



ST. ELIZABETH ANN SETON CATHOLIC CHURCH LENT AND EASTER SCHEDULE 2023

Lent

CONFESSIONS DURING LENT

Mondays..... 7:00pm - 7:45pm
Fridays..... 9:30am - 10:15am
Saturdays 3:30pm - 4:30pm

STATIONS OF THE CROSS

Fridays During Lent

Children's Stations..... 5:00pm - 5:30pm
Regular Stations..... 7:00pm - 7:30pm
Note: March 3rd Stations.....6:30pm - 7:00pm

EMBER DAYS

Scan the QR code for more about our Spring Ember Days

Wednesday, March 1

Lourdes and the Miraculous Cures
Multimedia presentation by CAINA
7:00pm | Upper Seton Hall

Saturday, March 4

Spring Spruce-Up
Scan the QR Code to RSVP
9:45am | Parish Grounds

K. OF C. LENTEN SOUP SUPPER

Fridays during Lent | 5:00pm - 7:00pm Seton Hall
Soup and Grilled Cheese Provided; Bring soup or a meatless dish to share. Free-will offering.

LENTEN PARISH MISSION WITH FR. JACK RILEY

Finding Jesus this Lent with our Blessed Mother and the Rosary

Sat., March 25 - Tues., March, 28
7pm | Main Church

Friday, March 3

Lenten Soup Supper

5:00pm | Upper Seton Hall

Children's Stations of the Cross

5:00pm | Main Church

Brown Scapular Enrollment

6:00pm | Chapel

Regular Stations of the Cross

6:30pm | Main Church

First Friday Mass, Confessions, and Adoration

7:00pm | Main Church

SPRING EMBER DAYS



Triduum

HOLY THURSDAY

Thursday, April 6th

Mass of the Lord's Supper

7:30pm

Reposed Adoration | Seton Hall

8:30pm-12am midnight

(No All Day Adoration)

FRIDAY OF THE PASSION OF THE LORD

Friday, April 7th

Confessions.....9am -11am

Stations of the Cross.....3pm-3:30pm

Divine Mercy Novena.....3:45pm-4pm

Veneration of the Cross &

Communion Service.....7:30pm

HOLY SATURDAY

Saturday, April 8th

Blessing of the Easter Baskets

9:00am-9:15am | Main Church

Divine Mercy Novena

3:00pm | Main Church

(No 9am Mass or 3:30pm Confessions)

Easter

EASTER VIGIL MASS

Saturday, April 8th

8:30pm

(No Vigil Mass at 5:00pm)



EASTER SUNDAY MASS

Sunday, April 9th

7:30am, 9:00am, 10:45am,
and 12:30pm

Guidelines

LENTEN FASTING AND ABSTINENCE GUIDELINES

- Abstain from meat on Ash Wednesday and all Fridays during Lent for those 14 years and older.
- Fast at least on Ash Wednesday and Good Friday, everyone between the ages 18 and 59.
- Note: Exempt from these regulations are pregnant and nursing mothers, and anyone who ought not follow them due to sickness or disability. In addition, Bishop Burbidge has lifted abstinence from meat on March 17 in honor of St. Patrick's Day.

WHAT IS FASTING?

One FULL meal, as well as two smaller meals (together not equal to a full meal), may be eaten according to one's needs and sufficient to maintain one's strength. Eating between meals is not permitted, but liquids are allowed. Medications, taken according to need do not break the fast.