



ST. ELIZABETH ANN SETON

ROMAN CATHOLIC CHURCH
LAKE RIDGE, VA

www.setonlakeridge.org

SETON SPOTLIGHT

JANUARY

ACTS FOOD COLLECTION

GOD'S GIFT BABY BOTTLE
CAMPAIGN 2024
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TODAY

PARISH-WIDE
CHARISMS DISCERNMENT
WORKSHOP
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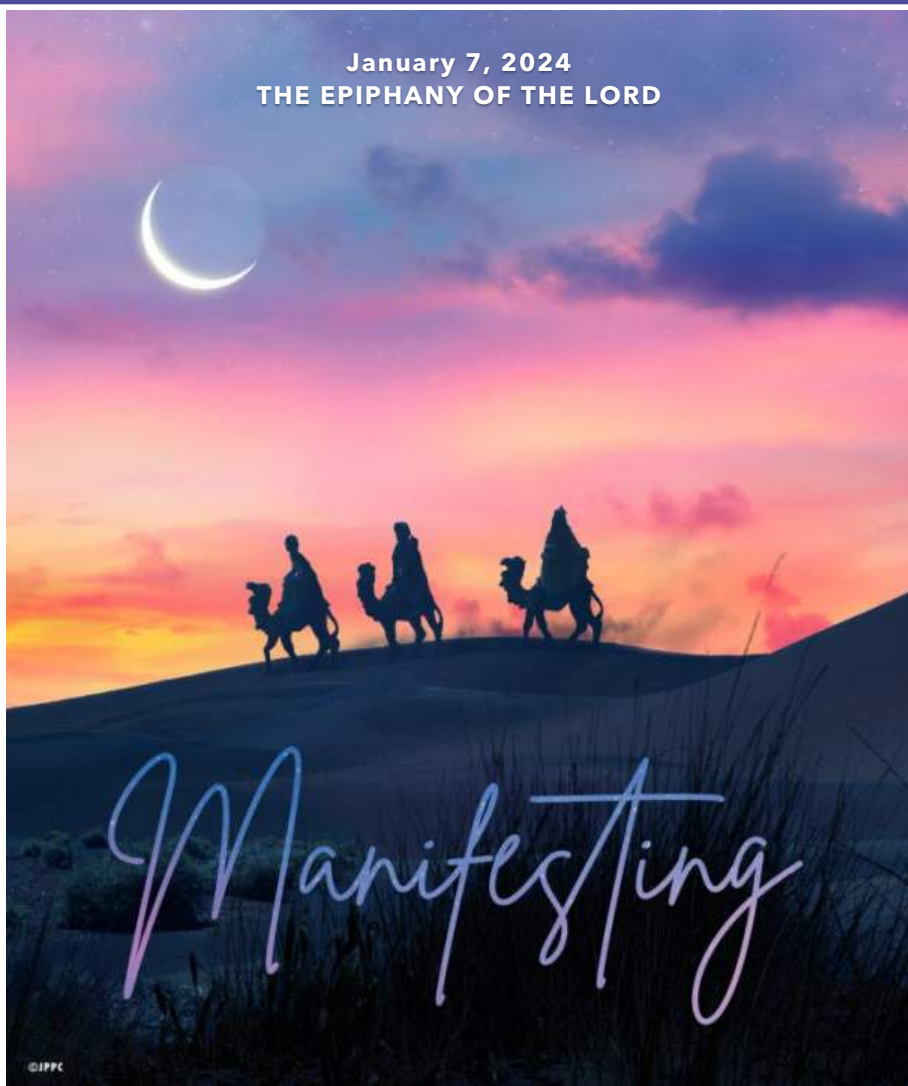
FRIDAY, JANUARY 19

NATIONAL MARCH FOR LIFE
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SATURDAY, JANUARY 27

K. OF C. PARISH-WIDE
PASTA DINNER
PAGE 5

January 7, 2024
THE EPIPHANY OF THE LORD



PARISH OFFICE:

12807 Valleywood Drive
Lake Ridge, VA 22192

Parish Office Hours:

Mon. & Wed.: 9:00am - 8:00pm
Tues, Thurs, & Fri.: 9:00am - 4:00pm
Sunday: 8:00am - 2:00pm

Phone: 703-494-4008 Fax: 703-494-1995

Email: receptionist@setonlakeridge.org

Sacramental Emergency:
571-455-0402

CONFESSION SCHEDULE:

Monday: 7:00pm - 7:45pm
Friday: 9:30am - 10:00am
Saturday: 3:30pm - 4:30pm

MASS SCHEDULE:

Daily: Monday - Saturday: 9:00am
(Rosary at 8:25am)

Saturday Vigil: 5:00pm

Sun.: 7:30am, 9:00am, 10:45am, 12:30pm

First Friday Evening Mass: 7:00pm;
(7:30pm during Lent)

EUCCHARISTIC ADORATION:

Tues/Thurs All Day Adoration:
9:30am - 8:30pm

Tuesdays Children's Adoration
4:00pm - 5:00pm

First Friday All Night Adoration:
7:30pm - 8:30am (Sat.)

MOTHER SETON FOOD PANTRY

Thursday 12:00pm - 2:00pm

MOTHER SETON GIFT SHOP

Sunday.....8:15am - 2:00pm
Mon/Wed.....5:30pm - 9:00pm
Tues/Thurs.....9:30am - 12:00pm
Friday.....CLOSED
Saturday.....3:30pm - 7:00pm

PARISH LIBRARY

Sunday.....8:15am - 2:00pm
Mon/Wed.....9:00am - 8:00pm
Tues/Thurs/Fri.....9:00am - 4:00pm
Saturday.....3:30pm - 7:00pm

NEW PARISHIONERS:

Welcome to Seton Lake Ridge! Please complete a registration card found in the church narthex or by stopping by the parish office. Please remember to notify us if you move, or of any changes to your contact information.

RETURNING CATHOLICS:

Everyone is invited to rediscover the gift of our faith and the unique role that each of us has in this family of God. *Welcome home!*

RCIA:

If you are interested in becoming Catholic or learning more about the faith, please contact the parish office.

BAPTISMS:

Occurs every 2nd and 4th Sunday. Please contact the parish office to set a date and to register for the required Baptism workshop.

PASTORAL CARE of the SICK:

Please notify us of parishioners who are hospitalized or homebound. **Holy Communion** and the **Sacraments of Penance** and **Anointing of the Sick** are arranged by the parish office. In a danger-of-death situation, call the parish emergency line, 571- 455-0402.

MATRIMONY:

Congratulations on your engagement! Registered parishioners wishing to be married here, or elsewhere, are asked to contact one of the parish clergy at least six months in advance of their intended wedding date to begin the Pre-Cana preparation process

HOLY ORDERS & CONSECRATED LIFE:

Seeking information about the priesthood, diaconate, or consecrated religious life? If so, please contact one of the parish clergy or the diocesan Office of Vocations, 703-841-2514.

FUNERAL ANNOUNCEMENTS:

You can find Parish Funeral Information on our website: setonlakeridge.org/liturgy/funerals/upcomingfunerals.

BLESSINGS:

Sacramental Blessings: Every 1st Saturday of the month after the 9:00am Mass, a priest will bless Sacramentals near the Baptismal Font. **Car Blessings:** Every Ember Day Saturday after the 9:00am Mass, a priest will bless your vehicles. Please park near Seton Hall for this blessing. (See *Ember Days* below) *Note: Previously blessed items are not to be blessed again.*

BULLETIN SUBMISSIONS:

Must be sent in using the *Communications Submission Form* found on setonlakeridge.org/bulletins on, **Monday, two weeks** before the Sunday publication date. *Note: Due to space limitations, submissions are not guaranteed a space.*

EMBER DAYS:

Here at St. Elizabeth Ann Seton Catholic Church, we celebrate Ember Days as part of Living Liturgically in our parish. Ember Days are celebrated four times a year, following the seasons: Winter, Spring, Summer, Fall. Each season consists of three days of celebration: Reflection, Mass/Adoration/Confession, and Stewardship. More information will always be provided on pg.5 of the bulletin as we near our Ember Days each season.

THE PARISH OFFICE PHONE NUMBER IS: 703-494-4008

PARISH CLERGY

Reverend Brian Bashista, Pastor
703-494-4008
pastor@setonlakeridge.org (Non-Confidential)

Reverend Charles Merkle III, Parochial Vicar
703-494-4008
frmerkle@setonlakeridge.org

Reverend Mr. Rob Warner, Deacon
703-494-4008
dcnrob@setonlakeridge.org

DISCIPLESHIP

Kris Fischer, Director of Disciple Formation Ext 137
k.fischer@setonlakeridge.org

Kara Lilly, Coord. of Disciple Accompaniment – Ext 139
k.lilly@setonlakeridge.org

FAMILY FAITH FORMATION

Mylene Garcia, Coordinator - Ext 126
m.garcia@setonlakeridge.org

Dori Cook, Coordinator of Sacrament Preparation- Ext 129
d.cook@setonlakeridge.org

HUMAN CONCERNS OUTREACH

Betty Maher, Director - Ext 105
b.maher@setonlakeridge.org

MUSIC

Carter Stevens, Director & Organist - Ext 108
c.stevens@setonlakeridge.org

PARISH OFFICE

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w.purdy@setonlakeridge.org


Jenny Jones, Receptionist - Ext 123
Tracy Grubbs, Receptionist
receptionist@setonlakeridge.org

PARISH SCHOOL

St. Thomas Aquinas Regional School
13750 Mary's Way, Woodbridge, VA 22191
Sister Mary Sabrina, O.P., Principal
Phone: 703-491-4447 | Fax: 703-492-8828
www.aquinastars.org

FROM OUR PASTOR



I invite everyone to join your fellow parishioners for the **ANNUAL MARCH FOR LIFE** on **Friday, January 19th** in Washington, D.C.  Seton Lake Ridge will provide limited transportation on our parish bus. Please sign up on our web-site www.setonlakeridge.org to reserve a seat. On January 19th our group will leave from the parish parking lot at 10:00am and will return by 5:30pm. A donation of \$5 per person will help with the transportation costs. This is a wonderful way to express your support in a prayerful and peaceful protest for unborn babies and their right to live. For more information, contact Stephanie Handley at: respectlife@setonlakeridge.org.

MARCH FOR LIFE

Also, our parish **RESPECT LIFE COMMITTEE** is asking parishioners to support our annual **GOD'S GIFT BABY BOTTLE CAMPAIGN**. Baby bottles may be picked up in the Narthex to be filled with loose change/cash/check (payable to St. Elizabeth Ann Seton). All bottles (filled or not) need to be returned to the collection bin that is also located in the Narthex **by January 31st**. Proceeds from this campaign benefit local pro-life non-profit organizations, as well as our own parish pro-life activities.



This is a depiction of the **PRO-LIFE FLAG** that we will proudly fly at our church entrances at least every January (*to mark the March-for-Life*). While simple, the design of the flag is highly symbolic of the pro-life message. The **white background** symbolizes non-violence in the womb as well as the innocence of the unborn child. The **two baby feet** represent the humanity of the unborn child. Baby feet have been a symbol associated with the pro-life movement since the iconic Precious Feet lapel pins were named the international pro-life symbol in 1979. The **two pink hands** represent the pregnant mother, holding and protecting her child. The **white heart in between the feet** symbolizes the pro-life movement's love for both the mother and her child. The **circle shape formed by the hands** evokes imagery of a pregnant mother's growing belly: a safe, secure, protected place for a developing child. The **two stripes** again emphasize the **TWO** distinct human lives present in a pregnancy. The stripes also form an **"equals sign,"** stressing that the unborn child is equally and fully human, and therefore deserving of equal human rights. The stripes can also represent the role of both the father and mother in creating and raising a child. The colors blue and pink mean different things to different people. Traditionally, they have been the colors associated with baby boys and girls, but the two distinct colors also reemphasize the two lives present in a pregnancy: mother and child.

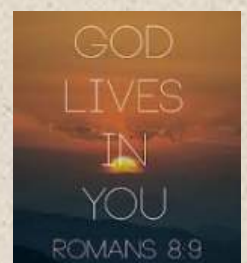


Christ's peace and blessings to all ~ Fr. Bashista

WEEKLY REFLECTION

God Lives Within

There is a spring gushing forth deep within you, penetrating your whole personality, and filling you with divine strength. If you feel empty inside, it may be because you clog the spring. If you open up and let the divine water fill your being, you will receive endless riches; not riches of emotion, but the very life of God. God is infinitely greater than you – exceeding anything you can fathom – but do not seek him outside of yourself, somewhere out in the universe: You find him deep within yourself. When you die you will discover your endless depth, and thus the whole truth is revealed. But you do not have to wait until death to live in the whole truth. You can live it, even now, if you have the courage to leave your superficial perceptions of yourself in order to seek God deep within. God is never far away; you don't need to use acrobatics to find him. It is enough to enter your own innermost sanctum and rest in the truth about yourself



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MASS INTENTIONS & READINGS OF THE WEEK

Sunday, January 7th

5:00 p.m. † Zita Sun Kim
Vigil

7:30 a.m. For the People of St. Elizabeth Ann Seton

9:00 a.m. For the Souls dying today

10:45 a.m. † Steven Carabuena

12:30 p.m. † Michael Hopper

Monday, January 8th

9:00 a.m. † Karen Goodreau

Tuesday, January 9th

9:00 a.m. Millie and Sam Soto

Wednesday, January 10th

9:00 a.m. † Ray Pina

Thursday, January 11th

9:00 a.m. † David Daube

Friday, January 12th

9:00 a.m. In Thanksgiving and Praise for all the graces received

Saturday, January 13th

9:00 a.m. † Gilbert Doty

5:00 p.m. † Donna Young
Vigil

OUR NEWLY BAPTIZED

Kenzie Arielle Niewenhaus

REMEMBER IN YOUR PRAYERS

The sick of our parish family: Josephine Carlson, Lorna Wickham, Jeanette Carlson

The deceased of our parish family: Kevin McFadden, Thomas Cavanaugh

Dear God,
we place our worries in your hands. We place our sick under your care and humbly ask that you restore your servants to health again. Above all, grant us the grace to acknowledge your will and know that whatever you do, you do for the love of us.

Amen

Sunday: The Epiphany of the Lord (Solemnity)

Is 60:1-6 Ps 72:1-2, 7-8, 10-11, 12-13 Eph 3:2-3a, 5-6 Mt 2:1-12

Monday: The Baptism of the Lord (Feast)

Is 42:1-4, 6-7 or Is 55:1-11 or Acts 10:34-38 or 1Jn 5:1-9 Ps 29:1-2, 3-4, 3, 9-10 or Is 12:2-3, 4bcd, 5-6 Mk 1:7-11

Tuesday: 1 Sm 1:9-20 1 Sam 2:1, 4-5, 6-7, 8abcd Mk 1:21-28

Wednesday: 1 Sm 3:1-10, 19-20 Ps 40:2 and 5, 7-8a, 8b-9, 10 Mk 1:29-39

Thursday: 1 Sm 4:1-11 Ps 44:10-11, 14-15, 24-25 Mk 1:40-45

Friday: 1 Sm 8:4-7, 10-22a Ps 89:16-17, 18-19 Mk 2:1-12

Saturday: St. Hilary (Optional Memorial)

1 Sm 9:1-4, 17-19; 10:1 Ps 21:2-3, 4-5, 6-7 Mk 2:13-17

COLLECTIONS FOR NOVEMBER 2023

Collection (<i>Average Weekly</i>)	\$ 27,879.29
Capital Improvements	\$ 5,117.00
Poor Box	\$ 513.00
Votives	\$ 1,564.57
Flowers	\$ 2,624

Special Collections

Catholic Campaign for Human Dev.	\$ 3,55400
Retirement Fund for Religious	\$ 6,199.00

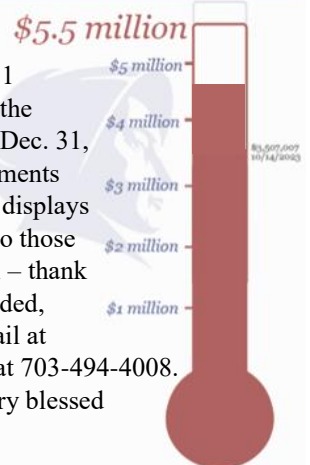
Thank you for your generous donations!



CAPITAL CAMPAIGN 2021

For the CC2021 Extension – I will provide a more precise update next week, but we are at approximately \$1.1 Million as of January 3, 2024. While the formal Extended Campaign ended on Dec. 31, 2023, Extended Campaign Case Statements and Pledge Cards are available on the displays in the Narthex and Fellowship Hall. To those who have contributed to the extension – thank you; to those who have not yet responded, please feel free to contact me via e-mail at r.yates@setonlakeridge.org or phone at 703-494-4008. I close by wishing you and yours a very blessed and prosperous 2024!

Robert Yates, Business Manager





FEATURED EVENTS AND INITIATIVES

CHARISMS DISCERNMENT WORKSHOP

TODAY! Sunday, January 7 | 3:00pm | Fellowship Hall | **Workshop Cost:** \$10 (for Assessment)



Charge your New Year with the Holy Spirit and learn about charisms with certified Leadership Coach, Laura Lenz! Explore the Gifts of the Holy Spirit, how they are intended for all of us, and what gifts you have been given. [How can this awareness help you discern what God is calling you to in His Church and in the world?](#) Scan the QR code for more or to register for the Workshop!

MARCH FOR LIFE 2024

Fri., January 19 | \$5.00/person; \$20 max per family
Scan QR Code to Register
respectlife@setonlakeridge.org



On January 19, the National March for Life will take place in Washington D.C. and all are invited to join us! Our parish will be taking our bus, and seats are **LIMITED**. By joining this movement, you become part of a powerful force that advocates for the protection of the unborn which also urges governmental and societal change. Let your steps echo the resounding message that every life, regardless of circumstance, is valuable and deserves to be protected!

Together, we can make a difference and provide hope for a future where all lives are cherished and celebrated.

PARISH PASTA DINNER BY THE KNIGHTS OF COLUMBUS

Saturday, January 27 | After 5:00pm Vigil Mass
Fellowship Hall



Delight in a variety of delicious pastas prepared by our Knights of Columbus and join us for a delicious pasta dinner after the Vigil Mass on Saturday, January 24! This dinner will include red or white sauce, a meat option, garlic bread, and dessert. Beer and wine will also be available for purchase.

Prices: \$6/plate; \$25/family
Tickets will be sold before Mass on January 14 and January 21.

Don't miss out on this amazing opportunity to feast and connect with fellow parish members!

ACTS FOOD COLLECTION



Every January, April, July and October, our parish collects food, personal care items and household cleaning supplies for the ACTS Hunger Prevention Center. The winter post-holiday months are most critical as many pantries find themselves with empty shelves. Join us in giving a helping hand to families in need by picking up an extra item or two when you shop. A list of needed items will be on the lid of the marked bin in Fellowship Hall where you. Donations should be placed here as well!

CHALKING OF THE DOORS

Epiphany (also known as Twelfth Night, Theophany, or Three Kings Day) marks the occasion of a time-honored Christian tradition of "chalking of the doors."

The formula, adapted for 2024, is simple! Take a piece of blessed and write the following above the entrance of your home:
20 + C+M + B + 24.

GOD'S GIFT BABY BOTTLE CAMPAIGN 2024

respectlife@setonlakeridge.org

After all Masses this weekend, we will be distributing baby bottles which can be filled with a monetary donation of loose change, cash, check or new this year, donations via Faith Direct! Proceeds will benefit local pro-life non-profit organizations. Once you have filled the bottle, please return them to the collection bin also found in the Narthex (it will remain there all throughout the month of January)!



FOR CHILDREN

FEAST DAY OF THE EPIPHANY

Today, as we celebrate the Solemnity of the Epiphany of the Lord, we recall the three wise men who came to adore the newborn babe.

“When they saw the star, they rejoiced exceedingly with great joy; and going into the house they saw the child with Mary his mother, and they fell down and worshiped him. Then, opening their treasures, they offered him gifts of gold and frankincense and myrrh.” (*Matthew 2, 10-11*)

LET US ADORE HIM! Here’s a method of prayer and meditation used by the Dominican Sisters of Saint Cecilia:

- A** – Adoration. Praise God for his majesty, power and glory.
- C** – Contrition. Ask His forgiveness for our moments of weakness and beg Him for strength.
- T** – Thanksgiving. Count your blessings and thank the Lord for each one.
- S** – Supplication. Ask God for things you need, for your loved ones and the world.

Lastly: Ask God your questions and listen for His answer in your heart. May all kings fall down before him, all nations serve him! (*Psalm 72, 11*)



SMALL GROUP ANNOUNCEMENT

Happy New Year to all the children, families and facilitators in our Family Faith Formation Program (FFF)! Today, January 7, 2024, we welcome back Group B for their Small Group Sessions at 10:30am; next Sunday morning on January 14, 2024, Group A Small Groups will reconvene at 8:45 am and at 10:30am.

MANDATORY SACRAMENT PREPARATION MEETINGS **MARK YOUR CALENDARS!**

Mandatory Confirmation Preparation Meeting

When: Sunday, January 14, 2024 | 4:00pm | Fellowship Hall

Who: All 8th graders (and their parents) in our Family Faith Formation program, home-school, and/or private school.

Mandatory First Penance Preparation Meeting

When: Sunday, January 21, 2024 | 4:00pm | Fellowship Hall

Who: All 2nd graders (and their parents) in our Family Faith Formation program, home-school, and/or private school.

REVERSE ADVENT PROGRAM REMINDER



A big thank you to all those who dropped off their food items for the Catholic Charities’ Reverse Advent Food Drive. The first collection weighed 4,889 pounds of food! That amount of food is truly a huge blessing to those families in need. Just a reminder that the last day to return your bags of non-perishable food items will be on January 15, 2024. Drop-off will be in the bin marked Reverse Advent Food Drive for St. Lucy Project by the stairs leading to Fellowship Hall. Final pick-up and collection will be on January 18. We are grateful for your generosity and kindness.

LITURGICAL LIVING

January

DEVOTION:
**JESUS’ HOLY NAME
(HOLY CHILDHOOD)**

VIRTUE:
SANCTITY OF ALL LIFE

**CELEBRATING THE
SAINTS**

**St. Raymond of Penafort
January 7**



Patron Saint of Lawyers

“Raymond was a lawyer, a canonist. Legalism can suck the life out of genuine religion if it becomes too great a preoccupation with the letter of the law to the neglect of the spirit and purpose of the law. The law can become an end in itself, so that the value the law was intended to promote is overlooked. But we must guard against going to the opposite extreme and seeing law as useless or something to be lightly regarded. Laws ideally state those things that are for the best interests of everyone and make sure the rights of all are safeguarded. From Raymond, we can learn a respect for law as a means of serving the common good.”

(franciscanmedia.org)

LITURGICAL LIVING

What is the Epiphany of the Lord?



“Epiphany, also known as Three Kings’ Day, is a Christian feast day that celebrates the revelation of God in His Son as human in Jesus Christ.

The feast also commemorates the visit of the Magi to the Christ child, and thus Jesus’ physical manifestation to the Gentiles.

The Magi were taking a huge risk in following the star to Bethlehem, but they trusted that God was leading them to something far greater than they could know. This is such a powerful example of how we as Christians should live our lives. Trusting that God knows what is best for us and that His plan, no matter how unattainable things might seem on the journey, will lead us to where we need to be. We should also have the strength to see Jesus in our lives in unexpected ways, and when we do, worship and adore Him.”

(shrineofstjude.org/learn/catholic-history/what-is-the-epiphany/)



AQUINAS OPEN HOUSE

Thursday, January 25, 2024 | 6:00pm | Tuition Assistance Available
admissions@aquinastars.org

St. Thomas Aquinas Regional School is a Dominican PreK through 8th Grade Catholic School. Open House is an excellent way to learn about Aquinas and discover the wonderful spiritual and academic opportunities. **RSVP** at aquinastars.org or us the QR code.

Aquinas is happy to be the Catholic School for St. Elizabeth Ann Seton!
13750 Mary’s Way, Woodbridge, VA | 703-491-4447

FOR YOUTH

QUO VADIS SEMINARY VISIT FOR HIGH SCHOOL BOYS

Sat., Jan. 27, 2024 | 8:45am – 2:15pm | Registration Materials Due: Jan. 18



Join Fr. Isenberg and our seminarians at St. John Paul II Seminary in Washington, D.C. to learn more about college seminary and how to know if it's for you

Cost: \$15 per person to cover lunch and snacks.

Email:
vocations@arlingtondiocese.org to reserve your spot.

LIGHTS, CAMERA, ACTION! FIAT DAY WITH THE #MEDIANUNS

Sunday, February 25, 2024 | 1:00pm – 5:00pm | Pauline Books and Media

FIAT events are for high school girls interested in growing spiritually and exploring their vocation. On February 25, we will be joining the Daughters of St. Paul for an afternoon of media reflection, fun, and prayer!

Cost: \$15 per person

Register at ArlingtonDiocese.org/FIAT or contact the Office of Vocations at

vocations@arlingtondiocese.org
Deadline to Register (but don't wait!):
February 19





DIOCESAN WOMEN'S CONFERENCE: BEHOLD, I MAKE ALL THINGS NEW
(REGISTRATIONS ARE NOW OPEN)

Saturday, March 9, 2024 | 8:30am – 2:30pm



Join women from around the Diocese for an opportunity to be inspired, to connect with likeminded women and to raise our voices together in prayer! Our 2024 gathering will be feature the awe-inspiring reversion story of **Patricia Sandoval** and a powerful presentation by **Sr. Mary Madeline Todd, O.P.** about the true dignity and vocation of every woman.

Where:

St. Joseph Catholic Church
 750 Peachtree Street, Herndon

Cost:

\$65 until Feb. 1, 2024;
 \$80 after Feb. 1, 2024.

Register at

arlingtondiocese.org/women/

SETON SENTINELS MONTHLY GATHERING

Mon., January 8 | 7:00pm – 8:30pm | Fellowship Hall



Designed to form, grow, and maintain God's army of women through fellowship and faith-centered activities. The Sentinels use their God-given values for the benefit of their self, family, parish, & community.

Upcoming Monthly Meeting:

Theme: *New Year, New You!*

Activity: *Word of the Year* and *Charisms* – We will pray for and choose a "Word of the Year" to guide us and then we will learn about what charisms are and what to do once we have discerned our God-given gifts! Take the Charisms Discernment Assessment by scanning the **QR code above** and bring your results and booklet to our Monday Meeting in January!

MOM'S GROUP

Fridays | 9:30am – 12:00pm | Nursery



Designed to support and affirm women in the many roles that we have in life as mothers, wives, daughters, sisters, and friends, the Seton Lake Ridge Mom's Group is a ministry of women bonded by their vocation and their Catholic faith! Mothers of all ages and stages are welcome! We coordinate & communicate on WhatsApp and you can join our group chat here: chat.whatsapp.com/ExWR6H7E9RfBdSQ7L1qGu1

While the kids play in the nursery, we discuss the year of prayer book that we recently started: **Nunc Coepi**: blessedissh.net/products/nunc-coepi-year-of-prayer. All moms are invited to join even if you're not interested in the prayer book. We hope to see you soon!

DIOCESAN MEN'S CONFERENCE: RENEWED IN CHRIST, REFLECTING IN HIS LIGHT TO THE WORLD (REGISTRATIONS ARE NOW OPEN)

Saturday, March 2, 2024 | 8:30am – 2:30pm | St. Joseph Catholic Church |

Join Catholic men from around the Diocese for a day of prayer, fellowship and reflection. The morning will begin with confession, coffee, pastries, and Mass celebrated by Bishop Michael F. Burbidge.

Keynotes Include Fr. Daniel Mode, *Chaplain of the United States Coast Guard*, and Jonathan Reyes, *Senior Vice President of Evangelization and Faith Formation for the Knights of Columbus*.

Register at arlingtondiocese.org/men; **Cost:** \$65 until February 1, 2024; \$80 after February 1, 2024.



COULD CHRIST BE CALLING YOU TO PRIESTHOOD?

VOCATIONAL DISCERNMENT RETREAT FOR MEN

Friday-Sunday, February 16-18, 2024 | **Deadline to Register:** Monday, February 5, 2024

The calling to become a priest is a deep and personal spiritual journey. The decision to answer this call takes quite some reflection, prayer, and discernment. *Could Christ be calling you to priesthood?*

From February 16-18, the Diocese of Arlington invites all men ages 18-50 for a weekend discernment retreat filled with prayer, discernment, and confession. During the retreat, there will also be opportunities to speak with priests and seminarians.

Cost: \$150 and includes overnights and all meals.

Retreat starts Friday at 6:30 p.m. and concludes Sunday after lunch.

For more information or to register, contact Fr. Michael Isenberg at 703-841-2514 or vocations@arlingtondiocese.org.



FOR COUPLES

ALPHA MARRIAGE 2024

The *Alpha Marriage Course* is a program designed to strengthen and enrich marriages! With a range of topics on communication, resolving conflict, establishing intimacy, and dealing with finances, it is also designed to be a safe and relaxed environment where couples can learn and grow together.

Each session consists of video teachings followed by guided discussions and practical exercises. The Alpha Marriage Course is open to couples of all ages and stages, whether engaged, or married for a few years or several decades. It provides a valuable opportunity for couples to invest in their relationship and build a strong foundation for the future.

If you would still like to participate On-Your-Own with a Mentor Couple, registration remains open! More information can be found by scanning the QR code!



THIS WEEK IN OUR PARISH

Daily Rosary: Mon-Sat | 8:25am–8:55am | Main Church

Sat. Vigil Mass: 5:00pm | Main Church

Daily Mass: Mon-Sat | 9:00am–9:30am | Main Church

Sun. Masses: 7:30am, 9am, 10:45am, 12:30pm | Main Church

Sunday, January 7TH - The Epiphany of the Lord (Solemnity)

6:00am – 2:00pm	Knights of Columbus Making Hoagies	Kitchen
8:00am – 9:00am	Praise and Worship Choir	Music Room
9:00am – 11:30am	RCIA	Seton Hall
10:30am – 12:00pm	Adult Formation	Fellowship Hall
10:30am – 12:00pm	Family Faith Formation Group B	
1:45pm – 3:15pm	Catholic Political Thought	Trinity 1
3:00pm – 5:00pm	Charisms Discernment Workshop	Fellowship Hall

Monday, January 8TH - The Baptism of the Lord (Feast)

10:00am – 12:00pm	Seton Crafters	Trinity 2,3
7:00pm – 8:00pm	Al-Anon	St. Paul Room
7:00pm – 8:30pm	Seton Sentinels Monthly Meeting	Fellowship Hall

Tuesday, January 9TH

9:30am – 8:30pm	All Day Adoration	Chapel
9:30am – 10:30am	Blue Army Devotion	Chapel
4:00pm – 5:00pm	Children's Eucharistic Holy Hour	Chapel
6:30pm – 8:30pm	Reach More	Bayley's Cellar

Wednesday, January 10TH

9:30am – 11:30am	Divine Mercy Cenacle	Chapel
11:30am – 3:00pm	Silver Foxes International Festival	Fellowship Hall
1:30pm – 3:30pm	Lumen Christi Drama Club	Upper Seton Hall
6:30pm – 8:30pm	Mother of Joy Prayer Group	St. Paul Room
7:00pm – 8:30pm	Task Force Meeting	Office Conference

Thursday, January 11TH

9:30am – 8:30pm	All Day Adoration	Chapel
9:30am – 10:30am	Divine Mercy Cenacle	Chapel
12:00pm – 2:00pm	Mother Seton Food Pantry	Fellowship Hall
5:00pm – 6:00pm	Children's Choir Rehearsal	Music Room
6:00pm – 7:30pm	American Heritage Girls Troop Meeting	Lower Seton Hall
6:00pm – 8:00pm	Trail Life Committee Meeting	Upper Seton Hall
7:00pm – 8:30pm	Thursday Bible Study	St. Mary Room
7:00pm – 9:00pm	Traditional Choir Rehearsal	Music Room

Friday, January 12TH

9:30am – 12:00pm	Mom's Group	Nursery
9:45am – 11:30am	Friday Morning Faith Sharing	Sts. Peter and Paul Rooms
10:00am – 11:30am	Legion of Mary	Trinity 3
3:00pm – 3:30pm	Divine Mercy Chaplet	Chapel
7:00pm – 9:15pm	Alpha Marriage	Seton Hall
7:00pm – 9:00pm	Child Care for Alpha Marriage (Parish In-Person)	Nursery/Lower Seton

Saturday, January 13TH - St. Hilary (Optional Memorial)

7:00am – 9:00am	That Man is You! (TMIY!)	Fellowship Hall
8:25am – 8:55am	Daily Rosary	Main Church
9:30am – 11:00am	Women's Book Study	Bayley's Cellar
9:30am – 12:30pm	Family Faith Formation Meeting	Fellowship Hall
10:30am – 12:00pm	Altar Server Potluck	Upper Seton Hall

BLESSING OF THE THROATS

On the February 3, the Feast Day of St. Blaise, we will be having a Blessing of the Throats at the 9am and 7pm Masses. This day the Church recalls a miracle cure associated with him and celebrates the blessing of the throats with candles. St. Blaise said that anyone who lit a candle in his memory would be free of infection, thus candles are used in the traditional throat blessing. (More details coming soon!)

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