



ST. ELIZABETH ANN SETON

ROMAN CATHOLIC CHURCH

LAKE RIDGE, VA

www.setonlakeridge.org

SETON SPOTLIGHT

**MONTH OF JULY
ACTS FOOD DRIVE
SEE PAGE 9**

**JULY 4TH
HAPPY
INDEPENDENCE DAY**

**JULY 5TH
PARISH OFFICE CLOSED
NO 7:00PM CONFESSIONS**

**JULY 8TH
CATECHIST
INTEREST MEETING
7:00PM – 8:00PM
FELLOWSHIP HALL**

**JULY 10TH
FAMILY MOVIE NIGHT
“MEGAMIND”
8:00PM
DETAILS ON PAGE 8**



**FOURTEENTH
SUNDAY
IN ORDINARY TIME**

*When the Sabbath came,
Jesus began to teach
in the synagogue, and many
who heard him were astonished.*

Mark 6:2

PARISH OFFICE:
12807 Valleywood Drive
Lake Ridge, VA 22192

2021 Hours:

Mon – Fri: 9:00am - 4:00pm
Sunday: 8:00am - 12:30pm

Phone: 703-494-4008 **Fax:** 703-494-1995
Email: receptionist@setonlakeridge.org

Sacramental Emergency:
571-455-0402

MASS SCHEDULE:

Daily: Monday - Saturday: 9:00am
(Rosary at 8:25am)
Saturday Vigil: 5:00pm
Sunday: 7:30am, 9:00am, 10:45am,
12:30pm
First Friday Evening Mass: 7:00pm
Mass in the Extraordinary Form:
(Fourth Friday): 7:00pm

CONFESSION SCHEDULE:

Monday: 7:00pm – 7:45pm
Friday: 9:30am – 10:00am
Saturday: 3:30pm – 4:30pm

EUCCHARISTIC ADORATION:

**Sunday Solemn Vespers w/
Adoration & Benediction:**
5:00pm - 6:00pm
Tuesday All Day Adoration:
9:30am - 8:30pm
First Friday All Night Adoration:
7:30pm - 8:30am (Sat.)
Holy Hours:
Every Wednesday 7:30pm - 8:30pm
First Wednesday for Vocations
Third Wednesday Mother of Joy w/confession

NEW PARISHIONERS:

Welcome to Seton Lake Ridge! Please complete a registration card found in the church narthex or by stopping by the parish office. Also, please remember to notify us if you move, or of any changes to your contact information.

RETURNING CATHOLICS:

Everyone is invited to rediscover the gift of our faith and the unique role that each of us has in this family of God. *Welcome home!*

RCIA

If you are interested in becoming Catholic or learning more about the faith, please contact the parish office.

BAPTISMS:

Occur most Sunday afternoons. Please contact the parish office to set a date and to register for the required Baptism workshop.

PASTORAL CARE of the SICK:

Please notify us of parishioners who are hospitalized or homebound. **Holy Communion** and the **Sacraments of Penance** and **Anointing of the Sick** are arranged by the parish office. In a danger-of-death situation, call the parish emergency line, 571-455-0402.

MATRIMONY:

Congratulations on your engagement! Registered parishioners who wish to be married here, or elsewhere, are asked to contact one of the parish clergy at least six months in advance of their intended wedding date to begin the Pre-Cana preparation process.

HOLY ORDERS & CONSECRATED LIFE:

Seeking information about the priesthood, diaconate, or consecrated religious life? If so, please contact one of the parish clergy or the diocesan Office of Vocations, 703-841-2514.

FUNERAL ANNOUNCEMENTS:

Parish funeral information has been added to our website: www.setonlakeridge.org/liturgy/funeral/in-memoriam. Also it is now a "button" on myParishApp, "In Memoriam"

BLESSINGS:

First Saturday of the month: After the 9:00am Mass, a priest will bless Holy Water and Sacramentals near the Baptismal Font.

Third Saturday of the month: After the 9:00am Mass, a priest will bless your vehicles. Please park near Seton Hall for this blessing.

Note: Previously blessed items are not to be blessed again.

BULLETIN SUBMISSIONS:

Must be received, by email, **Monday, two weeks** before the Sunday publication date. Send to: bulletin@setonlakeridge.org.

THE PARISH OFFICE PHONE NUMBER IS: 703-494-4008

PARISH CLERGY

Reverend Brian Bashista, Pastor

703-494-4008

pastor@setonlakeridge.org (Non-Confidential)

Reverend Dort Bigg, Parochial Vicar

703-494-4008 ext. 122

frdort@setonlakeridge.org

Reverend Mr. Rob Warner, Deacon

703-494-4008

dcnrob@setonlakeridge.org

PARISH OFFICE

Christine O'Hearn, Office Manager &

Pastor's Assistant - Ext 125

c.ohearn@setonlakeridge.org

Mary Gildersleeve, Business Manager - Ext 127

m.gildersleeve@setonlakeridge.org

Violet LaVille, Database Manager &

Financial Assistant - Ext 133

v.laville@setonlakeridge.org

Donna Engborg, Communications Manager - Ext 140

bulletin@setonlakeridge.org

d.engborg@setonlakeridge.org

Walter Purdy, Facilities Manager - Ext 143

w.purdy@setonlakeridge.org

Maria Contreras, Facilities Maintenance

Jenny Jones, Receptionist - Ext 120

Daisy Ramos, Receptionist

receptionist@setonlakeridge.org

EVANGELIZATION

Kris Fischer, Director - Ext 202

k.fischer@setonlakeridge.org

FAITH FORMATION

Sheri Suess, Director - Ext 130

s.suess@setonlakeridge.org

Mylene Garcia, Secretary - Ext 135

m.garcia@setonlakeridge.org

MARRIAGE & FAMILY LIFE

Melissa Maleski, Director - Ext 132

m.maleski@setonlakeridge.org

HUMAN CONCERNS OUTREACH

Betty Maher, Director - Ext 145

b.maher@setonlakeridge.org

MUSIC

Carter Stevens, Director & Organist - Ext 203

c.stevens@setonlakeridge.org

PARISH SCHOOL

St. Thomas Aquinas Regional School

13750 Mary's Way, Woodbridge, VA 22191

Sister Mary Sheila, O.P., Principal

Phone: 703-491-4447 Fax: 703-492-8828

www.aquinastars.org

MOTHER SETON FOOD PANTRY

Hours of Operation: Tuesdays and Thursdays

12:30pm – 2:30pm or by appointment.

To schedule an appointment, contact Betty Maher

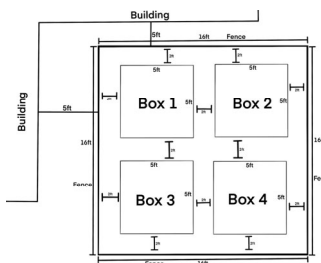
703.494.4008 x 145 or b.maher@setonlakeridge.org

FROM OUR PASTOR



I am so pleased to announce that Seton Lake Ridge is now the home of a **VEGETABLE GARDEN** thanks to the tireless efforts of parishioners **Vincenza and Sarina Gunn**. They completed the project earlier this month as part of their Girl Scout Troop 539 Silver Award. The garden is located on the left side of Seton Hall. The fruit (or rather *vegetables*) of their labors will be used to help feed parishioners in need, and the local food bank. The garden is a 16 by

16 foot square and consists of 4 (5' x 5') planter boxes. For the completion of their silver award, the girls will maintain with water, weeding, and picking when necessary. In lieu of a physical fence, a "scented liquid fence" is being used to keep the wild life from partaking of the delicious produce. We are so grateful to Vincenza and Sarina, as well as their supportive family, who made this outreach to those in need literally "come alive". You are wonderful witnesses of Christ's loving service and stellar workers in the "Vineyard of the Lord".



In reference to the great day our Country is celebrating this weekend, I want to once again share these words of John Adams written in a letter to his wife Abigail, on July 3, 1776.

"(This) day of July, 1776, will be the most memorable epoch in the history of America. I am apt to believe that it will be celebrated by succeeding generations as the great anniversary festival.... with pomp and parade, with shows, games, sports, guns, bells, bonfires, and illuminations, from one end of this continent to the other, from this time

forward forevermore. You will think me transported with enthusiasm, but I am not. I am well aware of the toil and blood and treasure that it will cost us to maintain this Declaration and support and defend these States. Yet, through all the gloom, I can see the rays of ravishing light and glory."

Let us remember all those men and women who have so faithfully served our country, many in great toil and blood to defend the treasured freedoms we enjoy today. May we be ever vigilant to faithfully and courageously defend, cherish, and uphold all those freedoms!

May God bless each of us, and may God bless the United States of America! ~ **Fr. Bashista**

WEEKLY REFLECTION

To See God

The Old Testament explicitly states that no one can see God. "No one shall see me and live," God says to Moses (Ex 33:20). Saint Paul says the same thing: God "dwells in unapproachable light, whom no one has ever seen or can see" (1 Tim 6:16). But Jesus says: "Blessed are the pure in heart, for they will see God" (Mt 5:8).

What does it mean to be pure in heart, to have a pure heart? Purity is the absence of dirt. A mirror is clean if it isn't stained. When we speak of pure honey or pure gold, the meaning is that these elements are completely free of foreign, unwanted materials. Pure honey is honey, that is, just honey and nothing else.

A pure heart is a heart wholly and completely self-possessed, precisely as God created it. A pure heart is an unshelled heart, a heart freed from all deposits. A pure heart is an undivided heart. When God created the heart, he didn't divide or split it. He created the heart to hunger and thirst for him.

But what happens? Rather than letting the heart be pure and letting it fly to God as a rocket, we soil and slow its speed. A heart that is no longer in possession of itself does not understand where it is headed, what it longs for. It jumps from one thing to another, always chasing whatever can satisfy its hunger. But if your heart rests in itself—doesn't flee from its own reality—then your eyes are opened to see God everywhere.



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MASS INTENTIONS

Monday, July 5th

9:00 a.m. † John Grant

Tuesday, July 6th

9:00 a.m. † Barbara Donlon

Wednesday, July 7th

9:00 a.m. † Amelia Roman

Thursday, July 8th

9:00 a.m. † David Thacker

Friday, July 9th

9:00 a.m. † Deceased Members of the Jeannot Family

Saturday, July 10th

9:00 a.m. † Debra Uthus Yared

5:00 p.m. † Barbara Sheehan

Sunday, July 11th

7:30 a.m. Intentions of Delores Nelson

9:00 a.m. † Caroline Tillotson

10:45 a.m. For the People of St. Elizabeth Ann Seton

12:30 p.m. Intentions of Hilmarie Tran

SUNDAY COLLECTIONS

Collections for June 2021

Collection (Average Weekly)	\$28,633.18
Capital Improvements (Average Weekly)	\$ 1,558.25
Poor Box	\$ 727.00
Votives	\$ 1,289.94
Flowers	\$ 1,229.00
Special Collections:	
Peter's Pence	\$ 4,056.00

Thank you to all those who support our parish.

READINGS OF THE WEEK

Monday:	St. Anthony Zaccaria; St. Elizabeth of Portugal (Optional Memorials) Gn 28:10-22a; Ps 91:1-4, 14-15ab; Mt 9:18-26
Tuesday:	St. Maria Goretti (Optional Memorial) Gn 32:23-33; Ps 17:1b, 2-3, 6-7ab, 8b, 15; Mt 9:32-38
Wednesday:	Gn 41:55-57; 42:5-7a, 17-24a; Ps 33:2-3, 10-11, 18-19; Mt 10:1-7
Thursday:	Gn 44:18-21, 23b-29; 45:1-5; Ps 105:16-21; Mt 10:7-15
Friday:	St. Augustine Zhao Rong and Companions (Optional Memorial) Gn 46:1-7, 28-30; Ps 37:3-4, 18-19, 27-28, 39-40; Mt 10:16-23
Saturday:	Blessed Virgin Mary (Optional Memorial) Gn 49:29-32; 50:15-26a; Ps 105:1-4, 6-7; Mt 10:24-33
Sunday:	Fifteenth Sunday in Ordinary Time Am 7:12-15; Ps 85:9-14; Eph 1:3-14 [1:3-10]; Mk 6:7-13

REMEMBER IN YOUR PRAYERS

The sick of our parish family: Bob Coleman, Tom Marr, Daniel McCarthy, David Miller, Rise Miller, Antonia Reapor, Joan Relyea **and the deceased members of our parish family:** Paul Burgess, Derik P. Burrows

CONGRATULATIONS TO OUR NEWLY BAPTIZED

Michael Leo Kemlage

SETON BUSINESS NETWORK



HABITS of HEALTH

Dana Marm is a parishioner, wife and mom of five. She is also an independent certified health coach for **Habits of Health**. The Habits of Health program is a dynamic and profoundly effective approach to weight-loss, nutrition and wellness. The system will help you learn and adopt new healthy habits that will transform your overall health and well-being. This leads you to optimized living, one healthy habit at a time. The Habits of Health program is an innovative lifestyle approach that aligns your weight, health and wellness goals in an exciting and achievable program. As a

certified coach, Marm will personally guide you through this exciting new opportunity to a lifetime of vibrant health! Contact info: Dana Marm 719-460-6398 dana.marm.habitsofhealth@gmail.com



GIVE LOCAL. SAVE LOCAL.

St. Matthew's Lutheran Church Blood Drive

Saturday, July 17, 2021
7 a.m. – 11:30 a.m.

12351 All Saints Place, Lake Ridge, VA 22192

The Blood Drive will be located in Fellowship Hall.

Visit <https://bit.ly/stmatthews0721> or call us at 1-866-BLOODSAVES (1-866-256-6372) and use Sponsor Code 3267 or contact:

St. Matthew POC: David Carr at carr.david04@gmail.com
SEAS POC: Kevin Tamai at tamaikevin@gmail.com
OBUM POC: Jim Relyea at jimrelyea@aol.com



inovablood.org

Photo ID required. Please allow one hour for your whole blood donation or double red cell donation.

For more information about blood donation and preparation, please visit inovablood.org or call 1-866-BLOODSAVES (1-866-256-6372).

*While supplies last. Donors must complete screening process during the event to receive the giveaway.

Face mask required!



Next week, July 10th/11th, our parish will take up a collection to support the *Solidarity Fund for the Church in Africa*. Although the Church in Africa is growing, many still lack access to basic resources and pastoral care.

The Solidarity Fund supports pastoral projects to build the capacity of the church and foster lasting peace and reconciliation in a continent often marked by division and tension.

To learn more, visit www.usccb.org/africa.

Stand with Africa.

Support the Solidarity Fund for the Church in Africa.



Have a Safe and
Blessed 4th of July!
From Fr. Bashista,
Fr. Dort, Deacon Rob,
and the Parish Staff.

"Where the spirit of the Lord is there is Freedom." - 2 Corinthians 3:17

FAITH FORMATION (K-12)

Sheri Suess, Director, s.suess@setonlakeridge.org, (703) 494-4008 x130

Parent Prayer Group

Coffee & Fellowship | VBS Discussions | Prayer Time

Calling all parents! We are so excited to share our faith and learn more about the Mass and Eucharistic Adoration. Please plan to join us from in Fellowship Hall 9:30-10:30am, July 19th through July 23rd. We will have coffee and fellowship. This is for anyone interested, but especially for those who have children enrolled in VBS. You will experience a condensed version of what your children are learning in our VBS program. Please join us for this wonderful opportunity and meet some new people.

FINAL VBS Volunteer Meeting

Monday, July 12th

4:00pm – 5:00pm

Fellowship Hall

All volunteers are expected to attend.

SET UP FOR VBS will be Friday,
July 16th, 10:00am in Seton Hall



CATECHIST INTEREST MEETING

Thursday, July 8th | 7:00pm – 8:00pm

Just show up or contact Sheri Suess at

s.suess@setonlakeridge.org

To learn how you can participate in this amazing ministry. Please prayerfully consider offering your gifts and talents to our program.



FAITH FORMATION 2021/2022 REGISTRATION

Registration will begin in late July/Early August for our weekly classes as well as those preparing for their sacraments.

New and exciting events are being planned and we can't wait to share our program with you!

VIA VITA THE WAY TO LIFE

JULY

DEVOTION

PRECIOUS BLOOD OF JESUS

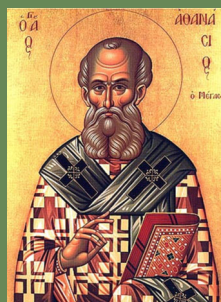
VIRTUE

PERSISTENCE

"You think it very hard to lead a life of such restraint unless you keep your eye of faith always open. Perseverance is a great grace. To go on gaining and advancing every day, we must be resolute, and bear and suffer as our blessed forerunners did. Which of them gained heaven without a struggle?"

- St. Elizabeth Ann Seton

CELEBRATING THE SAINTS



JULY 5
SAINT
ATHANASIUS



JULY 6
SAINT
MARIA
GORETTI

JULY



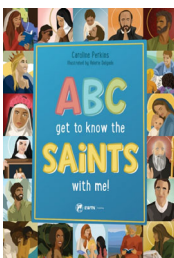
Devotion to the Precious Blood of Jesus is an ancient custom of the Church. The blood that Christ shed in His Agony in the Garden and in His Passion was shed for our salvation: everyone who ever lived, and who will ever live until the end of time.

The reverence owed to His suffering is one of solemn joy and hope: joy that Our Lord loves us without counting the cost or without our "earning" His love; and hope that our own sufferings and efforts, when offered to Christ and for Him, are not in vain.



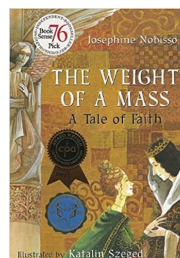
FAITH FORMATION (K-12) continued...

Summer Family Reading



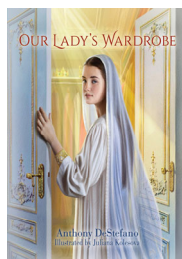
ABC Get to Know the Saints with Me!

By Caroline Perkins
and illustrated by
Valerie Delgado



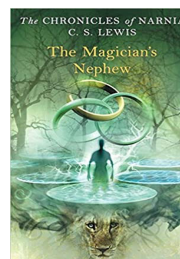
The Weight of a Mass: A Tale of Faith (The Theological Virtues Trilogy)

By Josephine Nobisso
and Illustrated by
Katalin Szegedi



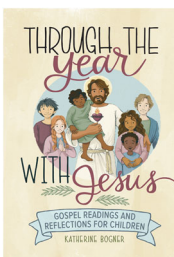
Our Lady's Wardrobe

By Anthony
DeStafano and
Illustrated by Juliana
Kolesova



The Magician's Nephew

By CS Lewis



Through the Years with Jesus: Gospel Readings and Reflections for Children

By Katherine Bogner



The Princess and the Goblin

By George
MacDonald

MUSIC MINISTRY

Carter Stevens, Director, c.stevens@setonlakeridge.org, (703) 494-4008 x203

Although it may not seem like a patriotic hymn, in a roundabout way *Immaculate Mary* is the most Patriotic hymn we can sing as Catholics. In 1846 the bishops of the United States proclaimed Mary, under the title of her Immaculate Conception the patroness of the whole country.

So, when we sing this hymn at Mass this weekend, let us all join our voices and ask Our Lady to heal the wounds, division and sinfulness in our country and unite us all under her patronage.





SETON LAKE RIDGE WORKCAMP 2021 RENOVATING LOWER SETON HALL

LAST TWO DAYS TO SIGN UP!

Registration closes on July 5th

www.setonlakeridge.org/workcamp2021



THE BROWN SCAPULAR ENROLLMENT IS AROUND THE CORNER!

SATURDAY, JULY 17TH FOLLOWING THE 9:00 AM MASS.



Before attending the Enrollment, we invite you to join us for an evening of reflection on the Scapular and Carmelite spirituality with Father Jack Riley.

Wednesday, July 14th at 7:00pm in Fellowship Hall

THE BROWN SCAPULAR

It is a gift to you from your Heavenly Mother.

"Whosoever dies in this garment shall not suffer eternal fire."

-promise of Our Lady to St. Simon Stock on July 16, 1251



Behind the Veil

A VIRTUAL LOOK INTO VARIOUS FORMS OF CONSECRATED LIFE

Join us for a day behind-the-scenes with:

- Consecrated Virgins
- Cloistered Religious Community
- Active Religious Community
- Secular Institute Members

JULY 17, 2021

Vocation Ministry is offering **Behind the Veil #3**, a virtual event for women discerning the consecrated life. Is God calling you? Learn more about various forms of consecrated life: secular institutes, consecrated virginity, active and cloistered communities.

Register for free at <https://vocationministry.com/behind-the-veil/>



Saturday, July 10, 8pm

Evil genius Megamind finally defeats his do-gooder nemesis, Metro Man, but is left without a purpose in a superhero-free world.

The MPAA rated Megamind PG for action and some language.

- ◆ Parish parking lot
- ◆ Bring your own chair and picnic
- ◆ Movie begins at 8pm
- ◆ Cash for concessions



SETON LAKE RIDGE QUARTERLY FOOD DRIVE FOR ACTS



MONTH OF JULY

Please drop your
donations in the bin
marked for ACTS located
in Fellowship Hall
near the Music Room.

Non-Perishable items only
No glass jars

Thank you!

FOR MORE INFORMATION ON ACTS (ACTION IN COMMUNITY THROUGH SERVICE),
VISIT WWW.ACTSPWC.ORG

Coming this September! **Alpha**

“DO I HAVE A PURPOSE?”

“IS THIS IT?”

“WHAT’S THE MEANING OF LIFE?”

“IS THERE MORE TO LIFE THAN THIS?”

“WHAT AM I DOING HERE?”

“IS THERE A GOD?”

Alpha

**FIND OUT
ABOUT THE
ALPHA COURSE**

www.setonlakeridge.org/faith-formation/evangelization/alpha-catholic-context/

Register on-line NOW!

THIS WEEK IN OUR PARISH

Daily Rosary: Mon-Sat, 8:25am-8:55am, Main Church

Daily Mass: Mon – Sat, 9:00am – 9:30am,
Main Church

Saturday Vigil Mass: 5:00pm, Main Church

Sunday Masses: 7:30am, 9:00am, 10:45am & 12:30pm
Main Church;

Monday, July 5TH - St. Anthony Zaccaria; St. Elizabeth of Portugal (Optional Memorials)

PARISH OFFICE CLOSED

7:00pm NO Confessions

Tuesday, July 6TH - St. Maria Goretti (Optional Memorial)

9:30am – 8:30pm	All Day Adoration	Chapel
9:30am – 10:30am	Blue Army Devotion	Chapel
12:30pm – 2:30pm	Mother Seton Food Pantry Visitor Waiting Area	Fellowship Hall
7:30pm – 9:00pm	Knights of Columbus	Upper Seton Hall

Wednesday, July 7TH

9:30am – 11:00am	Divine Mercy Cenacle	Sts. Peter and Paul Rooms
7:00pm – 8:30pm	Contemporary Choir Rehearsal	Music Room
7:00pm – 9:00pm	YM Adult Core Team	Seton Hall
7:30pm – 8:30pm	Holy Hour for Vocations	Chapel
7:30pm – 9:00pm	Mother of Joy Prayer Group	Sts. Peter & Paul Room

Thursday, July 8TH

9:30am – 10:30am	Divine Mercy Holy Hour	Chapel
12:30pm – 2:30pm	Mother Seton Food Pantry Visitor Waiting Area	Fellowship Hall
5:00pm – 6:00pm	Schola Rehearsal	Music Room
7:00pm – 8:00pm	Catechist Interest Meeting	Fellowship Hall

Friday, July 9TH - St. Augustine Zhao Rong and Companions (Optional Memorial)

9:30am – 10:00am	Confessions	Main Church
10:00am – 11:30am	Legion of Mary	Trinity 2-3
3:00pm – 3:30pm	Divine Mercy Chaplet	Main Church

Saturday, July 10TH - Blessed Virgin Mary (Optional Memorial)

7:00am – 8:00am	Seton Lake Ridge Running Group	Parish Grounds
8:00am – 9:00am	Seton Lake Ridge Walking Group	Parish Grounds
11:00am – 1:00pm	Knights of Columbus Officer Installation	Upper Seton Hall
3:30pm – 4:30pm	Confessions	Main Church
4:30pm – 6:15pm	Music Rehearsal	Music Room
6:00pm – 8:00pm	Small Group Leader Huddle	Fellowship Hall
6:30pm – 10:00pm	Family Movie Night	Parish Grounds/Seton Hall

Sunday, July 11TH - Fifteen Sunday in Ordinary Time

8:30am – 12:00pm	RCIA	Trinity 1
5:00am – 6:00pm	Solemn Vespers (Silent Prayer) with Adoration & Benediction	Main Church

**MARK YOUR
CALENDAR!**

Back-2-School Pencil Trees will be in the Narthex beginning the weekend of July 17/18. We will be collecting supplies for the children of St. Margaret of Cortona Transitional Housing in Woodbridge.

More details in next week's bulletin.



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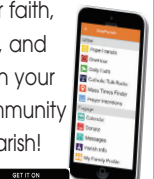
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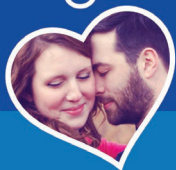
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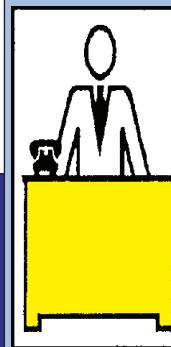
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