



WORLD DAY

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GRANDPARENTS  
AND THE ELDERLY



**Dicastery for  
the Laity,  
Family, and  
Life**

“Not only are grandchildren and young people called upon to be present in the lives of older people, but older people and grandparents also have a mission of evangelization, proclamation and prayer, and of encouraging young people in their faith.”

# PRAYER FOR THE FIRST WORLD DAY FOR GRANDPARENTS AND THE ELDERLY

I thank You, Lord, for the comfort of Your presence: even in times of loneliness, You are my hope and my confidence, You have been my rock and my fortress since my youth!

I thank You for having given me a family and for having blessed me with a long life. I thank You for moments of joy and difficulty, for the dreams that have already come true in my life and for those that are still ahead of me.

I thank You for this time of renewed fruitfulness to which You call me.

Increase, O Lord, my faith, make me a channel of your peace, teach me to embrace those who suffer more than me, to never stop dreaming and to tell of your wonders to new generations.

Protect and guide Pope Francis and the Church, that the light of the Gospel might reach the ends of the earth.

Send Your Spirit, O Lord, to renew the world, that the storm of the pandemic might be calmed, the poor consoled and wars ended.

Sustain me in weakness and help me to live life to the full in each moment that You give me, in the certainty that you are with me every day, even until the end of the age.

Amen.

# PLENARY INDULGENCE

- On May 13, 2021, the Apostolic Penitentiary promulgated a Decree granting a Plenary Indulgence on the occasion of the World Day for Grandparents and the Elderly.
- The elderly can obtain an Indulgence by participating in one of the Masses celebrated on the occasion of this World Day.
- In view of the continuing health emergency and the fact that some elderly people are unable to attend Mass in person for health reasons, the Indulgence is extended to those who participate via television, radio, or the internet.
- The Indulgence is also granted to all those who perform a 'work of mercy' on this World Day by visiting an elderly person who is alone.
- In places where visiting in person is expressly forbidden by the public authorities in order to avoid contagion, it is also possible to obtain the Indulgence through a virtual meeting.

## #IamWithYouAlways

### SHOW SOME LOVE ON SOCIAL MEDIA