't begin by loving all of humanity. Start with your neighbor! Choose people you meet in your daily life. Love begins with a "you".

The fire of love needs to spread all over the world, but its spark is always ignited in a relationship between two people. If you want to love everybody right away, you'll end up loving no one for real. First, love the ones closest to you, then, through them, you may later acquire universal love.

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# MASS INTENTIONS & READINGS OF THE WEEK

## Sunday, January 28<sup>th</sup>

5:00 p.m. † Oliver Ditch  
*Vigil*  
 7:30 a.m. † Prosti Araquel O'Leary  
 9:00 a.m. Sister Mary Sheila  
 10:45 a.m. For the People of St. Elizabeth Ann Seton  
 12:30 p.m. † Anita Bercegeay

## Monday, January 29<sup>th</sup>

9:00 a.m. † Karina Ramos

## Tuesday, January 30<sup>th</sup>

9:00 a.m. † Charles Brancato

## Wednesday, January 31<sup>st</sup>

9:00 a.m. † George John Dhuy Sr.

## Thursday, February 1<sup>st</sup>

9:00 a.m. † James Caddigan

## Friday, February 2<sup>nd</sup>

9:00 a.m. † Fr. Philip Majka  
 7:00 p.m. † Jennifer Waters

## Saturday, February 3<sup>rd</sup>

9:00 a.m. † Lisa Scott  
 5:00 p.m. † Ann Chin Nguyen  
*Vigil*

**Sunday:** Dt 18:15-20 Ps 95:1-2, 6-7, 7-9 1 Cor 7:32-35  
 Mk 1:21-28

**Monday:** 2 Sm 15:13-14, 30; 16:5-13 Ps 3:2-3, 4-5, 6-7  
 Mk 5:1-20

**Tuesday:** 2 Sm 18:9-10, 14b, 24-25a, 30-19:3 Ps 86:1-2,  
 3-4, 5-6 Mk 5:21-43

**Wednesday: St. John Bosco (M)**  
 2 Sm 24:2, 9-17 Ps 32:1-2, 5, 6, 7 Mk 6:1-6

**Thursday:** 1 Kgs 2:1-4, 10-12 1 Chr 29:10, 11ab, 11d-  
 12a, 12bcd Mk 6:7-13

**Friday: The Presentation of Our Lord (F)**  
 Mal 3:1-4 Ps 24:7, 8, 9, 10 Heb 2:14-18 Lk  
 2:22-40 or Lk 2:22-32

**Saturday: St. Blaise and St. Ansgar (m)**  
 1 Kgs 3:4-13 Ps 119:9, 10, 11, 12, 13, 14 Mk  
 6:30-34

*Key: Memorial (M), Optional Memorial (m), Feast (F), S (Solemnity)*

## COLLECTIONS FOR DECEMBER 2023

Collection ( <i>Average Weekly</i> )	\$ 28,908.24
Capital Improvements	\$ 5,018.00
Poor Box	\$ 2,061.25
Votives	\$ 2,301.54
Flowers	\$ 529.00

### Special Collections

Catholic Charities Christmas Collection \$ 7,091.00

**Thank you for your generous donations!**



## CAPITAL CAMPAIGN 2021

### Capital Campaign 2021 (CC2021) Extension.

The Parish reached a total Extended Campaign pledge amount of \$1,172,298. The combined pledge amount for the 'original' Capital Campaign and Extended Campaign is \$4,644, 406. Thank you to all for your generous contributions!

If you have questions on the status of our Capital Campaign, Legacy of Faith, please contact me at your convenience via e-mail at [r.yates@setonlakeridge.org](mailto:r.yates@setonlakeridge.org) or phone at 703-494-4008.

God bless!

Robert Yates, Business Manager

## OUR NEWLY BAPTIZED

Tyson Steven Tran

## REMEMBER IN YOUR PRAYERS

**The sick of our parish family:** Samuel Caruso

**The deceased of our parish family:** Robert Argent,  
 Concordia Lewis

*Dear God, we place our worries in your hands.  
 We place our sick under your care and humbly  
 ask that you restore your seroants to health again.  
 Above all, grant us the grace to acknowledge your  
 will and know that whatever you do, you do for  
 the love of us.*

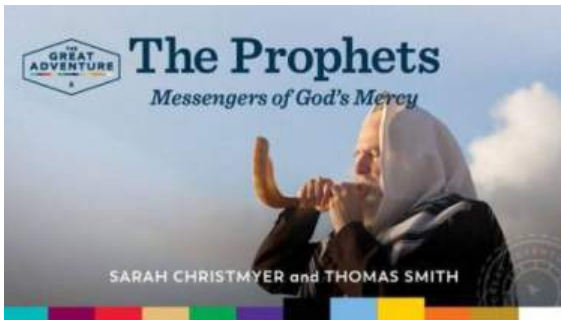
*Amen*



## FEATURED EVENTS AND INITIATIVES

### WEDNESDAY MORNING BIBLE STUDY

Wed., January 31 | 9:45am | St. Peter's Room  
[kat.sullivan56@gmail.com](mailto:kat.sullivan56@gmail.com)



*Discover the Messages the Prophets Have for You* "In The Prophets: Messengers of God's Mercy, presenter Thomas Smith examines who the prophets were, their role during their time, and the meaning of their messages for our own time. Discover how God is constantly calling you to a deeper relationship as well as the ways you are called to be the voice of God to others." ([ascensionpress.com](http://ascensionpress.com))

Come join us on Wednesday mornings for our Bible study "The Prophets: Messengers of God's Mercy".

### TRIVIA NIGHT 2024

Saturday, February 3 | Seton Hall  
Doors Open at 5:30pm; Trivia Begins at 6:30pm



Hosted by our Respect Life Committee, all are invited to join us for our 13th Annual Trivia Night in which all proceeds will go towards benefitting Birthright! Childcare will be available, so put together a team of 7-10 of your smartest friends and reserve your table now!

Register after Masses on Jan. 27/28.

Sign yourself or your team up! Questions? Email [respectlife@setonlakeridge.org](mailto:respectlife@setonlakeridge.org), attn Cynthia Vivian.

### MARDI GRAS DINNER CELEBRATION

Tuesday, February 13 | 6:00pm—8:00pm | Fellowship Hall

**\$5.00 per person with a \$20 maximum per family!**

You can purchase tickets after any Mass on February 3/4 or 10/11. They are also available for purchase at the Parish Office during regular office hours. **Serving:** Gumbo, Jambalaya, and King Cake!



### FEAST OF THE PRESENTATION OF THE LORD

February 2 | 9:00am | Main Church

Also known as Candlemas Day, this feast day takes place 40 days after His birth! Traditionally candles have been blessed at Mass on this day to represent the light that Christ brings into sin and darkness as Savior of the world. *Bring a candle or pick one up in the Narthex to be blessed.*

### THE BLESSING OF THROATS

February 3 | 9:00am | Main Church

On the Feast Day of St. Blaise, the Church recalls a miracle cure associated with him and celebrates the blessing of the throats with candles. St. Blaise said that anyone who lit a candle in his memory would be free of infection, thus candles are used in the traditional throat blessing. For the blessing of throats, the priest, with two blessed candles tied with a red ribbon, will hold them in the form of an X and touch them to each side of the person's neck.

### VA MARCH FOR LIFE

Wednesday, February 21  
Registrations Close: Feb. 7



Held in Richmond, VA, our parish will be taking the buses to the VA March for Life and **SEATS ARE LIMITED, so sign-up now!** Together, we can continue to raise awareness, advocate for change, and create a community that encourages a culture of life. This year we will be taking two buses from Seton Lake Ridge to Richmond which will be departing at different times.

**BUS 1:** Departs at 6:15am for those who would like to participate in the *Advocacy Morning* with our state legislators.

**BUS 2:** Departs at 9:15am for those who wish to participate in the march only. *\*If buses do not reach capacity then carpooling may be an option.*

*Bring your own lunch and snacks for the trip.*

### Registration and Questions

Registration will close on February 7, 2024. Scan the QR code to save your seat!



Remember, every life counts and let your voice and presence fight for the weakest among us.

## DO YOU LIKE TO BAKE?



We need baked goods for our Annual Superbowl Sunday Charity Bake Sale! All proceeds will benefit the families served by the Catholic Charities Migration & Refugee Services, located right here in Lake Ridge! **Needed:** All kinds of baked goods – Cakes, Cookies, Brownies, Pies, etc. are appreciated!

**Drop-Off:** Baked goods can be dropped off outside the kitchen in the Fellowship Hall before any Mass on the weekend of February 10/11.

**Questions?** Contact Betty Maher, Director of Human Concerns Outreach, [b.maher@setonlakeridge.org](mailto:b.maher@setonlakeridge.org) (x105)



## STAMPS FOR THE WOUNDED

We continue to collect USED STAMPS for “Stamps for the Wounded” organization. At the request of Armed Services Hospitals, these donated postage stamps are provided to help our wounded veterans become involved in an activity and hobby. The stamp collecting is good therapy which has them sorting, soaking and arranging stamps for their collections. All damaged US First Class, as well as FOREIGN, stamps are accepted. Please keep at least ¼ inch envelope space around the stamp. Drop off your stamps in the basket found downstairs near the door

leading outside. Thank you for allowing your “trash” to benefit others.

## SETON LAKE RIDGE SPECIAL NEEDS MINISTRY

Special needs families: Do you have a child or young adult with an intellectual or developmental disability? We want to hear from you so that we can support you! Please send your contact info to Stephanie Hanley, special needs ministry coordinator at [specialneedsministry@setonlakeridge.org](mailto:specialneedsministry@setonlakeridge.org)



## FROM INCLUSION TO BELONGING CONFERENCE: CREATING COMMUNITIES THAT FOSTER MENTAL HEALTH FOR ALL

February 17 | 8:00am – 3:00pm | St. John Paul the Great HS

**More Information or Register at:** [portocharities.org/conference](http://portocharities.org/conference)

The Diocese of Arlington, invites all to a full day conference that seeks to bring together individuals involved in all aspects of parish life and equip them with the tools necessary to make inclusive communities that are accessible to all. We will be joined by several mental health professionals and persons with intellectual and developmental disabilities and their families to discuss ways that professionals can better serve these individuals and their families!

**Mass:** Bishop Michael Burbidge

**Keynote Address:** Mark Bradford (Word on Fire's Venerable Jerome Lejeune Fellow for Persons with Intellectual and Developmental Disabilities)

**Breakout Presenters:** Fr. Matthew Schneider, Dr. Jane Barbin, Sarah Schmitt, Joyce Kelly, Diane Monnig and more! *Breakout options will include presentations geared towards parents, educators, young adults with intellectual disabilities, and healthcare professionals. Full lunch will be provided.*

**Childcare:** On-site childcare for children 3-17 years old.

**Lunch:** Full buffet lunch catered by Ford's Fish Shack

# LITURGICAL LIVING

## January

**DEVOTION:**  
JESUS' HOLY NAME  
(HOLY CHILDHOOD)

**VIRTUE:**  
SANCTITY OF ALL LIFE

**CELEBRATING THE  
SAINTS**

St. Angela Merici  
January 27



St. Brigid  
February 1





# LITURGICAL LIVING

## Celebrate the Feast Day of St. Thomas Aquinas January 28



### Patron Saint of...

Catholic Colleges and Universities, Educators/Teachers, Philosophers/Theologians, & Students

### How to Celebrate this Feast Day:

Born into a Sicilian family of tall and strong athletes, unlike his brothers who later on became soldiers, St. Thomas Aquinas was known amongst his peers to be bigger, slower, and more clumsy. Because of this he was nicknamed "Dumb Ox" by several of his classmates

By the age of nineteen, he decided to pursue Christ and join the Dominicans devoting his life to God, Philosophy, and Theology.

"If you're looking for something a bit more lighthearted, the "Dumb Ox" nickname lends itself to any number of fun things to do, such as pin the tail on the ox or tic-tac-toe (think about it you'll get it). And for dinner... oxtail soup!"

Source: The Catholic All Year Compendium by Kendra Tierney

## 2024 BISHOPS LENTEN APPEAL BEGINS

The 2024 BLA mailing was recently sent to parishioners. The theme this year is shared with the theme of our Diocesan Jubilee: "Behold, I make all things new."

After reflecting upon the blessings God has given you, please prayerfully consider a pledge. As we look forward to the celebration of the 50-year Golden Anniversary of our diocese, let us renew our commitment to the Lord and be inspired to share what we have received from Him.

You can make a gift at:

[arlingtondiocese.org/BLA](http://arlingtondiocese.org/BLA) or scan the QR code:



## FOR CHILDREN

### SMALL GROUP ANNOUNCEMENT:

Group A will meet today for Session 1 at 8:45 AM and Session 2 at 10:30 AM. The next meeting for those in Group B will be on February 4, 2024. Family Faith Formation students in Grades 1-8 must keep up with their on-line lessons through the My Catholic Faith Delivered (MCFD) platform. Assigned homework/chapters are to be completed by Wednesday of each week.

### FIRST PENANCE CEREMONY REMINDER

The First Penance Ceremony is scheduled to take place on Saturday, February 3 at 10:30am in the Main Church.

### NOW ACCEPTING 2024-25 APPLICATIONS!

Dominican PreK – 8th Grade  
Catholic School  
*Tuition Assistance Available*

- Administered by the Dominican Sisters of St. Cecilia
- Advanced Courses in Math & Language Arts
- Diverse Student Body
- Interactive Boards in Every
- Classroom

*Aquinas is happy to be the Catholic School for St. Elizabeth Ann Seton!*

### CHILDREN'S EUCHARISTIC HOLY HOUR

Tuesdays | 4:00pm – 5:00pm  
Chapel

In addition to anytime the Blessed Sacrament is exposed in the Church/Chapel, we have also included another special hour for children and their parents specifically to rest with our Lord!

This is a beautiful opportunity for children to deepen their understanding of their faith and relationship with Christ as they pray and reflect in His presence.



### REVERSE ADVENT FOOD DRIVE FOR ST. LUCY PROJECT UPDATE:

To all of our Family Faith Formation families, staff members, and parishioners who donated to the Catholic Charities Reverse Advent Food Drive, thank you! Through your generous donations and our partnership with Catholic Charities we were able to donate a total of 6,197lbs of non-perishable foods to several local pantries that serve those struggling with food insecurity. Thank you all for answering Christ's call to serve!



## FOR YOUTH

### SAVE THE DATE: QUO VADIS 2024 SUMMER CAMP

Sunday – Thursday, July 7-11



The Quo Vadis group of the Diocese of Arlington offers fun and formative events for young men currently in grades 9-12. These events aim to help young men grow in their relationship with Christ, interact with seminarians and priests, and learn more about vocations.

This summer the prospective camp date is July 7-11! While there are still some finalizations happening, Quo Vadis is planning to open the lottery in March, so stay tuned to [ArlingtonDiocese.com/QuoVadis!](https://ArlingtonDiocese.com/QuoVadis)

### SAVE THE DATE: FIAT 2024 CAMP

Sunday – Thursday, July 14-18



Similarly to the young men’s Quo Vadis Group, the FIAT group offers fun and formative events throughout the year for young women currently in grades 9-12. One of FIAT’s major events of the year is their annual Summer Camp which is a wonderful opportunity for young women to grow in their relationship with Christ, interact with religious sisters, and fellowship with other young women of faith! Lottery for camp is projected to open in March, so stay tuned to [ArlingtonDiocese.org/FIAT](https://ArlingtonDiocese.org/FIAT) for updates and details!

### LIGHTS, CAMERA, ACTION! FIAT DAY WITH THE #MEDIANUNS

Sunday, February 25, 2024 | 1:00pm – 5:00pm | Pauline Books and Media | Cost: \$15 per person

Calling all high school girls! Join other girls from throughout the Diocese on FIAT Day! On February 25, join the Daughters of St. Paul for an afternoon of media reflection, fun, and prayer at Pauline Books and Media in Alexandria, VA!

Register at [ArlingtonDiocese.org/FIAT](https://ArlingtonDiocese.org/FIAT) or contact the Office of Vocations at [vocations@arlingtondiocese.org](mailto:vocations@arlingtondiocese.org)

Deadline to Register is Feb. 19.



## FOR WOMEN

### SETON SENTINELS MONTHLY GATHERING

Mon., Feb. 5 | 7:00pm – 8:00pm | Fellowship Hall



Designed to form, grow, and maintain God's army of women through fellowship and faith-centered activities. The Sentinels use their God-given values for the benefit of their self, family, parish and community.

#### Upcoming Monthly Meeting Theme:

Join “Team Suffering” for this year’s Lent season...and have fun? Yes! You read that correctly.

**Activity:** Lenten Trivia - How well do you know Lenten rules and practices? This month, we will talk about Lenten devotions. There are so many offerings, we provide ideas on how not to become overwhelmed by them. We will also talk about how sacrifices do not have to equate to misery. We will give you some ideas to turn your sacrifices into something to look forward to during this Lenten journey!

Ready? Go Team!



## DIOCESAN WOMEN'S CONFERENCE: BEHOLD, I MAKE ALL THINGS NEW

Saturday, March 9, 2024 | 8:30am – 2:30pm

Join women from around the Diocese for an opportunity to be inspired, to connect with likeminded women and to raise our voices together in prayer! Our 2024 gathering will feature the awe-inspiring reversion story of **Patricia Sandoval** and a powerful presentation by **Sr. Mary Madeline Todd, O.P.** about the true dignity and vocation of every woman.

### Where:

St. Joseph Catholic Church  
750 Peachtree Street, Herndon

### Cost:

\$65 until Feb. 1, 2024;  
\$80 after Feb. 1, 2024.

### Register at

[arlingtondiocese.org/women/](http://arlingtondiocese.org/women/)

## THE BLESSED SACRAMENT & OUR BLESSED LADY WOMEN'S RETREAT

Friday, April 5 – Sunday, April 7 | San Damiano Retreat Center, White Post, VA |



This year we commemorate the Eucharistic Revival that is currently observed throughout our country and the Golden Jubilee of the Diocese of Arlington. All women are invited to come to the San Damiano Retreat Center and join Msgr. Mangan, from Mount St. Mary's Seminary, during the Octave of Easter and on Divine Mercy Sunday to ponder the awesome mystery of the Most Holy Eucharist and Mary's love for Holy Communion.

This silent retreat for women begins at 5 p.m. on Friday, April 5, and ends at 1 p.m. on Sunday, April 7. **Retreat Cost** is \$285 and financial assistance may be available.

For further information or to register for this retreat, please contact Deacon Mark Maines at [mark.maines@arlingtondiocese.org](mailto:mark.maines@arlingtondiocese.org).



## FOR MEN

### COULD CHRIST BE CALLING YOU TO PRIESTHOOD?

### VOCATIONAL DISCERNMENT RETREAT FOR MEN

Friday-Sunday, February 16-18, 2024 | **Deadline to Register:** Monday, February 5, 2024

The calling to become a priest is a deep and personal spiritual journey and from February 16-18, the Diocese of Arlington invites all men ages 18-50 for a weekend discernment retreat filled with prayer, discernment, and confession. During the retreat, there will also be opportunities to speak with priests and seminarians.

**Cost:** \$150 and includes overnights and all meals.

Retreat starts Friday at 6:30 p.m. and concludes Sunday after lunch.

For more information or to register, contact Fr. Michael Isenberg at 703-841-2514 or [vocations@arlingtondiocese.org](mailto:vocations@arlingtondiocese.org).

Catholic Diocese of Arlington

## Men's Conference 2024

**RENEWED IN CHRIST**  
REFLECTING HIS LIGHT TO THE WORLD



## DIOCESAN MEN'S CONFERENCE

**RENEWED IN CHRIST, REFLECTING IN HIS LIGHT TO THE WORLD**

March 2, 2024 | 8:30am – 2:30pm | St. Joseph Catholic Church

Join Catholic men from around the Diocese for a day of prayer, fellowship and reflection. The morning will begin with confession, coffee, pastries, and Mass celebrated by Bishop Michael F. Burbidge.

**Keynotes Include** Fr. Daniel Mode, *Chaplain of the United States Coast Guard*, and Jonathan Reyes, *Senior Vice President of Evangelization and Faith Formation for the Knights of Columbus*.

Register for the Diocesan Men's Conference at [arlingtondiocese.org/men](http://arlingtondiocese.org/men)

**Cost:** \$65 until February 1, 2024; \$80 after February 1, 2024.

## THIS WEEK IN OUR PARISH

**Daily Rosary:** Mon-Sat | 8:25am – 8:55am | Main Church  
**Daily Mass:** Mon-Sat | 9:00am – 9:30am | Main Church

**Sat. Vigil Mass:** 5:00pm | Main Church  
**Sun. Masses:** 7:30am, 9am, 10:45am, 12:30pm | Main Church

### Sunday, January 28<sup>TH</sup>

8:00am – 9:00am	Praise and Worship Choir	Music Room
9:00am – 11:30am	RCIA	Seton Hall
8:45am – 10:15am	Family Faith Formation Group A	
8:45am – 10:15am	Adult Formation	Fellowship Hall
10:30am – 12:00pm	Family Faith Formation Group A	
10:30am – 12:00pm	Adult Formation	Fellowship Hall
12:15pm – 1:15pm	Logistics Meeting	St. Mary Room

### Monday, January 29<sup>TH</sup>

9:00am – 12:00pm	God's Gift Baby Bottle Campaign 2024	Trinity 1
10:00am – 12:00pm	Seton Crafters	Trinity 2,3
10:00am – 3:30pm	Lenten Giving Tag Tree Making	Sts. Peter and Paul Rooms
7:00pm – 8:00pm	Al-Anon	St. Paul Room

### Tuesday, January 30<sup>TH</sup>

9:30am – 8:30pm	All Day Adoration	Chapel
9:30am – 10:30am	Blue Army Devotion	Chapel
10:00am – 11:00pm	Construction Meeting	Office Conference
10:00am – 3:30pm	Lenten Giving Tag Tree Making	Sts. Peter and Paul Rooms
4:00pm – 5:00pm	Children's Eucharistic Holy Hour	Chapel
6:30pm – 8:30pm	Reach More	Bayley's Cellar

### Wednesday, January 31<sup>ST</sup> - St. John Bosco (M)

9:30am – 11:30am	Divine Mercy Cenacle	St. Mary Room
9:45am – 10:30am	Wednesday Bible Study	St. Peter Room
10:00am – 3:30pm	Lenten Giving Tag Tree Making	Sts. Peter and Paul Rooms
1:30pm – 3:30pm	Lumen Christi Drama Club	Upper Seton Hall
6:30pm – 8:30pm	Mother of Joy Prayer Group	St. Paul Room

### Thursday, February 1<sup>ST</sup>

9:30am – 8:30pm	All Day Adoration	Chapel
9:30am – 10:30am	Divine Mercy Cenacle	Chapel
10:00am – 3:30pm	Lenten Giving Tag Tree Making	Sts. Peter and Paul Rooms
12:00pm – 2:00pm	Mother Seton Food Pantry	Fellowship Hall
5:00pm – 6:00pm	Children's Choir Rehearsal	Music Room
6:30pm – 8:00pm	Trail Life USA Committee Meeting	Upper Seton Hall
7:00pm – 8:30pm	Thursday Bible Study	St. Mary Room
7:00pm – 9:00pm	Traditional Choir Rehearsal	Music Room

### Friday, February 2<sup>ND</sup> - The Presentation of Our Lord (F)

9:30am – 12:00pm	Moms Group	Nursery
9:45am – 11:30am	Friday Morning Faith Sharing	Sts. Peter and Paul Rooms
10:00am – 11:30am	Legion of Mary	Trinity 3
3:00pm – 3:30pm	Divine Mercy Chaplet	Chapel
7:00pm – 7:30pm	First Friday Mass	Main Church
7:30pm – 8:30pm	First Friday Holy Hour with Praise and Worship	Chapel
7:30pm – 8:30am	All Night Adoration	Chapel

### Saturday, February 3<sup>RD</sup> - St. Blaise and St. Ansgar (m)

7:00am – 9:00am	That Man is You! (TMIY!)	Fellowship Hall
9:30am – 11:00am	Women's Book Study	Bayley's Cellar
9:30am – 10:15am	First Saturday Devotions	Chapel
9:30am – 9:45am	Blessing of Sacramentals	Main Church
10:30am – 12:00pm	First Penance	Main Church/Chapel
5:30pm – 9:00pm	Childcare for Trivia Night	Nursery/Fellowship/Trinity
6:00pm – 9:30pm	Trivia Night	Seton Hall



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